

# Developing Health Course

*for such a time as this*

Full programme



## **Aims of the days**

CMF offers 2 teaching days online for people who work outside of the UK, or who are preparing to do so.

Recognising the immense challenges of the current COVID pandemic we seek to:

1. Respond to the current and changing clinical responses and challenges, especially in low- and middle-income countries
2. Model 'taster' days of the style and approach of the Developing Health Course and teaching team
3. Integrate a Christian perspective and holistic approach to both hospital and community responses amidst a crisis

## **Overall learning objectives**

1. What have we learnt from COVID19 presentation and treatment outcomes?
2. What treatment pathways have been adopted in differing contexts e.g. low income countries, as opposed to high income countries?
3. What have we learnt and what pointers are there for how to control and treat infectious diseases as we move forward as a global medical community?

## Friday 17 July

09.30 – 09.45    **Devotion**

09.45 – 11.00    **Implications for Global Health initiatives in the light of COVID**

**Tutor: Dr Ted Lankester**

Learning Objectives:

- To understand and learn from the wide range of approaches to the COVID pandemic
- To consider the role of the Global Health bodies in influencing country responses
- To consider the impact of COVID on health systems, and risks for other health needs
- To learn how community responses are impacting the spread, treatment and recovery from COVID

11.00 – 11.30    **Group work**

11.30 - 12.30    **Ongoing implications of COVID responses**

**Tutor: Sam Allen**

Learning Objectives:

- What have we learnt from COVID19 presentation and treatment outcomes?
- What treatment pathways have been adopted in differing contexts e.g. low income countries, as opposed to high income countries?
- What have we learnt and what pointers are there for how to control and treat infectious diseases as we move forward as a global medical community?

12.30 – 13.00    **Group work**

13.00 – 14.00    **Lunch break**

14.00 – 17.00    **Managing an epidemic in a local setting-learning from recent experiences (this will involve problem based learning together)**

**Tutors: Peter Waitt, Gisela Schneider, David Moore**

Learning Objectives:

- To consider how an epidemic, such as COVID, gradually unfolds

- To reflect on the role of political, scientific and health leaders as local health systems seek to prepare, and respond
- To gain understanding of effective public health and facility based interventions
- Another?

## Speakers

### **Ted Lankester MA MB BChir MRCGP FFTM RCPSG Ct Th**

Ted co-founded InterHealth Worldwide and is now President and senior clinician in Thrive Worldwide which specialises in the care of mission partners and aid workers. He is co-founder-director of Arukah Network for Global Community health. He has been on expeditions and driven overland across Asia three times. He lived for 8 years in the Himalayas working in remote mountain communities, helping to pioneer new models of community based health care. He has written books and chapters on travel medicine and is the author of a textbook on community health being published by Oxford University Press in 2018. He has been on the Leadership Council of the International Society of Travel Medicine, a trustee of Tearfund and was a founding fellow of the UK Faculty of Travel Medicine.

### **Sam Allen - Awaiting Bio**

Dr Sam Allen is a Consultant in Infectious Diseases and Vice Dean of the Faculty of Travel Medicine at the Royal College of Physicians & Surgeons of Glasgow. He has worked at mission stations in Ghana, Hong Kong and in the Congo. Sam has trained doctors to treat HIV/AIDS in Botswana and spent time working at the WHO Arbovirus Reference Centre in the Amazon returning in 2016 to help set up a support group for families affected by Zika virus. Sam is a member of the UK-Med Emergency Medical Team and ran the Ebola Treatment Centre in Sierra Leone. He is lead clinician for pandemic covid-19 at University Hospital Crosshouse.

### **Gisela Schneider MD, MPH, DTM&H, DRH**

As a public health physician (MD), Gisela Schneider worked in Africa for 23 years. She started in a rural mission hospital in The Gambia and later developed a primary health care project with the local government. She later specialised HIV and AIDS and set up a comprehensive HIV Care programme with the Ministry of Health and other NGOs. From 2005 onwards she worked as Director of Training at the Infectious Disease Institute at Makerere University in Kampala/Uganda. Since July 2007 she has spearheaded the German Institute for Medical Mission that works globally in the area of strengthening health systems, mainly in Africa. She has worked with the Christian Health Associations in Liberia and Sierra Leone to strengthen local health services in their response to the Ebola epidemic and developed the programme, "Keep Safe - Keep Serving" with local providers who were able to keep health services going throughout the epidemic. The work now concentrates on rebuilding local health structures in the faith-based sector.

### **David Moore BMedSci(Hons) MBChB MRCP MRCGP DRCOG DTMH**

Dave has been a Rural & Remote General Practitioner at the New Tribes Mission Clinic near Goroka in Papua New Guinea since 2017. The clinic supports mission teams across the country in church planting and Bible translation. He is from Sheffield where he had an interest in medical education. In 1996 he worked at the Pan African Institute of Community Health in DR Congo.



## Saturday – Sunday 18-19 July

Attentive to God spiritual retreat

## Monday 20 July

09.30 – 09.45    **Devotion**

09.45 – 11.00    **Making strategic choices when resources are limited (e.g. in a small Christian hospital setting)**

**Tutors: Dr Mwansa Jere and JR Elwood, Zambia**

Learning Objectives

- To consider a framework for decision making -practical, ethical, clinical -when resources are limited
- To develop awareness of the role of leadership within a pressured and resource constrained environment
- To consider adaptable and creative mechanisms to maximise response to the scale of need

11.00 – 11.30    **Group work**

11.30 - 12.30    **Responding to Mental Health needs in the light of the current pandemic**

**Tutor: Maureen Wilkinson**

Learning Objectives

- To consider the immediate impact of COVID on the well, along with those who already have a mental health condition
- To learn the clinical indicators for mental health conditions as opposed to low level anxiety during health crises
- To plan for achievable psychiatric interventions in resource limited settings

12.30 – 13.00    **Group work**

13.00 – 14.00 **Lunch break**

14.00 – 17.00 **Palliative care - scaling up a holistic response (this will involve problem based learning together)**

**Tutors: Mhoira Leng, Alice Gerth, Francesca Elloway, Dan Munday**

Learning objectives:

- To consider best practice in palliative care, particularly in resource limited contexts
- To adapt learning to fast transmission of COVID -type epidemics
- Another?
- To work together to plan for rolling out best practice when under severe limitations

## Speakers

**Dr Mwansa Jere and JR Elwood, Zambia - Awaiting Bio**

**Maureen G Wilkinson MB ChB, FRCPsych, DOBstRCOG, DTM&H**

Maureen was the Senior Government Psychiatrist in Malawi for 6 years, developing community mental health services and embedding psychiatry in the primary care system. Since then she has provided consultant support to several mental health services in resource-poor countries. She currently works in three MH services in rural Uganda, and has links with both the Ministry of Health and the Uganda Protestant Medical Bureau, the coordinating body for the Church of Uganda hospitals. She has contributed to the UK All Party Parliamentary Group on Global Mental Health. Maureen teaches mental health for developing countries on the Liverpool, London and Glasgow Diploma courses in Tropical Medicine and Tropical Nursing, similar courses in Copenhagen, and global mental health for medical students in Newcastle. She is also Visiting Professor of Global Mental Health at the University of Chester, UK.

**Mhoira E F Leng MBChB, MRCP, FRCP (Ed and Glas)**

Mhoira Leng is a Scottish specialist palliative care physician who is interested and experienced in palliative care health systems strengthening particularly in resource limited settings where health systems are under stress including complex humanitarian settings. She has worked for over 20 years in 4 continents including India, Africa and the Arab world to build capacity and tomorrow's leaders through developing integrated palliative care models, building evidence based practise and research capacity, demonstrating values based changes within curriculum delivery and mentorship. She graduated MBChB from Aberdeen University; MRCP and FRCP (Glas and Edin) UK. She currently is based in Makerere University Uganda and is Medical Director of Cairdeas International Palliative Care Trust [www.cairdeas.org.uk](http://www.cairdeas.org.uk), Senior Advisor at the Global Health Academy, University of Edinburgh, and board member of the International Association for Hospice and Palliative Care and Indian Palliative Care Association Council Member.



**Alice Gerth - Awaiting Bio**

**Francesca Elloway - Awaiting Bio**

**Dan Munday – Awaiting Bio**