

Time for Jesus

Do you wake up in the morning and ask the Lord: 'What is it that you have *prepared in advance* for me to do today?' Or, like me, do you often wonder how you will complete all the tasks that lie before you?

Competing time demands are an inevitable part of life, and to some extent, the more seriously we take our Christian responsibilities, the more we will face them. Jesus grappled with competing time demands but was the master in time management. He uniquely maintained a balance between worship, prayer, family, friends, work and rest. To do this he maintained an intimate relationship with God and had a clear view of his life task. Here are just four key pointers from the Great Physician.

■ Jesus guarded his devotional life

Jesus spent time in prayer, especially during periods of intense activity. He prayed regularly and especially before each important decision. And he withdrew from his ministry to pray after periods of exhausting ministry. In Luke 5:15-16, a good prescription for busy doctors, we read that '...crowds of people came to hear him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed'. The more he worked the more he prayed. He was 'too busy not to pray'. I wonder if God often creates the delays and stoppages in our busy lives; the red lights, and traffic jams, the queues and



holdups so that we might have the opportunity to pray more.

Similarly he was immersed in the Word of God - so much so that when the devil challenged him in the wilderness he could answer with three quotes from the book of Deuteronomy; a book that many of us could not easily find, let alone are familiar with. Do we regularly feed on God's Word? Do we make it one of our first priorities? Jesus did.

■ Jesus made time for people

In the midst of Jesus' busy ministry he did not let the urgent crowd out the important. As a surgeon I find the story of the woman with the haemorrhage very challenging. Jesus is on the way to see someone who is critically ill with an acute infection, and is stopped by a woman with chronic long-standing menorrhagia (Luke 8:40-56). She gets his full attention, and then as if to vindicate his decision God enables him to raise Jairus' daughter from the dead! In our lives as doctors we need to be ready to pause with certain individuals that God brings across our path. The gospel encounters are made up of a string of accounts of individuals who Jesus paused with. He did

not pause with everyone; he healed only one man at the pool of Siloam, he spoke only to one Samaritan at the well, only one rich young ruler, only one tax collector - but he did make time for individuals.

■ Jesus equipped others

Jesus did not feel that he had to meet all the need himself. His strategy was rather to devote time to equipping others. This way the work carried on after he had returned to the Father. The effectiveness of a ministry is not measured by what is achieved but by what carries on after the key person leaves. Jesus spent a hugely disproportionate amount of time with those who would carry on his work. We too should always be asking how we can multiply the work God has given us by involving others. If we are given a choice between doing something ourselves or teaching someone else to do it, we should go for the latter. Jesus' response to seeing the harvest fields ripe for harvest was not to encourage the disciples to work all the more hard to bring it in. Rather he encouraged them to pray that God would raise up more workers (Matthew 9:37-38).

■ Jesus recognised the need for rest

Jesus was not legalistic about the Sabbath but rather recognised its true purpose. He realised that it was important to withdraw and rest, even in the face of pressing need. Burnout is a major problem for Christian doctors because we are motivated by a strong sense of responsibility and are aware of the vast

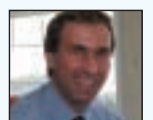
amount of unmet need. But we need to timetable time for relaxation and recuperation. How we spend it will depend on our own personality and makeup. We may be alone or with others, doing a vigorous activity or a sedentary one - the important thing is that we take time out altogether from work and ministry at regular intervals.

'Jesus often withdrew to lonely places and prayed.' The more he worked the more he prayed

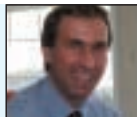
The story is told of two men who chopped wood. One stopped for regular rests every hour while the other just kept chopping all day long. At the end of the day the one who rested had a far larger pile of chopped wood. The other was surprised until he learned that while resting, the other had been also sharpening his axe. Recognizing the need for rest is like sharpening the axe.

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.
(Matthew 11:29-30)

Peter Saunders
is CMF General
Secretary



Fellowship news



Peter Saunders

Autumn conferences

Autumn is traditionally the time when CMF holds most of its regional conferences for graduate members; and again this autumn our conferences reflect the wide range of activities in which members are involved.

This year's **Psychiatry Day Conference** is on the theme 'Christianity and serious mental illness'. It examines such themes as:

- Is there any connection between mystical experience and psychosis?
- Is demonic influence relevant to mental illness?
- What should the church be doing for people with psychosis?

The theme of the **Northern Weekend Conference** is 'The Meaning of Success'. Society judges success by how much money one earns or what one does for a living or how powerful one is. But how should a Christian respond in the face of such values? Jim Hayhurst in his book *The Right Mountain – Lessons from Everest on the Real Meaning of Success* would have us believe that success is 'the achievement of one's life's goal without compromising one's life's values'. Paul in his letter to the Philippians discusses the value of ambition (desire to succeed) and in particular points out the importance of placing Jesus at the centre (aiming to glorify God) rather than self-centred ambition which is aimed at our own glory. (Philippians 3:3)

The **Oxford Day Conference** is titled 'Medicine: Still a vocation?' For the Christian doctor, in addition to our secular vocation is the Christian 'calling' to serve Christ and 'make him known'. It can be hard to fulfil this role within the present health service with its changes and frustrations. On a similar theme the **Scottish Conference** 'Depending on God' asks if we really depend on God rather than trying to live the Christian life in our own strength.

The **Midlands Day Conference** this year focuses on how we can best relate to colleagues and patients from Muslim backgrounds. There is a real opportunity for Christians to reach out to show the love of Christ in the current environment when there is such obvious tension within the Muslim community and so much uncertainty with the ongoing violence in Iraq and Afghanistan.

Meanwhile the **Saline Solution** roadshow continues with a further five day conferences around the country this autumn along with further conferences run by CMF staff in India, the Netherlands and for nurses in England.

Information about **Local Groups** for graduates, juniors and students are available on the CMF website at www.cmf.org.uk/fellowship

We hope you can enjoy come to at least one of these events to be rested and refreshed, gain from the fellowship, encouragement and teaching, and meet afresh with God. If you are unable to come then you could also benefit from tapes available from the CMF Office. Full details of all conferences are available on the CMF website at www.cmf.org/events and dates and venues are listed on page eight of *CMF News*.

Peter Saunders is CMF General Secretary

Members' news

Congratulations

Keith Waddell – Honorary Fellow of the College of Ophthalmology

Wesley Finegan – Awarded 'Graduate of the Year' by Queen's, Belfast

If you have recently received an award, a new appointment or postgraduate qualification please let us know for the next *CMF News*.

Obituaries

Sabry Gabriel (q Egypt 1960; d June 2005) was a retired surgeon living in Woodford, London.

Sheila Kenny (q Dublin 1939; d 2 April 2006) was a retired doctor living in Worthing.

Richard Mowll (q King's 1935; d 2006) was retired and living in Wadhurst, East Sussex.

Sarah Neech (q USA 1935; d 15 February 2006) qualified MD in the USA and LRCP, MRCS in 1964. She lived in Norwich.

Manohar Patil (q India 1975; d April 2006) was a GP in Stafford.

Edward Smyth (q Barts 1936; d 2006) was a retired orthopaedic surgeon living in Surrey.

Long obituaries have been moved to *Triple Helix*.

Outgoing

Charlie Besley (Southampton) to Kenya

Tina Lloyd (New Zealand) to France

Clare Nichols (Bristol) to Singapore

Homecoming

Richard & Karinya Collins (St Thomas') from Tanzania

Jenny Gonde (King's College) from South Africa

Christina Harter (Germany) from Germany

Jane McNutt (Belfast) from Albania

Mohan Seevaratnam (Guy's) from Sri Lanka

Mark Stirling (Glasgow) from USA

Rachel Pinniger (Bristol) from China

Marjory Vanderpyl (New Zealand) from New Zealand

Change of address abroad

Alison Talbert (The London) from Tanzania to Kenya

CMF Committees

CMF is highly dependent on the generosity of hundreds of members who give time to developing the fellowship's ministry. If you would like to know more about our ministry feel free to contact us:

Executive Committee. Mark Cheesman. chees@blueyonder.co.uk

Business Advisory Committee. Tony Bell. bbell@sghms.ac.uk

Publications Committee. Allister Vale. allistervale@yahoo.co.uk

International Healthserve Committee.

Bruce Richard. brucerichard@blueyonder.co.uk

Howard Lyons. howardlyons@msn.com

Medical Study Group. John Wyatt. john.wyatt@uclh.org

Triple Helix Editorial Board. Peter Saunders.

peter.saunders@cmf.org.uk

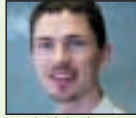
Nucleus Editorial Committee. Hugh Ip. hugh.nucleus@gmail.com

Junior Doctors' Committee. Verona Beckles.

veronabeckles@hotmail.com

National Student Committee. John Greenall. john.greenall@kcl.ac.uk

Students



Mark Pickering

As the new academic year kicks off there are plenty of **freshers' events** going on in CMF groups around the country. This is an excellent time for putting on evangelistic events and recruiting new members to CMF. Sandra Hartley has sent out over a thousand freshers' packs to help spread the word about what CMF has to offer. We also revised and expanded a freshers' strategy document to give student reps advice and support on organising their freshers' events.

During July and August, several **summer teams** went to Russia (Samara & Tver), Armenia, Georgia, Albania, France, Estonia (Scandinavian team) and Czech republic (German team). As usual they aimed to build up local groups of Christian medics through evangelism, Bible teaching, medical and ethics teaching, as well as a good dose of fun and silliness. A number of UK students joined the teams and they are always life-changing experiences for both hosts and guests alike. Reports can be obtained on individual teams from Jonny Thiessen (jonny@cmf.org.uk).

We will be running a number of **Confident Christianity** events during the coming months to train students in reaching their peers with the gospel. Look out on the website for details of an event near you. We have also produced a resource pack to help students set up **special study modules** in Christian medical ethics at their medical school – these have already run at four medical schools and we are hopeful that a couple more will set them up this year.

Another resource that should

soon be available is a **speakers' list** to help student leaders to find good speakers on particular topics. This has been badly in need of revision for several years and is a welcome development.

The **National Students' Committee** will meet again on 7 October, when we hope to be able to announce a successor to John Greenall as committee chair. Do pray for them as they help shape the direction of our student ministry.

Publicity is available for the **National Students' Conference** at Swanwick, Derbyshire on 9-11 February. The title is 'The God we Serve is Able', with Hugh Thomson speaking from Daniel. Book now and plan to take a good group from your medical school! All student members will receive a booking form and PDFs are available on the CMF website.

We had a great **staffworkers' retreat** at L'Abri Fellowship on 18-20 August. This was the first time we had got the team away together like this and may well become an annual event. Sadly Kerrie Bavidge was unable to get flexible training funding to work part time, so will be unable to work for us as Scottish staffworker this year.

I am due to **finish as a GP registrar** on 17 October and so will no longer be a junior doctor! I am very grateful to the Lord for getting me this far and we would value prayer for us as a family as I look to take the next step both medically and with CMF.

Mark Pickering is CMF Student Secretary

Ethics



John Wyatt

In the last twelve months we have seen wonderful answers to prayer in the battle to prevent euthanasia and physician assisted suicide being legalised in the UK. When we consider that last summer we were staring down the barrel of Lord Joffe's third bill in the House of Lords in as many years, the turnaround that has happened since has been truly amazing. First the RCGP and RCP abandoned their neutral positions on assisted dying in September 2005 and May 2006 respectively. Following that Joffe's Assisted Dying for the Terminally Ill Bill was resoundingly defeated in the House of Lords on 12 May 2006 by a 148-100 majority. The icing on the cake was when the BMA reversed its neutral stance at its annual representative meeting in June. Now the medical profession in this country is once again united against any change in the law.

CMF played a key role in all this with members writing letters, speaking on the media and in particular working through the Care not Killing Alliance, which now has over 35 organisations as members. Not surprisingly as a result we came under attack, and a complaint by Liberal Democrat MP Evan Harris, which was vigorously refuted at the time, led to us receiving a letter from the Charity Commission enquiring about CMF's activities opposing euthanasia. We are happy to report that the Charity Commission on receiving our reply has now closed their investigation, fully satisfied that we are complying with their guidance.

What happens now? Lord Joffe has promised to introduce a fourth bill this autumn and we shall have to wait to see what it contains before we plan our response. The issue will not go away as long as there are people who wish to change the law – but we have shown that when faith groups, disabled people and doctors stand together on this issue, parliament and the public listen to our concerns and vote accordingly.

The Mental Capacity Act comes into force in Spring 2007 and will include provision for advance refusals of food and fluids. The CMF Study Group is currently working on a 'statement of values' that would be available to Christians considering drafting advance directives. The responses to the government consultation on the codes of practice that will accompany the Act have just been published.

Abortion

The abortion debate will resurface with the 39th anniversary of the Abortion Act on 27 October. High resolution ultrasound pictures of unborn children and more evidence on the psychological consequences of abortion for women continue to challenge public and parliamentary opinion and there is real evidence that the tide is turning. Please pray that it continues to do so.

CMF Files

There is no *CMF File* published this quarter but we are working on several new topics for 2007 and also a revision of some previously published files. The files continue to have wide distribution and influence amongst medical students and school students in the UK and abroad. The entire set is available in Chinese and now 16 of the 32 so far issued have been translated into Russian. We plan to publish a full set of Russian files by next July in time for the next CIS Christian Medical Students' Conference.

John Wyatt is Medical Study Group Chairman

Junior doctors



Ben Hall

As I write this, the Junior Doctors are eagerly looking forward to the annual Juniors' National Conference over the weekend 13-15 October.

With the help of Andrew Nicholls, we're going to be exploring the story of Daniel. Although hopefully we'll rarely be threatened with a lion's den, nevertheless, the pressures that Daniel experienced are in many ways synonymous with the pressures we experience as doctors. He too worked in a situation where official policy was frequently directly opposed to his own beliefs, and where his responsibilities grew in leaps and bounds as the opposition grew. Despite this, Daniel remained faithful to God in a fashion that we seek to emulate. His story is once again confirmation that God is, was, and will always be sovereign!

With a series of useful seminars, and all of the other usual activities, it promises to be a

great weekend once again, and we'd welcome your prayers as we prepare... and, of course, your application form if you're a junior doctor yourself!

In other news, we were delighted that a cohort of CMF



members was able to join Christian medics from around the world, not only for the ICMDA World Congress but also for the special pre-conference for students and juniors. This gave great opportunity to share with and learn from others working in similar positions, but frequently in tremendously different situations and circumstances, across a global spread of

cultures and environments.

Meanwhile, as a committee we're still seeking God's will for the appointment of a new chairperson. We continue to value your prayers, both for this

appointment, and for the continued smooth running of the Juniors' activities in the interim.

Ben Hall is a Juniors' Committee member.

Evangelism

Whoever acknowledges me before men, I also will acknowledge him before my Father in heaven. But whoever disowns me before men, I will disown him before my Father in heaven.

(Matthew 10:32-33)



Kevin Vaughan

Tough words from Jesus: and so many of us feel caught in the dilemma of longing to own the name of Jesus but struggling to find ways of doing so, appropriate to our professional life. This is the very issue that Saline Solution grapples with, and one of the delights of the Saline Solution conferences is the feedback afterwards from participants, with stories of how they have started to gain new confidence and spot opportunities for the Lord in their workplace. Putting things into practice makes such a difference and it's good to start small and let things develop slowly. An old proverb from East Africa, referring to the daily collection of firewood for fuel, says 'One by one makes a bundle!' Surely this is true of our witness.



Here are some recent quotes from my inbox:

I benefited from the Saline course and began to ask one or two questions I had not normally used, with the result I was able to pray for one or two folks.

As a result of attending it I became less worried about sharing my faith. I had an unexpected opportunity last week with a patient. I am now working in CCU...

One lady did give an enthusiastic response to my question about whether she had a faith that helped her, and told me she is now praying regularly.

I found the Saline Solution conference a great help both personally and in discussion with other Christian health professionals. It reassured me that it is OK to raise spiritual matters in a sensitive manner. My work with infertility patients often includes dealing with emotional issues and some couples find comfort in spiritual support.

The Saline Solution day was a re-enforcement of what I am already finding opportunity to do, and I found it very encouraging to meet other colleagues there who have a similar desire to witness at work.

From a student: *'The Saline Solution definitely encouraged me to speak about my faith more to patients, consultants etc'.*

The details of seven Saline Solution day conferences this autumn are on the CMF website, and it is a privilege to be involved with Salines in Germany, Holland and India as well.

Kevin Vaughan is CMF Associate General Secretary

Media report



Clare Cooper

The next basic media training days will be held in London on 9 and 10 November. Our expert tutors John Forrest and Andrew Graystone will give tuition in handling TV and radio interviews and how best to get your message across – potentially to an audience of millions. This very worthwhile training is subsidised by CMF and is excellent value.

In May we held a training day specifically for Christian psychiatrists. CMF is often asked to comment on mental health issues, especially when they

crop up in the news, and previously we had very few media trained doctors with expertise in this field.

This year's advanced courses took place in September. In Manchester we held a stage two advanced course for doctors who now have extensive media experience. This was followed by an advanced media-training day at the National Museum of Photography, Film and Television in Bradford.

Media training enquiries to Clare Cooper at CMF office.

Clare Cooper is CMF Medical Secretary

Allied professions



Steve Fouch

In August the Nurses' Christian Fellowship International (NCFI) held its seventh European regional Conference in Ede, The Netherlands. Around eighty nurses from eleven European nations, plus delegates and speakers from South Africa, North America, the Philippines and Japan gathered together to explore the theme of 'Ethics and Spirituality' in modern nursing. Pablo Martinez gave a daily Bible Exposition from Zechariah - each day focusing in turn on the themes of truth, justice, peace and care, with plenary sessions drawing together how these biblical themes were worked out in the practical realms of nurse education, professional ethics and personal and professional spirituality.

The standard of papers was extremely high, exploring different aspects of the whole person approach to care, and how the split between caring and curing has arisen and its antithesis in the biblical approach to caring for the sick and vulnerable. These themes were not only looked at as academic or theological issues, but as very practical, professional ones.

However, the fellowship shared around meal tables and coffee times was as ever the most valuable part of the conference, and meeting with nurses from such a wide range of backgrounds was hugely encouraging and uplifting. NCFI is moving responsibility for developing and implementing its global strategy into its regional groups more and more, and the new European Committee that was elected at the conference will have a great deal to do in the next four years as we look at how we support migrant nurses within Europe, and at how we can support the

new and emerging Christian nursing groups in Eastern Europe and the CIS nations. I have taken on the chairmanship of the European Committee and one of our first challenges is to look at where the 2010 conference will be held - we are hoping that a doorway will open for this to happen in Eastern Europe.

Please pray for the work of NCFI - Christian nurses are a growing community in many nations, but struggling to have their voices heard to make an impact - please especially pray for the opportunity to hold future conferences in Eastern Europe to encourage more of those working in those nations.

With the ICMDA Eurasia office at CMF, the growing links with PRIME, having these close links with NCFI as well puts CMF very much at the strategic centre of work that God is doing among health professionals across this vast region. Please pray for wisdom in how we pull all of these threads together.

In the UK we are now looking at how CMF can support the work amongst Christian student nurses, midwives and allied health professionals, as the traditional structure of the UCCF special interest groups for these students is changing rapidly, and the graduate fellowships have limited resources. We are working closely with Christian Nurses and Midwives (CNM), Christian Therapist Network (CTN) and UCCF to explore how we can reach out to and support Christian students in these health professions across the UK. Please pray for wisdom.

Steve Fouch is CMF Allied Professions Secretary

Publications

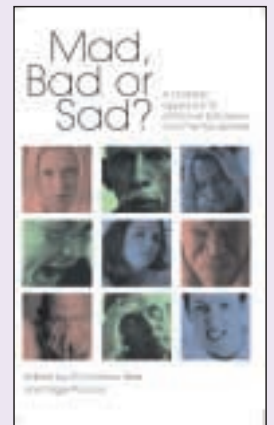


Allister Vale

There is some very good news regarding new books.

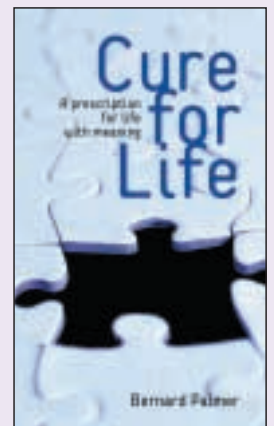
Mad, Bad or Sad

The editing of *Mad, Bad and Sad* is complete and this important book is expected to be published in October 2006.



Cure for Life

A reprint of Bernard Palmer's book *Cure for Life* is being undertaken with copies being available in October 2006.



Can it be me?

Dr Marjory Foyle's autobiography is to be published this autumn. It is a great missionary story! Marjory spent over 30 years as a medical missionary in India and Nepal. Responding to huge needs, and partly as a result of circumstances in her own personal life, she specialised in psychiatry and became the director of a leading Christian psychiatric centre in India. Marjory is widely recognised as a worldwide expert on the nature of stress and how it affects Christians working in cross-cultural situations. She has had an itinerant ministry amongst the missionary community in over 40 countries and she continues to inspire and motivate all with whom she comes in contact - personally, professionally or via her writing. She writes beautifully and this book is a very open and honest insight into her life.

Reviewers have said: 'This story will change lives'; 'Marjory Foyle's humour and compassion are present on every page'; 'God's grace is clearly seen through the life of an ordinary woman who simply takes God as his word ... a life which impacts countless individuals'; 'Marjory Foyle ... never pretentious despite her reputation, gifts and abilities ... (she is) a major player in the world-wide revolution in the standards of support care for those living and working in other cultures'; 'Her insights as a hands-on psychiatrist ... have helped thousands of missionaries'; 'Marjory seems to have packed into her incredible life since retirement more than the average person manages over a whole life-time ... and she's still asking the question what does God want of me next?'

This book will be a must read for the autumn.

Allister Vale is CMF Publications Chairman

Mission matters

Keeping in touch and ongoing intercession for members working abroad



Peter Armon

ICMDA Global Conference in Sydney

It was a privilege, joy and challenge to attend this conference in July and to meet medical students and graduates from around the globe, sharing experiences, vision, problems, opportunities and learning from one another. The overseas section of CMF was well represented and involved in presentations at both pre conference sessions and the main conference. The Bible studies were superb, the range of seminars provided something for all and there was plenty of opportunity to network. It was helpful to be able to participate in a seminar/panel discussion with leaders from other organisations from Australia, Singapore, USA and Canada who are seeking to resource medical mission in a similar way to ourselves.

Developing Health Course

This year's course was held in the midst of a gloriously sunny spell at Oak Hill College in north London. A record number of 51 participants attended. This included a core group of 27 who attended the whole course, a number who came just for the first week and others who attended one or more of the specialist days in paediatrics, HIV, surgery or obstetrics.

Eleven nationalities were represented and the participants were or will be working in 17 countries. The numbers were made up of 36 doctors, one medical student, 13 nurse/midwives and a nutritionist. Several of the participants were in the final stages of preparation to work overseas. All were immensely appreciative of the effort that the speakers put into their presentations.

'A fantastic course; Thank you very much for all the work and love you invested in us; My love

of medicine and the Lord have been rekindled; I will go back refreshed and better equipped; The course has been extremely useful and refreshing; A great course, I really enjoyed it, very practical and relevant; I learned loads and was inspired for working abroad' - were just some of the comments.

Many felt the course was not sufficiently widely known - despite our best efforts to advertise it. We would be grateful therefore if you would examine the content and speakers list which is still on our website at www.healthserve.org/developing_health/programme/ and make it known to any that you feel might benefit from attendance next year. The RCP accredits attendance at the course for CPD. I have recently made a visit to the RCOG, who had expressed an interest in hearing more about the course and our *Developing Health* CD Rom. I made a presentation at a meeting of their International Committee and received a very enthusiastic response. Other organisations - mission agencies, Royal College or Bible school - known to you might appreciate a visit. Please get in touch if you have such contacts who may be interested to hear more.

The Nigerian CMF held their second Developing Health Course for workers in West Africa, in September, and the Kenyan CMF is thinking of a course for those in East Africa. There has also been some discussion with members working in Southern Africa.

Publications

Work continues on a new publication of the booklet *Re-tyred - not retired*. It will be a useful resource for retirees who are thinking about using their accumulated wisdom and skills to teach, support and

PRIME - Partnership in International Medical Education



John Caroe

PRIME has been greatly encouraged by the endorsement at the ICMDA World Congress. The education pre-conference and the seminars run by PRIME throughout the main conference in Sydney were well attended and well received. Several Australian doctors signed up as potential tutors and hope to start an Australasian branch to facilitate expansion in SE Asia and Oceania. A number of extremely able doctors from poorer countries who attended the seminars volunteered to become PRIME Champions in their nations to partner with us in spreading the teaching of whole person medicine, care for the spirit entwined with that for the body.

The challenge is to envision and support Christian professionals worldwide who are involved in healthcare education. This means training, networking and development of resources, as well as using God-given openings for courses in medical and nursing schools to demonstrate that medicine including God makes sense. As one psychiatrist in Nepal said a year later, 'That seminar changed my life. I consult totally differently - and have taught others to do the same'.

We thank the CMF executive for their support to PRIME in a start-up grant for the employment of a full time manager. Jo Lyttle joined us in September. We now need to raise money to ensure Jo's continued employment beyond the year and the pace of opportunity and challenges before us make it inevitable that further staff will be needed. We thank CMF members who are already contributing generously - but we do need more to do so. The challenge is great and there is a narrow door of opportunity in many countries.

For details of how to be involved with PRIME, visit the website www.prime-international.org.uk or contact info@prime-international.org.uk

John Caroe is Chairman of PRIME

encourage others overseas.

Work on the 2006 *Developing Health* CD Rom presses on and we hope to release the new edition later this year. We are grateful to those clinicians who have been involved in producing material for the CD, in the midst of their busy professional lives, and particularly to Ian Spillman as editor in chief.

An unique opportunity

Ian Spillman, a paediatrician and member of the overseas committee who has previously worked in Uganda, will be leading a two week Developing Health Experience Trip to Kisiizi Hospital in Uganda from 4-18 February 2007. It is also hoped to arrange a meeting with CMF members - nationals and expats - working in Kampala but the eventual details of the trip will be tailored to the interests of

those who participate. If you are interested in this opportunity to experience something of the joys and sorrows, challenges and rewards of living and working in this incredibly beautiful but very needy part of Africa. Contact ian.spillman@ntlworld.com for further details.

Dates for 2007

- Student Elective Day at South Parade Baptist Church, Leeds, Saturday 3 March
- Student Elective Day at Partnership House in London, Wednesday 14 March
- Developing Health Course at Oak Hill College, North London 1-13 July
- HealthServe Day at Oak Hill College, North London, Saturday 7 July

Peter Armon is the Overseas Support Secretary

ICMDA

International Christian Medical and Dental Association



Daryl Hackland

The ICMDA XIII World 'Health and Hope' Congress was an incredible time encompassing a number of gatherings of God's people which culminated in being together at the Convention Centre in Sydney, Australia. Regional Secretaries met each other for the first time to talk about their expectations for the Regions. The ICMDA Executive Committee convened and the General Committee met, as it does every four years, to receive reports from the member organisations.

The Student and Junior Doctors' Conference

Tash Yates and Maleika Selwyn introduced a most valuable dimension by inviting mentors to attend, these being involved in all the proceedings and especially in the smaller groups and informal 'after session' chats. There were many appreciative comments about what the mentors came to mean in transforming lives. The meeting of over 100 junior doctors established the need for support for this emerging group of future Christian leaders within the medical and dental profession globally. This was truly a forward-looking conference.

Regional Secretaries

By implementing the ICMDA strategy of establishing Regional structures and appointing Regional Secretaries/Regional Student Secretaries (Area Student Representatives), phenomenal development has taken place. Prior to meeting in Sydney eight regions were in place – East, West, Southern Africa; Central, North, South America; Eurasia and South Asia. In each of these regions reports were received of regional conferences having an

emphasis on the integration of the students and junior doctors. With the introduction of the ICMDA Governance structures and the allocation of regional grants, growth is anticipated as each region looks to facilitate neighboring countries to establish National Fellowships. Of encouragement were the steps taken in North East Asia, South East Asia and Oceania to launch the setting up of the final three regions. This process is now well on its way with Regional Coordinators being identified and the first regional meetings having taken place during the Congress.

Executive and General Meetings

During these meetings the reviewed 1994 Constitution of the ICMDA was discussed and final amendments endorsed. This constitution will serve as a facilitation of the vision and mission of ICMDA as it seeks to 'share God's grace at the growing edges of Christian medicine'. In order to be able to do this the ICMDA Development Support Fund was launched. The decision was taken to appoint a Student General Secretary to coordinate the work with students and junior doctors. This step of faith is bold but essential towards ensuring that the God given opportunities are taken to be where God purposes the Association to be. Should you prayerfully wish to share in this development, please visit the ICMDA website www.icmda.net (linked to givengain.com).

I commend to you the prayers of praise and thanks to God's rich blessings on all that took place in Australia.

Daryl Hackland is ICMDA General Secretary
Email: icmda@webstormsa.co.uk

ICMDA Eurasia

ICMDA's World Congress in Sydney has been a summer highlight for many, as reported by Daryl Hackland. During the congress ICMDA's executive and general committees met. Peter Saunders and Kevin Vaughan represent CMF on these committees and James Tomlinson who has been closely involved for some time, was appointed to the new committee as young graduates' representative.

These committees formally endorsed the recommendations for restructuring in Eurasia which were made during the regional consultation in March. These included a new committee, the appointment of a part-time paid Associate Regional Secretary and the endorsement of the Area Student Representative and Co-ordinator roles. There was also increased commitment to development of work in the Middle East, Turkey and North Africa region which for the moment comes under the umbrella of Eurasia. All of this lays foundations for exciting growth in the region and also carries with it considerable financial implications.

The New Committee is as follows:

Chairman: Kevin Vaughan (UK)

Secretary: James Tomlinson (UK)

Treasurer: Martin Bac (Netherlands)

Members: Dasha Boguslavskaya (Russia), Heike Gerhardt (Germany), Jan Grzeszkowiak (Poland), Gabor Gyori (Hungary), Kristian Kristensen (Denmark), Pablo Martinez (Spain), Jovita Petruyte (Lithuania), Hans-Ruedi Pfeifer (Switzerland), An ASR Representative (varying)

Staff Appointments

Regional Secretary: Peter Pattison

Associate Regional Secretary: James Tomlinson

Co-ordinator: Jonny Thiessen

Area Student Representatives: Artsiom Adamenka, Euan Dodds, Christopher Gerken, Laura Sihombing, Kolya Vasiliev. There are also representatives in Middle East, Turkey and Central America. Appointment of ASRs for the Balkan region and for Central Asia are pending.

This provides us with a fine younger team to carry forward the work and we commend them to your prayers. It also brings some significant financial challenges at a time when CMF members are already being asked to stretch their generosity. We are seeking to widen the donor base in Western Europe and some of you will be receiving detailed information on ICMDA's financial needs and projects in Eurasia. If you are interested in financial partnership with us and don't receive this information within the next few weeks, please write to me at icmda@ukonline.co.uk.

Peter Pattison is the ICMDA Eurasia Regional Secretary
Tel: 01892 824872 Email: icmda@ukonline.co.uk

Staff news and finance



Giles Rawlinson

Organisation Review

Mee Yan-Judge of Quality and Equality has now completed our CMF organisational review and presented her report to the CMF Executive on 16 September. The report identifies major strengths and significant weaknesses, as a result of rapid growth in CMF's external ministry outstripping growth in internal administrative structures. We have been advised to 'bed down' by establishing more effective training, development and support for staff members and by resolving our continuing IT problems with database and accounting systems. This process of change will be starting more or less immediately and a change team has been set up within the office overseen by a change steering group from the executive. We are encouraged that there is nothing recommended in the report that is 'not do-able' – but we are seeking God's wisdom regarding timing and procedure. The change in CMF's internal structure and systems will mean that some staff members' roles within the organization will change as we build a more secure foundation for the years ahead. Please do remember us in prayer as we adapt in this period of transition.

Capital Appeal and Building Search

As reported in the last edition of *CMF News*, Partnership House, our home of 32 years in central London, has been sold and we need to move out by May/June next year. After much prayer and careful discussion we believe the most sensible course is to buy an office in central London, which we estimate will cost us in the vicinity of £2,000,000. We launched the first stage of our campaign – an appeal to major donors within CMF – at the end of June.

By the end of September £250,000 had been received in gifts and pledges (including Gift Aid) from 136 donors, with over 90% of this coming from just 70 people. This added to the £200,000 from the MMA funds already in CMF hands brings the total to £450,000. We have been hugely encouraged by the generosity of individual donors – but there is still some way to go to our total. We are keen to buy outright, rather than take out a mortgage although we do have reserves such that a significant mortgage could be supported for less than our current rent and service charges.

Mike Edgar, a former CMF Chairman, and newly retired, is giving one day per week from October to follow up contacts, hopefully to enable the Executive to take a decision in December. Meanwhile we are on the lookout for suitable property so that we can move quickly when the time comes. We certainly wish to avoid a double move, and avoid any interim rental arrangement, and there is a possibility that we might be able to

extend our stay at Partnership House for a short period while, but any delay will not be long.

At some point in the future we will launch a general appeal to the whole fellowship; but we have been advised to hold back doing this and instead to approach potential major donors first. Please continue to pray for the appeal and please also do prayerfully consider what you could personally give – either in terms of a one-off gift or by monthly pledge over four years.

You can in the meantime follow the progress of the appeal and watch a short video about our planned move on the CMF website at www.cmf.org.uk/capitalappeal

Finances

Many members have responded wonderfully over the last three years to our request to move their annual subscription and donation on to a regular monthly or annual standing order. Bank standing orders contributed just over £300,000 in 2004, and we predict that the equivalent figure in 2006 will be £350,000, a very generous 16% increase. A very big thank you.

2nd Quarter Accounts

The six month figures were a very great encouragement; a £100,000 surplus on income of £753,000, massively ahead of both the equivalent 2005 figures and the budget I drew up nine months ago. However there is a more sobering story to tell behind the figures: general giving has increased by £70,000. However nearly £40,000 of the surplus can be attributed to the Capital appeal, which of course cannot be used to pay general Fellowship running costs. The other very significant factor is the extraordinary generosity of a very small number of members leaving the Fellowship very significant gifts in their wills, over £175,000 during 2006 alone. Would you consider making the Fellowship a beneficiary in your will? Future generations of CMF students and graduates will be eternally grateful!

Graduate Subscriptions

We are making huge strides in catching up with asking members for their subscriptions. 48% of the 2,000 who pay by the reminder system owe subscriptions for 2006 and in some instances several previous years as well. If you are aware of having requests from me unanswered and unpaid, I would be very grateful to receive your response, and be able to thank you! If all these current and past subscriptions were paid, along with Gift Aid reclaimed, CMF's finances would be in a very healthy position indeed.

Giles Rawlinson is CMF Chief Administrator

CMF staff

General Secretary

Peter Saunders. peter.saunders@cmf.org.uk

Associate General Secretary

Kevin Vaughan. kevin.vaughan@cmf.org.uk

Overseas Support Secretary

Peter Armon. peter.armon@cmf.org.uk

Student Secretary

Mark Pickering. mark.pickering@cmf.org.uk

Allied Professions Secretary

Steve Fouch. steve.fouch@cmf.org.uk

Chief Administrator

Giles Rawlinson. giles.rawlinson@cmf.org.uk

Researcher

Jacky Engel. jacky.engel@cmf.org.uk

Graduates' PA

Judy Wilson. judy.wilson@cmf.org.uk

Overseas PA

Laura Risdale. laura.risdale@cmf.org.uk

Students' PA

Sandra Hartley. sandra.hartley@cmf.org.uk

Dates for your Diary

November

- 4 Midlands Day Conference, Birmingham
- 7 Saline Solution, Lincoln
- 9 Media Training Day, London
- 10 Media Training Day, London
- 10 Saline Solution, Truro
- 10-12 South Eastern Conference, Ashburnham Place, East Sussex
- 18 Oxford Day Conference
- 24-26 Scottish Conference, Gartmore House, Loch Lomond, Scotland
- 24 Saline Solution, Merseyside
- 30 Nurses' Saline Solution, Birmingham

December

- 2 Executive Committee, London
- 9 Saline Solution, Chatham

February

- 9-11 National Students' Conference
- 17 Executive Committee, London

March

- 3 Leeds Electives Day
- 14 London Electives Day
- 23-25 Student Leaders' Conference

April

- 27-29 National Conference

CMF News

is issued by the Office of the CMF at
157 Waterloo Road, London SE1 8XN
Tel 020 7928 4694
Fax 020 7620 2453
Email: news@cmf.org.uk
Website: www.cmf.org.uk

Items for inclusion in the January 2007 issue should be sent to the General Secretary Peter Saunders by Friday 24 November. Christian Medical Fellowship is a Registered Charity No. 1039823

Design: S2 Design + Advertising
Print: Stanley L. Hunt (Printers) Ltd.