

A grand national

A best-ever attendance (388 in all). A hugely encouraging turnout by student leaders (58) and nine nurses present. The 2013 CMF National Conference, with the timely theme of integrity, is being acclaimed as one of the best ever: 'great fellowship and teaching...an amazing experience...taking care of our children was wonderful... delightful, crowded but rich...ten out of ten'.

Uprightness, honesty, sincerity, consistency: these are the hallmarks of integrity and much-needed qualities in today's NHS. Jonathan Lamb's Bible expositions on integrity drew on case material from 2 Corinthians, where Paul's integrity as an apostle and messenger of the gospel was on trial. 'It destroys credibility when our lives are out of sync with what we say,' he declared.

Servant leadership was the theme of the 2013 Rendle Short Lecture. 'Most of us are called to be leaders at some level, whether in our practice, in a department, in a student or junior doctors' committee, or in a whole range of other parts of life' observed Nick Land, former CMF Chairman, who shared biblical insights about work and case examples.

The Rendle Short lecture audio is available at: cmf.li/15dpWeo. The two Bible readings on Integrity by Jonathan Lamb can be accessed at: cmf.li/13ymGwt & cmf.li/1bkr4j7. For your diaries: next



year's conference is set for 25-27 April 2014 with a new venue, Yarnfield Park Conference Centre near Stone, Staffs.

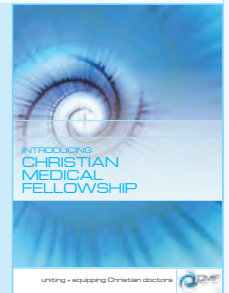
Peter Saunders, CMF Chief Executive

Development plan

We are now 24 months into our development plan for 2011-2014 aimed at 'strengthening our ministry and serving the church' which identified **seven key areas of growth**: strengthening our core services to students and doctors, helping CNM (Christian Nurses and Midwives) build a new nurses' ministry, launching a new website with online forums and new media, engaging and resourcing churches, building stronger links with media and parliament and mobilising members for mission. The Development Fund after 24 of 36 months stands at about £382k (~55% of the total £700k income required). We have just launched a third major annual appeal to the fellowship and are approaching charitable trusts. Being sustainable at current staffing levels into 2014-5 will require both that we reach this £700k target and also increase our baseline income.

Introducing CMF

This attractive new booklet is ideal for sharing CMF with medics, students and churches. We suggest that every member arms themselves with multiple copies and prayerfully looks for people who would benefit from knowing about CMF – Christian doctors, certainly, but ministers and church leaders too. Order your supply from pubs@cmf.org.uk



CMF in the media

Staff and members gave an impressive **131 media interviews** during 2012. Up to May 2012 CMF noted **10,390 views of YouTube** videos (compared to 4,395 in the previous year). CMF's Facebook page has 2,458 fans, up from 1,692 in June 2012, while there are 1,210 Twitter followers, up from 612 in June 2012.

Students:

'Connect, Learn, Serve'

Summer teams

Four teams of students are set to work in European locations over the next few weeks. Giles Cattermole is taking two students to Norway; John and Celia Wyatt, five students to Finland; three students are helping at a locally-run camp in Poland. Two students are Latvia bound. It is a great encouragement to see an increase in the numbers of students going on these trips. Three of these camps have been organised by students who attended the International Medical Student Conference in February, demonstrating its value and significance in forming connections between Christian medical students in different countries. There is still time to join the team to Latvia, so please email Giles if you are interested.

Giles.Cattermole@cmf.uk.org

KLICE summer school

'Serving Christ in secular medicine' is the theme for the summer school of the Kirby Laing Institute for Christian Ethics (KLICE) to be held at Tyndale House, Cambridge, 9-10 September 2013. **John Wyatt** is the main speaker in a programme aiming to equip and encourage medical students, junior doctors and healthcare workers to consider how to face the major ethical challenges in contemporary medicine. Bookings open.

Leadership training

At the CMF National Conference in April, student leaders met to receive training for leadership in their local groups, using the new manual *Connect, Learn, Serve*. On 2-6 September UCCF Forum is taking place – a great opportunity for student leaders to receive Bible teaching and be equipped and trained for service at university. Places available; bookings close 31 August.

Freshers

Looking ahead to freshers' week, we would encourage graduates to be looking out for new undergraduates, and thinking about how they can pray for, encourage and support them.

Giles Cattermole, CMF Head of Student Ministries

Staff news

Meet Tom Roberts



Tom Roberts

Tom Roberts has joined the staff as the new part-time Communications Coordinator where he will anchor publications, e-books and media work.

Tell us a little about yourself?

I'm from a non-Christian family background and became a Christian when I was 15. I studied History at Southampton, was involved in the CU and attended Above Bar Church.

What appeals to you about the job?

I am one of those odd people who really enjoys proofreading and editing, so this part of the job appeals to me a lot! I am excited about helping CMF to develop and improve on their existing resources, as well as being involved in some great new projects. I'm also looking forward to developing my own skills and learning from other members of the team.

What is it about CMF that appeals to you?

At University I knew lots of Christian medical students, who really benefited from being part of CMF. I think it is great to have an organisation specifically aimed at supporting Christian medics. I love CMF's commitment to uniting and equipping Christian doctors to live for Christ and witness to him in their work, and in providing a Christian voice on important ethical issues.

Tell us about your wife and your church commitments.

Chloe and I met at university and married in June 2012. She's a primary school teacher in Ealing and has just finished her first year of teaching. We live in Shepherd's Bush and belong to Trinity West Church, a new church plant bringing the gospel to the area. We both serve in the Sunday School and are excited about the work God has begun in Shepherd's Bush.

What do you like to do in your spare time?

I enjoy indulging my history-geek tendencies, dragging Chloe to lots of museums and interesting places. I especially like the biblical archaeology exhibits in the British Museum. I enjoy a good book with a cup of tea and country walks with Chloe.



Catherine Butcher

Catherine Butcher, Head of Communications for the last two years, left CMF staff at the end of June returning to freelance writing. CMF will miss her calm leadership and eye for detail. A lot has been achieved under her watch and CMF is grateful.



John Martin

John Martin steps up from Senior Editor to be Head of Communications and continues as Managing Editor of *Triple Helix* and other publications.

Tom Roberts (mentioned left) joins the Communications staff as part-time Communications Coordinator. He earlier helped organise the 2013 International Medical Students Conference (IMSC).



Fiona Schneider

Fiona Schneider leaves CMF in July to devote more time to her medical career. Thank you to Fiona for great work as a Graduate Staffworker over two and a half years.



Philippa Taylor, CMF Head of Public Policy, achieved a personal best of 2 hours 49 minutes in the 2013 London Marathon. Philippa has been running seriously for six years, and regularly competes at all distances from 800m to cross country, 10kms, halves and marathons and ultramarathons. She says: 'Running has opened up a whole new community of wonderful friends from all walks of life and provided opportunities to gently talk about my faith, with several coming to evangelistic events at church.'



Eleanor Orr

Another athletic staff member is **Eleanor Orr** (CMF Senior Accountant) who completed the London to Brighton bike ride for the third time, raising over £400 for the British Heart Foundation.

Discipleship – our key priority

Perer Saunders writes

CMF has four aims – discipleship, evangelism, mission and being a voice – but the most fundamental of all these is discipleship, because all of our other activity grows out of it. CMF's discipleship aim is 'to unite Christian doctors and medical students in Christ, and to encourage them to deepen their faith, live like Christ, and serve him obediently, particularly through acting competently and with compassion in their medical practice.'

Jesus' great commission was about making disciples (Matthew 28:19-20). Paul's passion was to 'present everyone perfect [mature] in Christ' and 'to this end' he said he was 'struggling with all [God's]energy' (Colossians 1:28, 29). He also taught that God had gifted members of the Church 'to prepare God's people for works of service so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ' (Ephesians 4:7-13).

The writer of Hebrews encourages us to 'consider how we may spur one another on towards love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another – and all the more as you see the Day approaching' (Hebrews 10:24,25) and 2 Timothy 3:16,17 teaches that God's Word is central to this maturing activity.

Making disciples is thereby a 'whole body of Christ' activity in which all need to be

engaged and it involves meeting together around God's Word. As part of the global church we believe that these biblical principles are the foundation on which CMF's discipleship work must be built. Pastoral care, recruitment and retention of members flow from it but the foundation must come first.

Meeting around God's Word is primarily achieved in local church fellowships but CMF, as a para-church fellowship, also plays a vital role in ministering to Christian doctors and medical students.

There are many different ways: one to one; mentoring relationships; hospitality; pastoral care; Bible studies; conferences: small groups; prayer triplets; training events; away days.

To facilitate this process our vision is to have a CMF **Link Person** for every workplace, locality, church, deanery, foundation school and medical school where there are Christian doctors. So far the response from members has been overwhelming and at last count we had 213 members volunteer for a total of 347 roles.

Our new online database, demonstrated at the Annual General Meeting in June and soon to be launched, will give all members a personalised login on the website with the ability to connect with other members easily and securely and give **Link** people greater access to members in their sphere of responsibility.

How can you get more involved?

Peter Saunders, CMF Chief Executive

London & South-East

'See! The winter is past...' A great consolation in March as some of us huddled round radiators and a log fire at Otford Manor, Kent, on a Saline Solution training weekend. This Spring I co-led Saline courses for medical students in Northern Ireland and health professionals in Harrow. Dundee beckons in October.

Setting up the **Links** scheme has been a continuing priority, with a healthy cohort of members now in place to serve as a nucleus for later growth.

A pair of evening meetings near Brighton – with a gorgeous down-land view – were an opportunity to share over supper some of the challenges of medicine today, report on our vibrant National Conference and learn about the current experience of colleagues in training. London local groups continue with varied formats – coming up soon a morning with lunch in Southall, evenings in Orpington and Rotherhithe and a local planning supper in Woodford.

Julian Churcher, CMF London and SE staffworker

Cumbria calling

Isolation and lack of fellowship are big challenges for Christian doctors in Cumbria, **Charlotte Hattersley** reports. Charlotte, who works as CMF Associate Staffworker with special responsibility for Junior Doctors and four days as a freelance GP, recently migrated from Hull to Grange-over-Sands, Cumbria. 'There is one local CMF group. The main concerns are supporting one another and making contact with junior doctors.'

Junior Doctors' committee retreat

Rescheduled for 19-21 July after arctic weather forced postponement in January. Venue: Sutton Court Farm in Shrops. An important opportunity to plan the Juniors' National Conference and Careers Day conference, and the Juniors' track for the 2014 CMF National Conference plus a strategic review of the action portfolios (Overseas, Graduates' Committee, Students, Publications, Prayer, Social Policy, Social Networks).

Pablo Fernandez, CMF Head of Graduate Ministries

Christian Nurses and Midwives

CMF National Conference was a hugely encouraging time for the nine nursing and midwifery students attending. They joined the CMF student leaders' track and came back energised and encouraged. We have made contact with new groups of qualified and student midwives and nurses in the southeast and are exploring how we can support and encourage them as they seek to create local networks for prayer and support.

'Inspired Leadership' in nursing is the theme of our next day conference at St Mark's Church, Gabalfa, Cardiff, 26 October. Open to qualified and student nurses and midwives. We are planning a series of meetings and events in September and October for new students arriving at the London nursing schools. This is a key time for



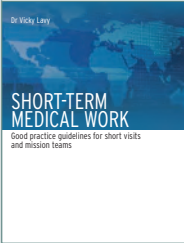
making new links and relationships, so please support the work in prayer. Continue to pray for the staff team, the CNM council and all those involved in supporting the nursing ministry.

CNM met on 6 July and elected a new Council (pictured with staff members)

Steve Fouch, CMF Head of Allied Professions Ministries

International

New resources



Vicky Lavy has published a new booklet offering guidance for those considering short-term medical visits. *Short-Term Medical Work: Good practice guidelines for short visits and mission teams* aims to help doctors think through the issues involved and avoid the pitfalls, as well as giving advice on good medical practice in low-income settings. The booklet can be purchased via the CMF website, price £2.00.

Preparing for Change is a brief document helping doctors navigate the transitions to and from abroad. It's accompanied by a list of resources and both are available on the website: cmf.li/12nbcUG and cmf.li/1ciiAGR.

International Facebook group

The CMF International Facebook group was created in November 2012 and currently has just over 280 members. Here is a great opportunity to make connections and build relationships among those considering working abroad and those already working abroad. It allows members to post questions about organising electives. Those working in resource-poor countries can seek advice on treatment for difficult cases. The growth of this group and the engagement of CMF members is a really encouraging example of the benefits of social media. To join the group go to on.fb.me/17A9YP8.

ICMDA World Congress

The 15th ICMDA World Congress is scheduled for 19-26 July 2014 in Rotterdam, Netherlands. The congress hopes to attract attendance from every ICMDA member country. Well worth attending but if not please consider contributing to the bursary fund to assist people from resource-poor countries to attend. More information at www.icmda2014.org

Vicky Lavy, CMF Head of International Ministries

MA in Bioethics and Medical Law

Apply now for the MA programme in Bioethics and Medical Law at St Mary's University College, Twickenham. Open to part-time or full-time students, onsite or by distance learning. The course, from which many CMF members have graduated over the past eight years, gives a thorough grounding in ethical theories applied to bioethical dilemmas from within a Judaeo-Christian and Hippocratic framework though exploring many other perspectives. Students complete five taught modules and a 15,000 word dissertation for the full MA over one to three years. Full details at bit.ly/19tkEzP

Change of location

Paul St John (London) to Zambia
Miss Irene West to North Africa
Roy Jones (Sheffield) from Chad

Obituaries

Greta Hague (q Cambridge 1943) Served first in China as the superintendent of the CMS Way of Life Hospital, Guilin, and later in Hong Kong and retained her interest in missions throughout her long life. CMF notified 26 February 2013.

Archie McIntyre CBE, FRCPE (q Edinburgh 1950) Worked in Sierra Leone for twelve years as a colonial medical officer. Principal Medical Officer for Communicable Diseases and Environmental Health at the Scottish Home and Health Department (SHHD). Died 5 May 2012. CMF notified 30 April 2013.

Dominic Beer (q Guy's 1984) died 19 April 2013. Consultant psychiatrist, founder-member of NAPICU, challenging behaviour expert, cricketer, author and a great servant of CMF. A full-page tribute is published in the Summer 2013 issue of *Triple Helix*.

Richard Sears (q Cambridge 1948). CMF informed 17 June 2013.

Janet Robertson (q Glasgow 1985). GP based in Moffat, Dumfriesshire. CMF informed 14 April 2013.

Regional CMF meetings

See www.cmf.org.uk/fellowship for information about local groups

Finance matters

There was an overall deficit for 2012 of £109,661. The comparative figure from 2011 was a surplus of £19,684. The result for 2012 was £41,000 better than we had budgeted reflecting income of £145,000 lower than budget and costs which were £186,000 below budget. The £165,000 donated to the Development Fund in 2012 deserves particular focus and thanksgiving. Overall this is a satisfactory result given the general economic situation, and provides a good platform for 2013. By the year end the total mortgage and other loans liability had reduced from £521,065 to £486,032.

New committee appointments

Peter Phillips continues as CMF Board Chairman for the second year of a three year term. Nick Land steps down as outgoing chair after four years of service. Howard Lyons continues as treasurer for another year. Andrew Tomkins passes the baton to Huw Morgan as chair of the International Committee and Jonathan Fisher takes over as chair of the International Study Group. We are still looking for a new chair of the Communications Committee.

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Dates for your diary

July

11 Dermatologist members' breakfast
 7.30 am, Room 4B at the ACC, Kings Dock, Liverpool Waterfront
 Speaker: Dr Frank Ashworth 'Is it ok to go out on a limb for the Lord?'

September

14 Junior Doctors' Careers Day
 Conference, London
 28 Saline Solution, Emmanuel
 Evangelical Church, Newport
 30-2 Retirees' Conference, King's Park,
 Oct Northampton

November

13 Livingstone 200 Thanksgiving
 Service
 4.30pm Glasgow Cathedral
 Hosted by: National Trust for
 Scotland and EMMS

For more details see www.cmf.org.uk

CMF News

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