

SC2020

31 January - 2 February

Yarnfield Park, Stone, Staffordshire

WEEKEND

INSPIRATION FROM  
THE BOOK OF PHILIPPIANS

# SHINING LIKE STARS

student conference



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# SHINING LIKE STARS

**W** We are constantly bombarded with images, media and products that encourage us to live our best lives now. Even Rhianna is telling us to 'shine bright like a diamond'. As Christians, how do we shine brightly for God? How do we conduct ourselves in a manner worthy of the gospel of Christ among our friends, family, classmates and colleagues? At this conference, Dr Peter Saunders will help us grapple with these big questions by taking us through the book of Philippians in the main Bible talks.

Philippians was written by the apostle Paul to the church in Philippi to encourage them to live Christ-centred lives in community with one another. Although written nearly 2000 years ago, it speaks volumes to the Christian medical, nursing and midwifery student of today.



**Peter Saunders** is Chief Executive of the International Christian Medical and Dental Association. ICMDA exists to see a Christian witness through doctors and dentists in every community. There are currently over 80 member countries (and counting) globally.

Prior to this, Peter trained as a general surgeon in New Zealand before spending 27 years working for CMF in the UK, initially as Student Secretary, then as CEO. He has written and spoken extensively on issues relating to faith and healthcare and has become a leading Christian voice in this area.

There will be a choice of 18 seminars covering a breadth of topics relating to the Christian faith and healthcare. We are expecting around 400 students from the UK and Ireland, as well as 20 students from further afield. There will be time during the weekend for prayer and reflection as well as to meet others from your region. There will also be plenty of good food, worship, and of course the ceilidh.

## COST

### NON-MEMBER

**£125** Early bird rate  
Booking made **UP UNTIL**  
13 December 2019

**£150** Standard rate  
Booking made **AFTER**  
14 December 2019

### CMF MEMBER (including £40 discount)\*

**£85** Early bird rate  
Booking made **UP UNTIL**  
13 December 2019

**£115** Standard rate  
Booking made **AFTER**  
14 December 2019

Closing date: Monday 13 January 2020

### PLEASE BOOK AS SOON AS POSSIBLE

The conference is usually sold out before the closing date.

## BOOKING

- **ONLINE (PREFERRED):**  
[cmf.org.uk/studentconference](http://cmf.org.uk/studentconference)
- **CALL:** 020 7234 9660
- **\*ENQUIRIES:** please contact CMF on:  
[students@cmf.org.uk](mailto:students@cmf.org.uk)  
or call: 020 7234 9660  
or write to: CMF, 6 Marshalsea Road,  
London SE1 1HL  
or online at: [cmf.org.uk](http://cmf.org.uk)

\*£40 discount is only available to CMF members who book online. Non-members will be expected to pay full price if booking online. \* If you are not a member of CMF you can join at [www.cmf.org.uk/join](http://www.cmf.org.uk/join). If you are not yet a member of CMF but join when you book, you can still take advantage of the member rate. In the event of cancellation, the conference fee will be returned minus the £10 booking fee. No refunds will be paid for cancellation less than one week before the conference except in exceptional circumstances.

## PROGRAMME

### FRIDAY 31 JANUARY

18.00	Registration opens
19.30	Dinner
20.30	<b>WELCOME, PRAISE AND INTRODUCTION</b>
22.00	<b>ICE BREAKER QUIZ</b>

### SATURDAY 1 FEBRUARY

07.00	Morning activities
07.00	Breakfast (served till 09.00)
09.15	<b>BIBLE ADDRESS 1:</b> <i>Peter Saunders</i>
10.45	Coffee
11.15	<b>SEMINAR 1</b>
12.45	Lunch
13.45	Free time
16.00	<b>BIBLE ADDRESS 2:</b> <i>Peter Saunders</i>
17.30	<b>REGIONAL SESSIONS</b>
18.45	Dinner
20.00	<b>SEMINAR 2</b>
21.30	<b>EVENING ACTIVITIES</b>

### SUNDAY 2 FEBRUARY

07.00	Morning activities
07.00	Breakfast (served till 09.00)
09.15	<b>SEMINAR 3</b>
11.00	Coffee
11.30	<b>SEMINAR 4</b>
13.00	Lunch
14.00	<b>BIBLE ADDRESS 3:</b> <i>Peter Saunders</i>
	<b>WORSHIP AND COMMUNION SERVICE</b>
16.00	Depart

## SEMINARS

You will need to choose your **first four preferences** and **two reserve choices** on the application form online [cmf.org.uk/students/events](http://cmf.org.uk/students/events)

1	<b>You can serve God globally without ever stepping onto a plane</b>	<b>SPEAKER</b>
<p>Is mission just about taking the gospel to remote areas of the world? No matter what your country of birth or your destination country and mission, you can serve God right now in your lecture theatres or on clinical placements and make an international impact. Come to this seminar and be encouraged as a global citizen.</p>		<p><b>Fi McLachlan</b> is Head of CMF Global and has worked in social care and healthcare management. She has a background in cross-cultural ministry in Asia and in Peckham.</p>
2	<b>Kingdom culture in the workplace</b>	<b>SPEAKERS</b>
<p>Have you ever made it through a day in the NHS without hearing staff gossiping, complaining, and criticising one another? Is that just to be expected in a high pressure organisation, or are we as Christian healthcare professionals called to be different? If we are, then how is it possible? We explore some counter cultural ideas about maintaining integrity and teamwork in the sometimes ferocious battle to guard our reputation (and our registration!).</p>		<p><b>Pippa Peppiatt</b> is CMF Head of Nursing. <b>Georgie Coster</b> is CMF Associate Head of Nursing. <b>Esther Chevassut</b> is a Nurse Associate Staff Worker at CMF. <b>Julie Smith</b> is a Nurse Associate Staff Worker.</p>
3	<b>The transgender agenda – on being male and female</b>	<b>SPEAKER</b>
<p>Perhaps the most hotly debated issue of our time. Are transgender people 'born that way'? How do we respond to a five-year-old girl who feels she is a boy? Should the church recognise 'transgender marriages'? Can doctors exercise conscience in their decisions? Should preferred gender status affect participation in society, eg. toilets, changing rooms...? We will examine a biblical response to these issues and how we can respond and engage as medical and nursing students.</p>		<p><b>John Greenall</b> is CMF National Field Director and a paediatrician in Bedfordshire.</p>
4	<b>When Christians disagree...</b>	<b>SPEAKER</b>
<p>The number of Christian denominations worldwide is believed to number in the thousands. We can easily begin to ask how so many different beliefs can possibly be held under one banner; how do we separate what is doctrine from what is preference? Or what is holy from what is heresy? And how can we possibly hope to unify as a body of Christ with such a broad group of believers? We aim to look at how we can learn to disagree well as Christians, with each other and the wider world.</p>		<p><b>James Howitt</b> is a former CMF Associate Staff Worker and medical SHO. He now runs strategy and operations at Skylark Church in Chelmsford.</p>
5	<b>Guidance and God's voice</b>	<b>SPEAKER</b>
<p>What do you do when faced with big (or small) decisions? Pray? Panic? Pray then panic? The great news is that we can know God's will for our lives, and part of it is that we can make decisions! Come to this seminar if you want to think about how we do that.</p>		<p><b>Matt Lillicrap</b> is a former medical (COTE) registrar and CMF staff worker. He now works as Assistant Pastor at Eden Baptist Church in Cambridge.</p>

6	<b>'Medicine, Micah (6:8) and me'</b>	<b>SPEAKER</b>
	<p>The righteous care about justice and 'care for orphans and widows in their distress'. But what is justice in the Bible, and how does it relate to mercy? Justice flows from the heart of our God, as he makes right and whole the objects of his holy love. How does this compare with secular views of social justice? How might this shape our care of groups such as prisoners, migrants, the homeless, sex workers, the mentally ill and children? Come and find out!</p>	<p><b>Alex Bunn</b> is a prison GP and former CMF Associate Head of Student Ministries.</p>
7	<b>Mini-Saline</b>	<b>SPEAKER</b>
	<p>Are you always seeing opportunities to speak for Jesus only after they have gone past? Wonder why you can't think what to say? Longing to be more switched on as a light for Jesus in lectures and on the wards? Come and see why people find the Saline course so helpful.</p>	<p><b>Stephanie Moss</b> is CMF Associate for Workplace Evangelism and a GP in Birmingham.</p>
8	<b>F1 survival</b>	<b>SPEAKERS</b>
	<p>The leap from final year to F1 is going to be tough. As we think about new colleagues, nights and on calls, there are ways to cope with all of this and there are people who can help. In and amongst this, how can we maintain our relationship with God and other Christians? How can we take the opportunities to share our faith? This seminar aims to help you prepare well for F1 by sharing biblical wisdom, experiences, top tips and reminding you that through it all, God is with you.</p>	<p><b>Leo Hacking</b> is an F3 doctor and CMF Deep:ER Fellow working with global Christian leaders.  <b>Megan Chown</b> is a care of the elderly specialty doctor at Hull Royal Infirmary. She is also involved with CMF students and juniors in Hull.</p>
9	<b>'I feel, therefore I am'</b>	<b>SPEAKER</b>
	<p>We are undergoing an 'affective revolution' in which our feelings define reality. This is driving much of the current debates around gender, but it also affects many other areas of our lives. What is the status of statements about our feelings in relationship to truth and reality outside of ourselves?</p>	<p><b>Jim Paul</b> is a former palliative care consultant and is Director of English L'Abri, a Christian community that provides space for people to explore their questions and doubts about the Christian faith.</p>
10	<b>Abortion - who cares?</b>	<b>SPEAKERS</b>
	<p>Responding professionally to the dilemma of an unplanned pregnancy continues to be a challenge for Christian medics and nurses. What do we think about abortion these days? When does life begin? When is a person a person? What might a constructive and compassionate Christian response to abortion and unplanned pregnancy look like? This seminar will equip you to think Christianly about these issues and to learn a biblical and practical response to crisis pregnancy.</p>	<p><b>John Wyatt</b> is CMF President, Emeritus Professor of Neonatology and a senior researcher at the Faraday Institute.  <b>Celia Wyatt</b> is a trained counsellor and has worked with a Crisis Pregnancy Centre for 20 years.</p>

11	<p><b>Running on empty: A biblical approach to self-care and resilience</b></p> <p>Self-care and resilience have become popular buzz words in the high stress world of healthcare but what does real self-care actually look like? Is it more than just a spa day or some scheduled 'me time'? And is it even biblical? We will look at how we can nourish mind, body and soul in a world that worships busyness and productivity and how this aligns with the biblical precepts of self-denial, humility and sacrificial love.</p>	<p><b>SPEAKER</b></p> <p><b>Ashley Stewart</b> is the new Associate Head of Student Ministries at CMF. After F2 she studied Theology and Counselling and now works part time as a counsellor alongside her role at CMF.</p>
12	<p><b>What's so special about the Christian view of disability and enablement?</b></p> <p>Jesus made a lot of time for people with disability. What does the gospel of Christ today bring to the care and enablement of people with disability? What's unique about the Christian view and does it matter? How can Christians best serve in rehabilitation and recovery even when things look hopeless? This interactive seminar will explore these issues through a biblical framework.</p>	<p><b>SPEAKER</b></p> <p><b>Steve Sturman</b> is Associate Head of Graduate Ministries at CMF and a consultant neurologist and honorary professor specialising in neurorehabilitation in Birmingham. He is involved in teaching and pastoral ministry in his local church.</p>
13	<p><b>Towards a theology of healthcare - how does modern medicine fit into God's kingdom?</b></p> <p>We are saved by grace through faith in Jesus Christ. So why go to so much effort to care for our earthly health? How are we different from those who say they don't believe in life after death? This seminar will explore the interaction between Christianity and medicine, how we then approach healing, mission and evangelism, health spending and even whether Christian health professionals are needed at all.</p>	<p><b>SPEAKER</b></p> <p><b>Laurence Crutchlow</b> is CMF Associate Head of Student Ministries and a GP in London.</p>
14	<p><b>Evolution, creation, intelligent design? And does it matter?'</b></p> <p>Can we reconcile the modern scientific account of human origins with the statements we find in the Bible? How might we address apparent contradictions? How are doctrines such as the fall, the atonement and the image of God affected by our answers? This seminar will outline the main, different approaches and look at some of the challenging issues that can arise for Christians keen to take both science and biblical revelation seriously.</p>	<p><b>SPEAKER</b></p> <p><b>Mark Pickering</b> is CMF Chief Executive and a prison GP.</p>
15	<p><b>Surviving as a Christian medical/healthcare student</b></p> <p>In the world of university and medicine, can we survive and thrive as students who follow Jesus? This seminar will consider the challenges and opportunities we face as Christians in our medical institutes and universities alongside stories and practical suggestions of ways we can equip ourselves and others to survive and thrive.</p>	<p><b>SPEAKER</b></p> <p><b>James Tomlinson</b> is a GP and medical school link based in Birmingham. He previously served as Regional Secretary for ICMDA in Europe and Eurasia.</p>

**16****Singleness**

Singleness, that unwanted gift that no one wants to unwrap. Even in the church, singles can feel lonely, longing and left behind. Jesus, the most fulfilled human of all time, was single. How then do we walk in and alongside singleness in a way that honours God and his word? How do we navigate being a Christian single in society? Come with your questions as we explore singleness through the lens of the Bible, offering hope, perspective and practical advice.

**SPEAKER**

**Rachel Owusu-Ankomah** is CMF Head of Students and a surgical doctor in London.

**17****End of life care**

Exploring issues and ethics at the end of life.

**SPEAKER**

**Idris Baker** is a consultant in Palliative Medicine, Lecturer and Clinical Director of Cancer Services in Swansea.

**18****Miracles? Really?**

Christianity stands or falls on the basis of the historical reality of miracles recounted in the Bible, and yet to secular friends these seem to be little more than make believe. How do we talk with secular friends about the extraordinary things God has done in the past? And how do we communicate God's ongoing activity in the world today to medics demanding evidence and reason?

**SPEAKER**

**David Randall** lives in east London with his family, where David is a registrar in renal medicine.

## VENUE

The full address is:

Yarnfield Park Training & Conference Centre

Yarnfield Lane

Stone

Staffordshire

ST15 0NL

01785 762605

The main conference centre forms the hub of Yarnfield Park with over 25 meeting and event spaces, high-speed internet access, a restaurant, Costa coffee and atrium.

## TRAVEL

Visit [yarnfieldpark.com](http://yarnfieldpark.com) for full travel details.

It is 15 minutes away from the M6 junction 14/15 with good rail links. The nearest airport is Birmingham. We will send travel details nearer the time. If a group is attending from your medical school, try to arrange joint transport. If reasonable transport costs are more than £40, CMF will provide a subsidy for costs above £40 on request and with production of receipts to a maximum payment of £35.

We are also organising a coach which will depart from CMF's Johnson House in central London to Yarnfield Park on Friday 31 January at 13.00, returning to Johnson House on 2 February. Tickets are £15 for a single journey and £30 for return. Places are limited and available on a first come, first served basis.

## BOOKSTORE

There will be plenty of relevant literature available at reduced prices with some not-to-be-repeated special offers. Cash and card payments accepted. Please come prepared to buy!

