

**Developing Health Course**  
**Restoring Humanity: Made in the  
Image of God**

**8-9, 12-13 July 2021 | Online**



## **DHC 2021**

The Developing Health Course is ideally suited to update, equip and inspire people who are committed to global health, whether you are preparing to go outside of the UK to work, returning for a short break and want to update your learning, or considering whether getting involved in global health work is for you.

The course materials cover strengthening healthcare systems, specific healthcare interventions as part of an integrated and multi-disciplinary setting, and learning to lead, learn and teach in such settings.

The course is taught by a broad range of highly experienced and skilled healthcare professionals who have all worked in global health and mission.

Our 2021 course will be in a different, non-residential format with online teaching across 4 half-days **8-9 July, 12-13 July (9am – 1pm BST)**, followed by a wider range of subjects in 8 sessions across the coming year (topics and dates to be determined). We encourage participation as part of this learning community throughout the year. However, the course is also open to people to join on a sessional basis.

Each day also includes optional lunchtime sessions.

<b>DHC Lunchtime Options 1-2pm</b>	
<i>Thursday 8 July</i>	Virtual Mission Fair – contact <a href="mailto:globalcoordinator@cmf.org.uk">globalcoordinator@cmf.org.uk</a> for a list of mission agencies and details of how to book a slot.
<i>Friday 9 July</i>	<ol style="list-style-type: none"> <li>1. Conversation room on Trauma led by Jes Bates</li> <li>2. Conversation room on Leadership led by Addy Sittler and Dave Moore</li> <li>3. Prayer with CMF Pastoral Partner</li> </ol>
<i>Monday 12 July</i>	<ol style="list-style-type: none"> <li>1. Launch of <i>Guiding Principles for Integrity in Global Health</i>;</li> <li>2. Conversation room on difficult clinical scenarios: an opportunity to share challenging diagnostic or therapeutic needs led by John Day</li> <li>3. Prayer with CMF Pastoral Partner</li> </ol>
<i>Tuesday 13 July</i>	<p>Closing Communion Service led by Viv Thomas</p> <p><i>Viv Thomas</i> is the founder of Formation (<a href="http://www.formation.org.uk">www.formation.org.uk</a>) an organisation focused on spiritual development. He is an Anglican minister and an ex Associate International Director of OM International. He has written several books including <i>Second Choice</i>, <i>The Spectacular Ordinary</i> and <i>Life and Wisdom Road</i>. He travels throughout the world teaching on leadership and spirituality.</p>

## AIMS OF THE JULY DAYS

1. To provide an interactive but virtual environment to promote learning regarding global health challenges
2. To provide a context, where along with other Christians, you can learn from experienced tutors in their specialist subjects
3. To consider how faith impacts on our clinical work in resource limited settings
4. To develop supportive relationships which can continue through the academic year and beyond

## BOOKING INFORMATION

Please click [here](#) for the booking link and instructions how to book. Pricing is detailed below:

	Full price	Concession (Students and Unwaged)
<b>DHC JULY EVENT</b>		
4 days + 8 modules	£100	£50
2 days	£60	£30
1 day	£30	£15
<b>DHC MODULES</b>		
For an individual module	£30	£15

## TECHNICAL INFORMATION

Each day will have its own individual Zoom ID and password which will be emailed to delegates beforehand. To ensure ease of access, please download the Zoom app onto your desktop before the event (you will not need a Zoom account to join).

It would be of great help to us if you join on a computer or tablet rather than a phone, and check that you enter under your full name. It would also be useful to have a phone/separate device available for using other interactive tools such as Sli.do.

We will send out a conference phone number along with the joining details, to call in case of any technical difficulties.

## BURSARIES

CMF is pleased to offer a small number of bursaries for nationals from resource-limited countries.

Application forms are available from the course administrator. Please email: [globalcoordinator@cmf.org.uk](mailto:globalcoordinator@cmf.org.uk)

## DAY 1: Thursday 8 July 2021

# Developing resilience in resource-limited health systems

09:00 – 09:15	Introduction: Welcome to the Developing Health Course 2021   Fi McLachlan
09:15 – 09:25	Devotion and Worship   Laji Varghese
09:25 – 10:30	<p><a href="#">Universal, equitable, people-centred and integrated health services for women and children</a>   Louise Day</p> <p><a href="#">Access to healthcare: person, family and community</a>   Ian Spillman</p> <p><i>Service Delivery</i></p> <p><a href="#">Networks – Management of small and nutritionally At-risk Infants under six months and their Mothers (MAMI)</a>   Marko Kerac</p> <p><a href="#">Facilities – Mother’s Waiting Home</a>   Ian and Hanna Spillman</p> <p><a href="#">Practitioners – Humanitarian</a>   Nikkon Das</p>
10:30 – 11:00	Breakout rooms – group discussion + bring your own tea/coffee!
11:15 – 11:30	BREAK
11:15 – 12:00	<p><i>Health Sector</i></p> <p><a href="#">Governance – Midwives</a>   Alison Dudgeon</p> <p><a href="#">Resources – Kangaroo Mother Care</a>   Louise Day and Beckie Rhodes</p> <p><a href="#">Women’s Health – a cultural perspective</a>   Judith Yargawa</p> <p><a href="#">Financing – Insurance Scheme</a>   Ian and Hanna Spillman</p>
12:00 – 12:30	Breakout rooms – group discussion + bring your own tea/coffee!
12:30 – 13:00	Discussion with panel of speakers

## Speakers

### Dr Nikkon Das

#### Dr Louise Day

Louise is a clinician-scientist combining experience as an obstetric-paediatrician with a focus on health information system research. She works at the London School of Hygiene and Tropical medicine in the Maternal Newborn Health Group. She is interested in the sustainable implementation of evidence-based practice across the continuum of care to improve clinical quality of care integrated with measurement in low middle income settings. She previously lived and worked in rural south Asia.

#### Alison Dudgeon

For last 35 years, Alison has worked as a nurse/midwife in a variety of settings. She is currently based in a rural provincial hospital in Laos working with a Christian NGO as a health advisor in a Health education and community development project.

### Dr Marko Kerac

### Dr Beckie Rhodes

#### Dr Ian Spillman

Dr Spillman is a Consultant Paediatrician and Medical Superintendent at Church of Uganda Kisiizi Hospital. He has previously been Royal College of Paediatrics and Child Health (RCPCH) Senior College Tutor and co-Editor of the RCPCH MasterCourse website. He is a volunteer with Church Mission Society and involved in the Uganda:UK Health Alliance and WHO Patient Safety learning laboratory. He is clinical lead for Stre@mline, an integrated comprehensive patient-centred IT system incorporating key patient safety features.

#### Dr Laji Varghese

Drs Laji and Sheila Varghese started with a God-given passion for the poor and a desire to provide much-needed medical care to needy communities. In 1979, the young couple decided to stay one year at the Lady Willingdon Hospital in Manali in North India, Laji with a special interest in surgery and Sheila in paediatrics. Five decades later, these doctors continue to impact the lives of those in Manali and around the world through the patients and staff who have come through the hospital and its three branch locations up to 200km away. Laji is currently the president of the Okti Foundation (<http://oktifoundation.in>) dedicated to helping hospitals in North India motivate and train young doctors to reach out to the poor with surgical assistance. After retirement from Lady Willingdon Hospital in 2012, Laji and Sheila were also actively involved in the Himalayan Friends Trust ([www.himalayanfriendstrust.org](http://www.himalayanfriendstrust.org)). In 2020 Laji was seriously ill in intensive care with COVID-19 but thankfully recovered and has resumed his ministry. He shares some of his great wisdom in the opening devotional talk of the CMF Developing Health Course 2021.

### Dr Judith Yargawa

## DAY 2: Friday 9 July 2021

# The global burden of trauma: Learning to lead in resource-limited settings

09:00 – 09:10	Welcome, introductions and housekeeping   Dave Moore
09:10 – 09:30	Devotion: Humility in leadership   Howard Lyons
09:30 – 10:45	The Global Burden of Trauma and setting up a trauma service (including case study discussion and Q&A)   Jes Bates
10:45 – 11:00	BREAK
11:00 – 12:00	Lessons from Emergency Medicine in Albania (including case study discussion and Q&A)   Chris Downing
12:00 – 12:05	BREAK
12:05 – 13:00	Learning to Lead: Interview and resources for further training (including discussion groups and Q&A)   Dave Moore & Adeline Sittler

## Speakers

### Dr Jes Bates

Jes works in Malawi as an orthopaedic specialist. Following a sense of God's call to work overseas during medical school in Bristol Jes completed basic surgical training in the UK. After 2 formative years as a trauma registrar in South Africa, and a year at ANCC, he moved to Malawi in 2002. His role has been to develop the orthopaedic service through the training of Malawian specialists, and the expansion of the capacity for surgical management of fractures and their sequelae. He and his wife Jane are supported as mission partners by 2 UK churches and a variety of friends and family.

### Dr Chris Downing

Chris trained in Emergency Medicine and worked as an ED Consultant in Brighton for three years before moving to Albania in 2013 to work for European Christian Mission alongside Albanian doctors in Emergency Care. He is currently working as a locum ED Consultant in Southampton.

**Howard Lyons**

Howard Lyons is a former Chair of the Medical Missionary Association (founded in 1880) which ran the Developing Health Course for many years before its merger with the Christian Medical Fellowship in 2004-5. Howard has worked in healthcare management around the world for over 40 years and is a Board member of ICMDA as well as CMF. He lives in Northwood just a short walk away from the London School of Theology, where the DHC is usually held.

**Dr David Moore**

Dave is a GP from Sheffield with an interest in education and mission experience in Papua New Guinea and DR Congo.

**Dr Adeline Sittler**

Adeline (Addy) Sittler is an Indian doctor who spent six years of childhood as a TCK in Papua New Guinea and then later served there for 17 years in Rumginae Rural Hospital with the Evangelical Church of PNG. She returned to India in 2015 and since then has been working in the Distance Education Department of Christian Medical College, Vellore where she heads a team responsible for health care courses for those without a health background. She is passionate about following Jesus' example of integrating teaching, preaching and healing in a wholistic ministry.

## DAY 3: Monday 12 July 2021

### Equity in holistic health care:

### Chronic illness and fragile communities

09:00 – 09:15	Devotion and Worship   John Day
09:15 – 09:45	Compassion: the vital paradigm in caring for our world  Professor Liz Grant
09:45 – 10:45	Inequity in chronic illness: renal disease and diabetes the rapidly rising cluster (including case studies and group work)  Mhoira Leng and Peace Bagasha
10:45 – 11:00	BREAK
11:00 – 12:00	Inequity in chronic illness: fragile settings and refugees (including case studies and group work)  Mhoira Leng and Vicky Opia
12:00 – 12:30	Narrative from Gaza   Led by Elizabeth Swain
12:30 – 13:00	Discussion with panel of speakers

## Speakers

### Dr Peace Bagasha

Peace Bagasha is a physician with dual specialist training in Nephrology and Palliative care. She completed her undergraduate and postgraduate studies in Uganda at Mbarara University for Science and Technology and Makerere University respectively. Following this, she completed nephrology training at McMaster University in Canada and she is currently undertaking a Ph.D at Makerere University in Collaboration with Cambridge University. An avid educator, she has participated in curriculum development in Rwanda, mentors and supervises postgraduate and undergraduate students and coordinates the Nephrology course unit in the Department of Internal Medicine at Makerere University College of Health Sciences. Her clinical practice is based in Kampala, Uganda where she heads the nephrology department at Kiruddu National Referral Hospital. She is very passionate about kidney health and has been involved in advocating for more treatment centres and more training opportunities for healthcare workers. Kidney disease is the 13th leading cause of death in Uganda. Most patients are diagnosed late with costly treatment options leading to increased household poverty.



### **Dr John Day**

John is a Consultant in Infectious Diseases & General Medicine at Southend Hospital and spent 5 years working in Zimbabwe and South Africa where he was developing HIV and TB services for a gold mining company. He has published on the impact of TB on HIV progression, TB screening algorithms in high HIV and TB prevalence settings and on HIV testing. He is an honorary senior lecturer at the London School of Hygiene & Tropical Medicine.

### **Professor Liz Grant**

Liz Grant is an Assistant Principal at the University of Edinburgh and Professor of Global Health and Development. Her research work is in planetary health, compassion as a value base of the Sustainable Development Goals, and palliative care in a changing climate. Liz is a Fellow of the Royal Society of Edinburgh and the Royal College of Physicians in Edinburgh. She sits on the Scottish Government NHS Global Citizenship Board and is on the executive of the World Federation of Academic Institutions for Global Health. Previously Liz was the Senior Health Advisor to the Scottish Government's International Development Team working primarily in Malawi. She has worked for the UK's national health service (NHS) in the Public Health Directorate in Lothian leading an NHS HIV partnership between the NHS and Zambia. She has been an advisor to a number of global health charities and serves as a trustee for CBM Scotland.

### **Dr Mhoira Leng**

Mhoira Leng is a Scottish specialist palliative care physician who is interested and experienced in palliative care health systems strengthening particularly in resource limited settings where health systems are under stress including complex humanitarian settings. She has worked for over 20 years in 4 continents including India, Africa and the Arab world to build capacity and tomorrow's leaders through developing integrated palliative care models, building evidence based practice and research capacity, demonstrating values based changes within curriculum delivery and mentorship. She graduated MBChB from Aberdeen University; MRCP and FRCP (Glas and Edin) UK. She currently is based in Makerere University Uganda and is Medical Director of Cairdeas International Palliative Care Trust ([www.cairdeas.org.uk](http://www.cairdeas.org.uk)), Senior Advisor at the Global Health Academy, University of Edinburgh, board member of the International Association for Hospice and Palliative Care, Indian Palliative Care Association Council Member and executive member of PallCHASE which seeks to develop palliative care within humanitarian settings.

### **Vicky Opia**

Vicky qualified as a nurse in 2008, working as the in-charge nursing officer in HIV/AIDS clinic of Adjumani General Hospital and in 2015 as a Palliative Care Nurse Specialist, responsible as district focal person for palliative care. Since then, she has gained experience in assessing and managing patients and families with palliative care needs, conducting research particularly in ascertaining the lived experience of south Sudanese refugees living with chronic illness needing palliative care in Adjumani District Uganda, grant partnership (cairdeas international UK, Palliative care Education and research consortium PeRC), leadership and conflict management, and advocacy both locally, nationally and internationally for inclusion of palliative care in humanitarian settings and in the district

strategic plan. Vicky has also spearheaded the psychosocial support department during COVID 19 pandemic in Adjumani District, and formed a stand-alone organization (Peace Hospice Adjumani) to increase access to palliative care services for both refugees and host communities of Madi-Sub region.

### **Elizabeth Swain**

Elizabeth is a retired GP in Scotland. She has had considerable overseas experience in several African countries and also in Eastern Europe. She visited Gaza in 2019 as part of a team lead by Mhoira and again in 2021... but virtually!

## DAY 4: Tuesday 13 July 2021

### Integrated Care Management

### Involving wider stakeholders and engaging with the community

09:00 – 09:15	Devotion and Worship   Sushma Cornelius
09:15 – 09:45	<a href="#">Integral Mission: does the gospel have the power to change lives?</a>   Sheryl Haw
09:45 – 10:45	<a href="#">The Greatest Benefit to Humankind: vaccinating communities (including group work and case studies)</a>   Sam Allen
10:45 – 11:00	BREAK
11:00 – 12:00	<a href="#">All in One Circle: integrating health care at community level</a>   Ted Lankester
12:00 – 12:30	<a href="#">Lived experience of community health and integrated care</a>   Sedevi Angami, Alison Dudgeon & Ted Lankester
12:30 – 13:00	Discussion with panel of speakers

## Speakers

### Dr Sam Allen

Sam Allen is a Consultant in Infectious Diseases and Vice Dean of the Faculty of Travel Medicine at the Royal College of Physicians & Surgeons of Glasgow. He has worked at mission stations in Ghana, Hong Kong and in the Congo. Sam has trained doctors to treat HIV/AIDS in Botswana and spent time working at the WHO Arbovirus Reference Centre in the Amazon returning in 2016 to help set up a support group for families affected by Zika virus. Sam is a member of the UK-Med Emergency Medical Team and ran the Ebola Treatment Centre in Sierra Leone. He is lead clinician for pandemic COVID-19 at University Hospital Crosshouse.

### Dr Sedevi Angami

Dr. Sedevi Angami is a Physician working at Dimapur, Nagaland, Northeast India. He heads the Christian Institute of Health Sciences and Research which is a partnership venture of the State of Nagaland, EHA and the Christian Medical College, Vellore. Their objective is to develop medical leadership, create a vibrant fellowship of Kingdom-oriented people and engage actively with the community around to impact health in the region. His earnest

desire is to see staff grow to the potential that God has created them to be. He also participates in his local church as an elder and works towards facilitating folks in contextualising the scripture to become a living reality in their lives.

### **Sushma Cornelius**

Sushma currently works as a trainer for the health trainings conducted by Christian Medical College, Vellore for community workers through the Uttarakhand CHGN cluster. She lives in Mussoorie, a hill station situated in North India. Before moving to Mussoorie, she lived and worked in Delhi. She worked with World Vision India for 26 years in various leadership capacities and was part of the senior management team of World Vision India. In 2017, she resigned from World Vision to join her husband, Lazarus, in Mussoorie where he pastors the Union church.

### **Alison Dudgeon**

For last 35 years, Alison has worked as a nurse/midwife in a variety of settings. She is currently based in a rural provincial hospital in Laos working with a Christian NGO as a health advisor in a Health education and community development project.

### **Sheryl Haw**

Sheryl has spent over 20 years working together with communities around the world addressing relief, development and justice concerns. Her career includes Nurse and midwife, Operations Director for Medair, Accountability Development Manager for HAP International, Lecturer at All Nations Christian College and for the last 10 years, International Director of Micah Global (representing a merger between Micah Network and Micah Challenge). She is currently working as a hospital chaplain in Carlisle and as an associate lecturer at All Nations Christian College. Sheryl was privileged to grow up in Zimbabwe surrounded by examples of amazing resilience that have inspired a persistent pursuit of justice for all.

### **Dr Ted Lankester**

Ted co-founded InterHealth Worldwide and then, as part of a team, Thrive Worldwide which specialises in the care of mission partners and aid workers. He is co-founder-director of Arukah Network for Global Community health. He has been on expeditions, and driven overland across Asia three times. He lived for 8 years in the Himalayas working in remote mountain communities, helping to pioneer new models of community based health care. He has written books and chapters on travel medicine and is the editor and lead-author of a textbook on community health published by Oxford University Press in 2019. He has been on the Leadership Council of the International Society of Travel Medicine, a trustee of Tearfund and was a founding fellow of the UK Faculty of Travel Medicine. He continues as a practising clinician.