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# THE HUMAN JOURNEY

THINKING BIBLICALLY ABOUT HEALTH

On 17 November, CMF launched **The Human Journey**, a new course that will help you to engage with health-related issues wisely, sensitively and with confidence.

Across eight sessions, we will apply God's timeless word to our ever-changing world, engaging with some of life's biggest questions:

- **Humanity:** What does it mean to be human?
- **Start of Life:** When does life begin?
- **Marriage & Sexuality:** What is marriage for?
- **Physical Health:** How should I live?
- **Mental Health:** Am I supposed to feel like this?
- **End of Life:** How should life end?
- **New Technologies:** Are we playing God?
- **Global Health:** Who is my neighbour?

Designed to be accessible to non-medics, this is a great way to get your church talking about health-related questions. It could also be used within the context of your CMF group, where you can engage in depth with the ethical and practical issues you face every day.


Get started with one of these great value packs:


- **A sample pack** contains all you need to assess the course and how best to use it: £14.99 (worth £20 if sold separately)
- **A starter pack**, contains everything you need to launch and run the course: £24.99 (worth £32 if sold separately)




Buy or find out more at

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