

counterparts

CMF - beyond what you see



Anna-Vanessa Nangonmbe is a medical student from the University of Namibia School of Medicine, Windhoek

In African cultures we take the Bible seriously when it says 'go out and multiply' – I come from a family of eleven children. They are based in the northern region of the country, but I stay in the capital city to attend medical school.

Studying medicine in Namibia is an exciting experience, there are so many rural hospitals that need doctors. The establishment of the Medical School in Namibia in 2010 allowed home grown doctors to study and work here. In Namibia we have a lot of exposure to different cases, and because there is a lack of health professionals the nurses give medical students an opportunity to perform tasks and gain experience in performing them. The bottom line is: you learn a lot in rural Namibia.

Attending the Sydenham Conference in London in February 2016 was a journey that forever changed my life. I learnt so much and brought back with me materials that we could use at CMF Namibia. We started *The Human Journey* and are still on the journey to completing it.

CMF Namibia

CMF Namibia is my second family. It is so important to surround yourself with people that help and encourage you to grow your faith as a Christian, especially in the medical field. After graduating, I am likely to work in a different town than my fellow brothers and sisters. Growing in Christ might not be so easy but, because of the exposure and encouragement from the Word of God and my fellow classmates, I am able to stand strong and be the light to others.

Even now as a medical student, we are called to show the love of Christ to others. At CMF Namibia, we reach out to children who have HIV, we visit children who are sick in the hospital, and most importantly we show love and encourage one another in the faith.



We are also a registered society on campus. We have nights of worship where we worship and praise the Lord on the campus lawn. We have picnics and will soon have a dedication ceremony for Martha and David, who brought CMF to Namibia and are now final year students.

In July 2016, Namibia held the annual ICMDA Conference for Southern Africa. It brought together medical doctors, students, nurses, dentists and other health professionals from South Africa, Botswana, Malawi, Mozambique, Zimbabwe, Zambia, Swaziland, and Lesotho. The good news is that God is working the in the health care systems of Africa, He is strengthening it and says 'I will even make a way in the wilderness and rivers in the desert' (Isaiah 43:19, KJV). ■