## editorial

ow do you eat an elephant? One mouthful at a time, as the old riddle says. How do you change your workplace? One interaction at a time might be the answer.

In this issue we look at what it means to be 'salt and light'. In Matthew 5:13-16, Jesus told his disciples that they are salt and light in the world. Salt is the source not only of flavour but of preservation, and light shows us the truth of what is around us. That is what Christians are meant to be – small beacons of truth, life and goodness wherever we live, work or study.

It sounds great. But in the workplace in particular, it is nowhere near as neat and easy as it sounds.

Jemima shares her story about facing disciplinary and competency procedures, and looks at how we treat each other. How can we be salt and light when a colleague faces a disciplinary? Let alone how we can be witnesses when we are the one facing the disciplinary?

Pippa relates the inspiring story of how one nurse helped light the spark that led to the Hebridean revival from 1949-1953, and Rob shares his experiences of living out his faith as an emergency nurse in a major trauma centre.

Wherever we work or study, we have an impact, even if we do not see it. We can take conscious steps and decisions day-to-day that makes us salty and shine light into situations. However, God is the one who is at work, and sometimes we are unaware of how he is working through us to have an impact. So don't be discouraged if you feel you have little impact where you work – it isn't down to you! We hope this issue gives you ideas and encouragement, but also turns you to prayer and reliance on God.

Steve & Pippa

## Steve Fouch, CMF Head of Nursing

Steve worked in community nursing in South London, before working for several years with a Christian HIV and AIDS home care team in the city.

## Pippa Peppiatt, CMF Nurses Student Staff Worker

Pippa trained as a nurse. She has planted a church for students with her husband, set up a charity for street kids in Uganda, and has been a Friends International Student Worker.