# news reviews

## No smoke without a fire? Controversy over flavoured vapes

Review by **Oluwatosin Oyeniyi** CMF Editorial Assistant

uul, the'iPhone of e-cigarettes' maintains that its flavoured 'vapes' are safe to use in the UK, despite concerns over a'mysterious lung illness' that has led to over 20 deaths and more than a thousand medical cases in the US. <sup>2</sup>

Seen as an alternative to cigarettes, Juul insists its target market is smokers trying to quit, but this has not stopped accusations that it has been targeting young people with its fruity flavoured vapes.<sup>3</sup> (The proportion of young people who have not smoked, but vaped has increased in the UK.)<sup>4</sup>

Juul was worth more than \$38 billion dollars at the start of the year, <sup>5</sup> with 'to juul' a verb in high schools across America, where vaping has reached epidemic proportions. <sup>6</sup> Efforts have begun to curb the company's influence on teenagers.

A ban on flavoured e-cigarettes has been announced in the USA<sup>7</sup> and India<sup>8</sup> with both Scotland<sup>9</sup> and Ireland <sup>10</sup> drawing up their own measures.

Juul, using its own research conducted by the Centre for Substance Use Research in Glasgow, found that non-tobacco flavours helped smokers move away from cigarettes by 30%. <sup>11</sup> While *their* evidence may suggest that vaping helps long-term smokers break the habit, the question of whether vaping is safe is another matter. <sup>12</sup>

Public Health England has insisted that vaping is 95% safer than smoking and that the 'mysterious lung illness' is largely linked to the vaping of cannabis substances. <sup>13</sup> But only time will tell the effect that vaping has on its users, and whether this vaping controversy evaporates into thin air. <sup>14</sup>

#### references

- Bhattacharya S. Why teenagers are addicted to their Juuls

   the iPhone of e-cigarettes. The Times 22 September 2018.
   bit.Jy/2Ho20Pr [Accessed 11 October 2019]
- Reuters, Rahhal N. Vaping death toll rises to 28. Panic over e-cigarette use across the US continues as cases of mysterious lung illnesses linked to the habit hit 1,300. Mail Online 10 October 2019. dailym.ai/33KFIjx [Accessed 16 October 2019]
- Bennett R. Heads warn parents to look out for signs of vaping among 11-year-olds. The Times 9 September 2019. bit Jy/20K30q3 [Accessed 11 October 2019]

- McNeill A, Brose SL, Calder R et al. Vaping in England: an evidence update February 2019. Public Health England. Pg52. bit.ly/20SV400 [Accessed 11 October 2019]
- Sherman N. Juul: The rise of a \$38 bn e-cigarette phenomenon. BBC News 6 January 2019. bbc.in/31ikg3n [Accessed 14 October 2019]
- Asthana A. What is the truth about vaping? [podcast] Today in Focus 14 October 2019. bit.ly/35CvROu [Accessed 14 October].
- Jackson D. Trump moves to ban flavoured vaping products to discourage young people from e-cigarettes. USA Today 12 September 2019. bit.ly/2pmYAWK [Accessed 16 October 2019]
- India e-cigarettes: Ban announced to prevent youth 'epidemic'. BBC News 18 September 2019. bbc.in/2IVHyxc [Accessed 14 October 2019]
- Yeomans E. Ministers plan attack on vaping ads to deter children. The Times 9 September 2019. bit.ly/2mD161R [Accessed 14 October 2019]
- Moore A. Simon Harris to ban cigarette machines and under 18 vaping. The Times 17 September 2019. bit.ly/2MyRoyw [Accessed 14 October 2019]
- Fortson D. Juul defends flavoured vaping with research the company helped pay for. The Times 15 September 2019. bit.ly/2VCK8Ge [Accessed 14 October 2019]
- Bosman J. He tried e-cigarettes to quit smoking. Doctors say vaping led to his death. New York Times 14 October 2019. nyti.ms/2MFnnNO [Accessed 14 October 2019]
- Doward J and McKie R. British vapers are safe, claim health experts after deaths in US. The Observer 7 September 2019. bit.ly/2kpBVHI [Accessed 14 October 2019]
- Doward J, Fraser T. UK attacked for defence of flavoured e-cigarettes. *The Observer* 14 September 2019. bit.ly/2kNXSQh [Accessed 16 October 2019]

### Abortion in Northern Ireland

Devolving the problem?

fter a breakdown in the power-sharing agreement at Stormont in January 2017, Westminster has been caretaking ever since, and has been in power ever since. In July 2019, MPs at Westminster passed the Northern Ireland (Executive Formation and Exercise of Functions) Bill, designed 'to keep public services running and delay another assembly election'. 1 However, amendments liberalising Northern Ireland's homosexual marriage and abortion laws were also tacked on to the Bill, which was to come into effect on 21 October 2019 if a Stormont Executive had not been reinstated.

Despite the valiant efforts of Christians and other pro-life campaigners, a last-minute attempt to restore the Northern Ireland Assembly broke down, and the Bill was enacted.

The section of the Bill affecting abortion repeals Sections 58 and 59 of the Offences Against the Person Act 1861 and thus decriminalises abortion, at least up to the point of viability (currently set at 28 weeks). <sup>2</sup> This makes it one of the most liberal abortion laws in Europe.

Worse still, new regulations will not be put in place until 31 March 2020, meaning that 'there will be no limitations on where abortions can take place, no requirements for abortion providers to be inspected and no notification requirements for at least the next five months.' During this period, women requesting abortions will be directed to travel to England for the procedure. All costs, including travel and any necessary accommodation will be covered. 4

The government's guidance for the interim period states that'consideration is being given to providing for conscientious objection in the new legal framework from the end of March 2020.' What of conscientious objection between now and then? The guidelines simply state that in the interim period, 'anyone who has a conscientious objection to abortion may want to raise this with their employer.' This means there is currently 'no explicit legal protection for

medical professionals who conscientiously

Review by **Jennie Pollock** CMF Associate Head of Public Policy

In other words, on 21 October a doctor could have been prosecuted for terminating the life of a healthy, unborn baby; today he or she could face GMC referral for refusing to.

CMF is continuing to watch developments closely. Our support is with our members in Northern Ireland as they navigate this brave new world.

#### references

object to abortion'.6

- McCormack J. Northern Ireland bill what happens next? BBC News 15 July 2019. bbc.in/2BUcrGU [Accessed 29 October 2019]
- Criminal Justice Act (Northern Ireland) 1945. bit.ly/2qRn7nv [Accessed 29 October 2019]
- Marsden N. What hope is there now for women and babies in Northern Ireland? CARE. bit.Jy/2q4Puy1 [Accessed 29 October 2019]
- UK Government Guidance for Healthcare Professionals In Northern Ireland on Abortion Law and Terminations of Pregnancy in the period 22 October 2019 to 31 March 2020 in relation to the Northern Ireland Act 2019. Northern Ireland Office. October 2019:5 bit.ly/2BTfklc [Accessed 29 October 2019]
- 5. Ibid:6
- 6. Fearfully and wonderfully made. CARE. fearfullyandwonderfullymade.org.uk [Accessed 29 October 2019]