

McArthur 'Assisted Dying' Bill announced

full story at cmf.li/3TTvhGO



Dr Gillian Wright was a palliative medicine registrar in Wessex and Glasgow. She is now a senior researcher in medical ethics for the Scottish Council on Human Bioethics. She also works for Care not Killing as the Director of the 'Our Duty of Care' campaign.

On 29 March 2024, Liam McArthur, MSP, announced his 'Assisted Dying for Terminally Ill Adults (Scotland) Bill' to the Scottish Parliament.¹ If passed, it legalises within the Scottish NHS doctor-assisted suicide for those with an advanced illness. This would mean that a 'terminally ill' patient of 16 years and above, with mental capacity, registered with a Scottish GP, and resident in Scotland for one year, will be eligible.²

Terminal illness is defined remarkably broadly as:

'An advanced and progressive disease, illness or condition from which they are unable to recover and that can reasonably be expected to cause their premature death.'

This will likely include advanced heart, respiratory, liver, and renal disease, progressive neurological conditions, and advanced cancer. There is no time limit (such as six months) nor any stipulation that there should be the presence of physical or psychological suffering. Two NHS doctors will be involved in the assessment and advisory process, but the patient will self-administer the medication.

There will be a two-week reflection process to allow the patient to change their mind. But we know this is not long enough to get a psychology assessment on the NHS nor even

to assess response to an antidepressant. This reflection period can even be reduced to 48 hours if thought necessary.

The Bill also requires that death certificates list the underlying illness as the cause of death rather than the ingestion of a lethal substance.

The Association of Palliative Medicine conducted an opinion poll of its members in Scotland in 2022 and found that 95 per cent would not prescribe these lethal drugs, even if patients asked for them.³ Forty per cent would leave their jobs if it was introduced in their clinical setting. They know that patients may not have a real choice if they don't get access to the right care.

Previous Bills were defeated in the Scottish Parliament in 2010 and 2015, but many are considering this Bill much more likely to pass, with many MSPs already stating their support for it. However, there was a mixed response in the press at the launch, with the Bill coming under much more criticism than might have been expected. Some commentators, such as Euan McColm in the Scotsman, expressed concern for those who might feel a pressure to die and the unintended consequences on those who are most vulnerable – ie those with mild learning disabilities and autism, those who are homeless, or those with early dementia.⁴

The next step is the appointment of a Committee to review the Bill. This will take written and oral evidence before a vote in the Chamber. If the Bill passes at this first stage, it proceeds to a second stage where it will be reviewed clause by clause and amendments will be taken. A second vote will be held at that stage – if in favour, the Bill will become law.

If you live in Scotland, write to your MSP and MP to express your concerns. Many are still undecided. North or south of the border, please join Our Duty of Care (ODOC)⁵ to oppose the Bill with other concerned health professionals. Please email info@ourdutyofcare.org.uk for further information.

Your voice matters – we all need the right care at the right time in the right place, not medicalised killing. ●

references (accessed 13/05/2024)

1. Brooks L. Bill tabled in Scotland could legalise assisted dying for terminally ill adults. *The Guardian* 28 March 2024. bit.ly/4ajjxZ
2. Key Features of the Assisted Dying for Terminally Ill Adults (Scotland) Bill. *Scottish Partnership for Palliative Care*. 29 March 2024. bit.ly/3QJDI61
3. APM Members Survey Reports: Proposed Assisted Dying for Terminally Ill Adults (Scotland) Bill – Potential Impact on Palliative Care Services. *Association of Palliative Medicine*. 2022. bit.ly/4ahrvMD
4. McColm E. Spectre of coercion and pressure on doctors has eroded my support for assisted dying. *The Scotsman*. 31 March 2024. bit.ly/4b6xWDv
5. ourdutyofcare.org.uk

for transplantation. These patients are often very young and have organs that may consequently last for decades. One study in the Netherlands shows that between 2012 and 2022, whilst psychiatric cases only constituted two per cent of all patients given euthanasia, they accounted for 29 per cent of all organ donors following euthanasia.⁵

Public trust is crucial to maintaining deceased and living donations. Those wanting to take things a step further than ODfE by promoting euthanasia by the removal of vital organs (ERVO) show themselves all too aware of this when they state:

*'Regardless of a possible change in the law, it is crucial to avoid that the general public is given the impression that there is a "hunt" for organs, to take vital organs from a living patient.'*⁶

ERVO is the next logical step in the relentless progress of what a medical colleague calls 'organ greed'. Euthanasia by removing the heart from unconscious anaesthetised but living patients would maximise the use of organs. While ERVO would undoubtedly violate the dead-donor rule, calls to scrap that rule have existed for

references (accessed 13/05/2024)

1. Stammers T. 'A Last Act of Grace'? Organ Donation and Euthanasia in Belgium, from Jones D, Gastmans C, MacKellar C (eds). *Part II - Euthanasia and End-of-Life Care*. Cambridge: Cambridge University Press (online). 21 September 2017
2. Silva e Silva V, et al. Organ donation following medical assistance in dying, Part I: a scoping review of legal and ethical aspects. *JBI Evidence Synthesis*. Feb 2024;22:2:157-194. DOI:10.1124/JBIES-22-00143
3. Mulder J, et al. Practice and challenges for organ donation after medical assistance in dying: A scoping review including the results of the first international roundtable in 2021. *Am J Transplant*. 2022;22:2759-2780. DOI:10.1111/ajt.17198
4. Wiebe K, et al. Deceased organ and tissue donation after medical

at least a decade.⁷ Though the utilitarian cases for ODfE and even ERVO are overwhelming, from a biblical perspective, we should not 'do evil that good may result'. (Romans 3:8) Euthanasia and assisted suicide are both unjustified evils,⁸ even if others may live longer as a result of receiving the organs of those whose lives have been so ended. ●

- assistance in dying: 2023 updated guidance for policy. *CMAJ*, Jun 2023;195:25:E870-E878. DOI:10.1503/cmaj.230108
5. van Dijk N, et al. Organ Donation After Euthanasia in Patients Suffering From Psychiatric Disorders: 10-Years of Preliminary Experiences in the Netherlands. *Transplant International*. 2023 9 Feb;36:10934. DOI:10.3389/ft.2023.10934
6. Bollen J, et al. Euthanasia through living organ donation: Ethical, legal, and medical challenges. *The Journal of Heart and Lung Transplantation* 2018 16 Jul;10:1016. DOI:10.1016/j.healun.2018.07.014
7. Rodriguez-Arias D, et al. Donation After Circulatory Death: Burying the Dead Donor Rule. *The American Journal of Bioethics*, 11;8:36-43. DOI:10.1080/15265161.2011.583319
8. Thomas R. assisted suicide. *CMF file*. 56; 2015. cmf.li/2QMfjXz