

CMF SENIOR CLINICIANS' ONLINE GATHERING 2021  
THURSDAY 7<sup>TH</sup> OCTOBER

## Flourishing in Christ in later life – staying fresh, staying green; and bearing fruit



The psalmist sings (Psalm 92:12-15) of the righteous planted in the house of the Lord, and flourishing in the courts of our God, still bearing fruit in old age, ever full of sap and green; and declaring that the Lord is our Rock.

As a senior clinician who is retired, approaching retirement or thinking of changing your current role, how can you navigate this phase of life so you can be fruitful in Christ?

Join us for an online morning session of fellowship to share God's word and practical wisdom with others so we do not just survive, but flourish in Christ as our Rock.

Each Session will include material for reflection and review, including interviews and testimonies followed by opportunity for live discussion with other delegates. There will be short breaks between each session.

There is no charge for this Conference but donations to support the costs of CMF Activities of this sort would be welcome. Donations can be made via the following link:

We trust this event will encourage you to ***Prepare, Adjust and Journey.....***

### Programme

0945 Session Opens

**1000-1005: Welcome**  
**Felicia Wong, Head of Doctors Ministries, CMF.**

### **1005 -1045 – Session 1: “Prepare”**

**1005-1025 Opening Address: “Preparing – Being Grounded in Christ”**  
**Hugh Thomson, Retired GI Surgeon, Pastor, City Church Birmingham**

What is the Biblical basis for preparing for change in later life? How should we prepare for changes in role and family relationships? How do we fit into church and how should we prepare for any work God might have for us?

**1025 – 1035: Rewind and Review**

Interviews, narratives and testimony from those who are, or have been, navigating the business of preparing.

**1035-1045: Breakout Discussion**

What examples have you seen of preparation that really were effective?  
What examples of future planning have you seen that were not so good?  
How do these measure against God's word?

**1045-1100 – Break Time****11-11.45am: Session 2: "Adjust"****1100-1120 Address: "Handling Transitions Biblically",  
Christine Scott, Retired GP.**

Things change. In later life identity, finance, health and loss all assume greater proportions. What does God's word teach us about handling transitions?

**1120 -1130: Rewind and Review**

Interviews, narratives and testimony from those who are, or have been, handling life transitions.

**1130-1145: Breakout Discussion**

What transitions are you navigating? How does faith in Christ and God's word impact our experience of change?

**1145-1155: Break****1155-1245: Session 3: "Journey"****1155-1215: Address: "Things you learn in the Lord Through Retirement"  
Alasdair Fyfe, Retired Paediatric Surgeon.**

What are the new things that God gives us in later life? How do we develop and grow in these areas. How can we make the best of the time we have?

**1215 -1225: Rewind and Review**

Interviews, narratives and testimony from those who are journeying on.

**1225- 1235: Breakout Discussion**

What things have you learnt during the retirement process so far?  
How has faith and trust in Christ affected the journey?

**1235: Next Steps CMF and Seniors – Equipping You across the Lifespan****1245: Close and Prayer.**