



# CMF NATIONAL DAY OF PRAYER FOR THE HEALTH SERVICE: LOCAL PRAYER GATHERINGS

We invite Christians in healthcare and others to join a focussed day of prayer for the health service on **Tuesday, 19 March 2024**. This resource is for those planning a connected prayer event either on the day itself, or close to the day of prayer.

A national prayer gathering on **Zoom is planned for 8 -9 pm on 19 March**. Register below:

## [Zoom registration](#)

### Focus

As we pray together, we want the heart of each gathering to be prayer and connection - with God and with one another. Isaiah 40:28-31 is the focus passage for the day. It is our prayer that as we place our hope in the Lord, you will find your strength renewed for *'He gives strength to the weary and increases the power of the weak'* (Isaiah 40:29).

### Format

When planning a prayer gathering, consider who you are hoping will come and how this might shape the format of the meeting. Prayer gatherings can vary from the informal (two to three people meeting for coffee and prayer) to more formal gatherings either in person or on Zoom.

### Gathering Outline

- Welcome and introduction
- Devotional thought/ focus on Isaiah 40:28-31
- Prayer for the health service (including local issues and needs)
- Time to share individual prayer needs and pray for one another

You may also want to allow time for worship together or provide simple refreshments to help people to fellowship together. Suggestions of areas to pray for can be found on our [prayer resources page](#). If you have the ability to use media - a short video to introduce CMF is on our [YouTube channel](#).

### Areas to Consider

- **Where and when would be easiest for people to gather?** Perhaps you use Zoom/MS Teams or meet in person (in the hospital chapel or a local café)
- **Will gathering at the start/ end of the day** work best? Could your gathering link in with the **national prayer zoom**?
- **How long will you meet for?** For Zoom meetings - 40 minutes, for in person - 60 to 90 minutes
- **How will you make your prayer event known?** Is there an existing group/workplace network? Is there a CMF Catalyst Team in your area that can get the word out?
- **How will you make people who are new to you, or new to CMF feel welcome?** How can they connect with you in future?
- **Be sensitive** to the needs of those who come and encourage respectful listening and prayer. Is there anyone you may need to pause with or follow-up with outside of the prayer gathering?
- **Are there resources you want to highlight during your meeting?** Perhaps the [CMF website](#), becoming a [member](#) or [friend](#) of CMF, and [CMFs pastoral care and wellbeing team](#)?

Email [volunteer@cmf.org.uk](mailto:volunteer@cmf.org.uk) if you are planning a prayer gathering or would like further support.