



CMF  
SC24

2-4/02/24

# COURAGE IN THE CHAOS

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student conference 2024 : [cmf.li/SC2024](https://cmf.li/SC2024)





## Student Conference

2-4 February 2024

Uni, placement, exams, family, friends, church, life! With pressures from left, right and centre, and increasing hostility to our Christian faith, we as Christian medical, nursing and midwifery students can feel caught up in a chaotic world. So, what does it take for us to courageously live for Christ in the classroom, clinic and beyond?

Like us, Daniel knew what it was like to live in a world where he faced opposition. What he believed and how he chose to live his life was different from the status quo. Yet in Babylon, the superpower of its day, he held on to the truth of who God is and faithfully served him.

Join us for CMF Student conference 2024, where Dr Amy Orr-Ewing will help us draw lessons from Daniel's life and encourage and equip us to courageously live and speak for Jesus amidst the chaos of life!

### GUEST SPEAKER



#### Amy Orr-Ewing

Dr Amy Orr-Ewing is an international author, speaker and theologian who addresses the deep questions of our day with meaningful answers found in the Christian Faith. She is the author of multiple books including 'Where is God in All the Suffering?' and bestselling, 'Why Trust the Bible?'

Amy is interested in the intersection of questions of meaning and faith with the marketplace, education and policymaking. Amy holds a doctorate in Theology from the University of Oxford. She enjoys broadcasting in the media and giving public lectures. Over the last twenty years, Amy has given talks and answered questions on university campuses around the world. She has also addressed UK Parliamentarians, and in the US staffers on Capitol Hill, and at the West Wing of The White House. She speaks in banks, businesses, and consultancy firms as well as churches and conferences.

Amy is also the co-founder of REBOOT, an innovative youth initiative aimed at helping teenagers think deeply about faith, which now runs in countries all over the world. Amy lives in Oxford with her husband 'Frog'. They have three boys, JJ, Zach and Benji.

## PROGRAMME

### FRIDAY 2 FEBRUARY

- 18:00 Registration opens
- 19:30 Dinner
- 20:30 Introductory session
- 21:30 Icebreaker(optional) / staff meeting

### SATURDAY 3 FEBRUARY

- 09:00 **Main Session 1**  
*Including CMF National - finding out more about what CMF is doing across the UK, Ireland and the globe*
- 10:30 Coffee
- 11:15 **Seminar 1**
- 12:30 Lunch
- 13:45 Free time
- 16:00 **Main session 2**
- 17:15 **Seminar 2**
- 18:30 Dinner
- 19:45 **Seminar 3**
- 21:00 Evening activities

### SUNDAY 4 FEBRUARY

- 0930 **Main session 3**
- 1030 Coffee
- 1115 **Seminar 4**
- 1245 Lunch
- 1400 Celebration / praise
- 1500 Conference ends

## GENERAL INFORMATION

### VENUE

Yarnfield Park Training & Conference Centre  
Stone, Staffordshire  
ST15 0NL  
T: +44 (0) 1785 762605  
E: [yarnfieldpark.enquiries@thevenuescollection.co.uk](mailto:yarnfieldpark.enquiries@thevenuescollection.co.uk)

### TRAVEL

Yarnfield Park is close to the M6 motorway and A50, and has free - although limited - onsite parking. There is also good transport links such as Stafford train station.

Please see [yarnfieldpark.com](http://yarnfieldpark.com) for full details.

### BOOKSTALL

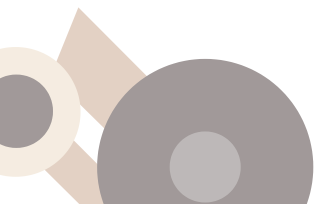
A bookstall is available and there will be plenty of relevant literature available for you to purchase. Cash and credit cards accepted.

### CANCELLATIONS

If you cancel your booking, your payment will be returned with the deduction of a £20 administration fee per person.

No refunds will be paid for cancellation after **Friday 19 January 2024.**

For more details or enquiries, contact:  
Roxann Dixon  
Events Coordinator  
Tel: 020 7234 9670  
Email: [events@cmf.org.uk](mailto:events@cmf.org.uk)



1

### Mental Health Within a Biblical Worldview

More than one in four of us will have a significant episode of psychiatric illness at some time in our lives. The World Health Organisation now says that depression is the largest single cause of ill health across the world.

As Christian Health professionals we have a special responsibility to people with mental health problems, who are often stigmatised or marginalised, and to help our churches minister to them.

The seminar will seek to answer:

- How do we make sense of secular models of mental illness from a Christian perspective?
- What is the role of sin in mental illness?
- Any other questions you bring along!

### Seminar leader

**Nick Land** is a psychiatrist, a retired medical director of a mental health trust, an Anglican Lay Preacher and a previous chair of Christian Medical Fellowship.

2

### Dreams, ambitions, and the kingdom of God

What does it look like to align our dreams and ambitions with the priorities of God's kingdom? How should we measure success, failure, achievements, and impact in the light of eternity?

This seminar will explore the profound freedom and purpose that comes from aiming our ambitions at what matters most.

### Seminar leader

**Seth Lewis** is a Christian worker on the south coast of Ireland and the author of *Dream small: The secret power of the ordinary Christian life*.

3

## Developing a global outlook

Come and learn about God's heart for the world and how we can be involved in His mission, through praying, welcoming the nations among us, sending others and going ourselves.

We will also be hearing from a student about their journey in learning about global health and mission.

## Seminar leaders

**Dave Moore** Associate Head of Global, Christian Medical Fellowship, and a GP working in Urgent Care in Sheffield. Dave has served in medical mission in Papua New Guinea and the Democratic Republic of Congo in a variety of contexts including a rural GP clinic, church hospitals and a community health worker training facility. He now works with the team at CMF in equipping Christian health workers to serve globally, wherever they are.

**Julie-Ann Amartei** is a final year Leicester medical student and current Global Track and CMF Global Committee member. Julie-Ann's first experience of global mission was with her church where she went on a short-term vision trip to India. Since then, her desire to serve God through mission has taken her to South Africa, Egypt, Uganda, and Rwanda with different organisations. Once qualified, Julie-Ann aims to serve long-term in medical mission.

4

## Do you dare to live and speak for Jesus?

This seminar is like having a mini-Magnum if you do not have time to eat a full size one, it gives you a taste of the renowned six hour Saline course which has so far enabled more than 1000 healthcare workers in the UK to be equipped to speak boldly for Jesus in their workplaces. It's really practical, peppered with real life stories and we guarantee you won't feel guilty; just excited.

This is for ordinary, unsure Christians, not super-evangelists.

Sorry- we are not giving out free ice creams!

## Seminar leaders

**Chris Borges Da Silva** is Associate head of Student Ministries and a GP trainee in Bedfordshire.

**Mateus Ferreira** is a second year medical Student at Leeds University and a Saline Trainer with CMF

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### **Maintaining Trust and Confidentiality as a Christian in healthcare**

This seminar will explore ways to manage expectations and obligations around maintaining trust and confidentiality as a healthcare worker, both professionally and within social and church settings.

What are some of the challenges we may face?  
When might boundaries become blurred and when should we seek support?

How can we be trustworthy and loving in our approach and care for ourselves in such situations?

### **Seminar leader**

**Abi Crutchlow** is a Consultant psychiatrist working in Surrey in perinatal mental health.

6

### **Surviving and Thriving in the foundation years**

As a senior medical student you have successfully navigated medical school finals and 5/6 years of hard studying, yet despite this you are never fully prepared for the transition into working as a foundation trainee. It is a time of major changes in your working, social, personal and spiritual life.

This seminar aims to help senior medical students to ask questions about and discuss the joys and challenges of working as a foundation year doctor for the first time through a Christian focused lens.

We hope to strengthen and equip our upcoming foundation trainees to be confident FY1/2s who can live and speak for Jesus Christ.

### **Seminar leader**

**Lucy Reville** is a FY2 doctor working in the western trust of Northern Ireland. Having moved from Scotland to Northern Ireland to start foundation training she has experience in navigating the major changes that come with starting to work for the first time in medicine. She is also a member of the CMF junior doctors committee in the role of students and foundation year link.

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## Speaking for Christ in the Culture Wars

The last decade has seen identity politics transform the western world. Movements such as #MeToo, Black Lives Matter, Pride and the transgender movement have told the captivating narrative of oppressed identity groups who are rising up to fight their societal oppressors.

However, in this grand narrative, Christians have found themselves labelled as the oppressors who need to be overthrown.

In this seminar, we will be looking at how we can speak for Christ in this challenging world of identity politics, in ways that are faithful to the Bible, loving to our neighbours, and credible to a hostile world.

## Seminar leader

**Ben Chang** is a writer, speaker and A&E registrar working in London. He is the author of the new book *Christ and the culture wars*- speaking for Jesus in a world of identity politics, and speaks regularly at conferences, churches and universities.

8

## Hope in a failing NHS

Bed-block, waiting-times, strikes...the system seems broken. Is there any hope for patients and staff in the NHS? The Bible's answer is yes, in Jesus! So how do we share that hope with the hopeless?

## Seminar leader

**Giles Cattermole** is a part-time consultant in emergency medicine in Orpington, and works part-time for Christ Church Bromley. He previously worked for CMF and UCCF.

9

## When doubts arise

We all have doubts. They can be intellectual doubts about the truth of Christianity or more personal doubts about the goodness of God and whether he really cares for us. In this seminar we will explore how we can respond in helpful ways when doubts arise.

## Seminar leader

For the past twenty years, **James Paul** has worked at the English branch of L'Abri Fellowship, an apologetics ministry based in Hampshire ([www.labri.org](http://www.labri.org)). Before that he was a doctor in palliative care and a student staff worker at CMF. He is the author of *What on earth is heaven?*

10

**Spiritual skills and drills**

We're sure you'll be familiar with taking part in OSCEs or skills labs as part of your training to learn the practical skills you need for your jobs. But how are your spiritual skills shaping up? Here's an opportunity to join the CMF Nurses and Midwives (N&M) team in our spiritual skills lab where you can learn the theory, but also put into practice, how to live out your faith on the frontline i.e. your workplace.

We will demonstrate and run scenarios covering topics such as:

- How to avoid being drawn into gossip and negative conversations with colleagues.
- How to glorify God in our interactions with our patients.
- How we can spiritually debrief with friends/family/God instead of using numbing or avoidance strategies

*We would love to see you there!*

**Seminar leaders**

**Bex Lawton** has been practicing as a paediatric nurse for 18 years in Oxford and is CMF's Associate Head of Nurses & Midwives (N&M).

**Gemma Griffiths** is a Midwife helping to deliver the Saving babies lives care bundle, and is our N&M Staff Worker

**Lizzie Chitty** is a theatre nurse and over the last ten years has served on several short-term trips with Mercy Ships. She volunteers as an Associate Staff Worker for the N&M team

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**Transgender**

Gender ideology is now mainstream but how do we think through this as Christians? Why DID God create male and female anyway? And what should we think of the medicine behind the headlines? This seminar will particularly focus on gender identity in children and young people. Come along and we'll grapple with identity, intersectionality and the Bible, with the aim to love people well and introduce them to Christ whether they struggle with gender dysphoria or are activists for the cause.

**Seminar leader**

**John Greenall** is a paediatrician in south-east England and former CMF Associate CEO.



12

**The itinerant medic - the joys and challenges of regularly changing teams, hospitals, cities and churches'**

I have worked in 8 hospitals, lived in 5 cities, 9 houses and attended 5 churches since qualifying as a doctor in 2014. This can result in rootlessness and a sense of anonymity making it hard to share your faith and grow as a Christian. However, it also has allowed me to interact with hundreds of members of staff and church family members. Whether you're a fresher just moved to a new city and trying to find your feet or a student on placement far away from campus, this seminar will help you explore your roots, found in God and how this provides stability as we move from place to place, as well as some practical tips on settling into new places.

**Seminar leader**

**Alice Gerth** is vice-chair of the CMF board of trustees, an anaesthetic registrar in SW London, married to Matthew a vicar in Surrey and mum to Albert and Theo who will have just turned 2 when we meet at conference.

13

**Death with real dignity - care and compassion at the end of life**

What is truly compassionate end of life care? Does this mean helping patients to end their lives? Surely there is a better way? We will explore what good care might look like, and why actively ending someone's life is not the best or right response to terminal illness. We will explore arguments from both sides of this discussion and consider some of the changes of law that have occurred in other parts of the world. We'll also review current public policy developments in this field, and how we might respond.

**Seminar leader**

**Laurence Crutchlow** is a GP in south-west London. His clinical practice includes looking after terminally ill patients in care homes and in the wider community. He is Associate Head of Student Ministries at CMF.

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### Enablement for Christians - dealing with disability in myself and others

Society tells us that our value comes from our productivity, and it praises self-reliance and autonomy above all. But what if one's mind or body is not able to meet these standards? These individuals and those who support them have often found themselves excluded both from the wider society and sadly also from church fellowships.

Whether through our own struggles or in supporting others around us, disability affects everyone. So what does God have to say about disability? How can our own lived experience of ill health draw us closer to God? And how can the way we treat each other point others to Jesus?

### Seminar leaders

**Steve Sturman** is Associate Head of Doctors' Ministries and a Professor of Neuro-rehabilitation medicine in the Midlands.

**Léonie Fourel** is an F1 in Plymouth. She grew up in France and came to the UK to study medicine. She struggled with deteriorating physical and mental health at medical school, and eventually had to repeat a year because of these difficulties. She is passionate about supporting other students and healthcare professionals through their own health challenges.

15

### The Bible is not about you, it's about God! - A Bible overview

The Bible is not about you, it's about God and is central to the Christian faith! Understanding the Bible's overall structure, differing genres and the narrative that weaves through all 66 books, can help deepen our knowledge and love of God as we read and study it for ourselves.

This seminar will give an overview of the Bible as well as practicalities and resources on how to study it well ourselves. The aim is to help us see that this seemingly random collection of books, written over thousands of years (even the bits we find difficult to read and understand) show us who God is and who he has always been.

### Seminar leader

**Rachel Owusu-Ankomah** is Head of Student Ministries at CMF and a renal transplant registrar in London.

16

**Help - I'm a healthcare student get me out of here**

Against the backdrop of an NHS in crisis, low staff morale and not infrequently dissatisfied patients do you find yourself questioning whether or not you still want to be a healthcare professional? While remaining realistic about the current challenges of the NHS we will consider what can help and motivate us as Christians in healthcare to stay training and working.

**Seminar leader**

**James Tomlinson** is a GP based in Birmingham and is also Head of Volunteers and Networks for CMF. He is also currently a CMF medical school link and leads the CMF West Midlands Catalyst Team. He has previously served as Regional Secretary for the International Christian Medical & Dental Association in Europe & Eurasia.

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**Theology of the body****Seminar leader**

**Rebecca Horton** is a paediatric trainee in Oxford and sits on the CMF Board of Trustees. As a medical student she was chair on the National Student Council.

18

**Sharing your faith with Muslim friends****Seminar leader**

Muslims believe in Jesus and his Virgin Birth; they believe that God revealed the Torah to Moses and the Gospel to Jesus. Yet Islam denies the crucifixion and resurrection of Jesus, denies Jesus' divinity and believes our Bible is hopelessly corrupted. How's that for some great conversation starters...?

**Mark Pickering** is CMF Chief Executive and a prison GP. During his student days in London, he spent many Sunday afternoons at Speakers' Corner in Hyde Park talking with Muslims; this sparked a lifelong interest in understanding Islam and Muslims.



During the Conference members of CMF's Pastoral Care Team will be available for times of listening and prayer. If you would like to meet with a Pastoral Partner then please approach a team member - they wear yellow lanyards - or email us at [wellbeing@cmf.org.uk](mailto:wellbeing@cmf.org.uk) or talk to us at reception. We would be pleased to make time to meet with you.



CALLING ALL  
MUSICIANS!



## WORSHIP GROUP

Are you a singer or do you play an instrument?  
This could be your chance to join our  
conference worship group!

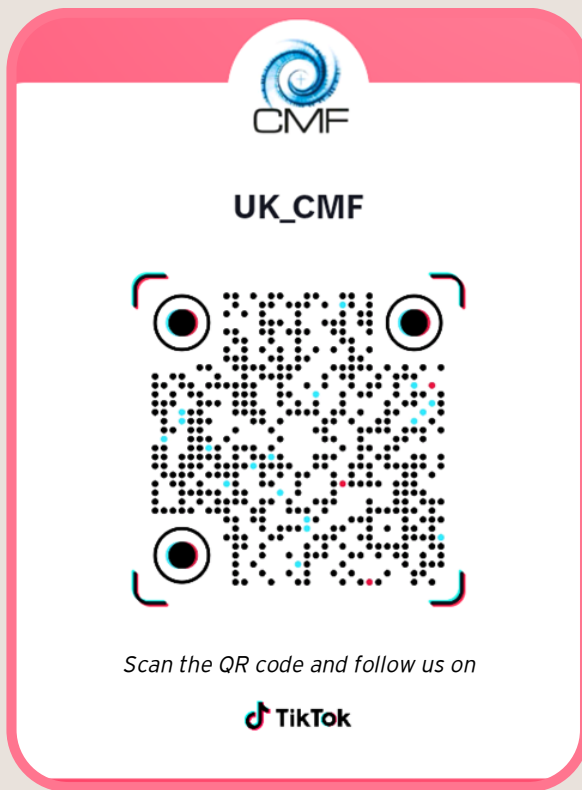
Sign up when booking your place for the  
conference, and tell us if you're a worship  
singer or what instrument you play.

## CONTENT CREATORS, WE NEED YOU!

Whether you're a pro or you just do it for the love of content, be a part of CMF's **TikTok** movement and help us to build a **TikTok** presence.

Film content during Student Conference 2024 - be as creative as you want to be and send it to **07825 392 878**

If you're also interested in being a part of CMF's TikTok social media team - get in touch via **[communications@cmf.org.uk](mailto:communications@cmf.org.uk)**



# COST

Due to cost-of-living pressures we have sadly had to raise our conference prices.

CMF members benefit from a discounted rate, and you can still save on early-bird rates if you book **before 10 December 2023!**

*If you are not a CMF student member and would like to join CMF, you can select the 'Non-member & Annual Membership' option. You will then pay the **reduced member rate and your first year's membership fee of £12.***

The cost for the whole conference – from Friday evening until Sunday afternoon – includes an en-suite room and all meals and refreshments.

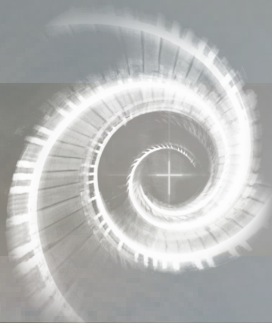
Bookings close on Sunday 19 January 2024.

**(Please note:** we regret that any bookings after this date will incur an additional late booking fee of £30 to cover extra administration costs and will only be made if spaces are available).

Due to our contractual obligations with the Conference Centre, no refunds can be made for cancellations after **19 January 2024.**

If you cancel your booking before that date, payment will be returned with the deduction of a £20 administration fee.

	EARLY BIRD BOOK BY 9 DECEMBER 2023		STANDARD BOOK ON or AFTER 10 DECEMBER 2023
CMF MEMBER	£110		£140
NON-MEMBER	£150		£175
NON-MEMBER & ANNUAL MEMBERSHIP	£122		£152
COACH	single £20		return £40



# CMF

## SC2024

# SEE YOU THERE!