

Junior Doctors' Conference
25-27 October 2019

Hothorpe Hall,
Leicestershire

WEEKEND



Walking the talk

practical obedience to Christ as a junior doctor

junior doctors' conference



Junior Doctors' Conference 25-27 October 2019

A conference for all junior doctors, from FY1 to senior registrar, and those taking time out of training.

What does it mean in practice to follow Christ amidst the stress, pressures, and opportunities of life and the emotional, moral and spiritual challenges of working in the NHS as a health professional?

How can we develop daily practices, habits and disciplines that will support us in our working schedules? How can we build resilience and character which is rooted in the reality of a growing relationship with Christ and the support of our Christian brothers and sisters? How can we learn to overcome unhealthy perfectionist tendencies and strive for excellence and leadership with healthy acceptance of who we really are in Christ? How do we discover the joy of fulfilling the unique vocation that God has given us?

Join us at this weekend conference to explore practical answers to these questions together and for fellowship, friendship, refreshment and restoration in the Lord.

SPEAKER



John Wyatt, CMF President and Emeritus Professor of Neonatology, University College London, spent over 30 years working as a paediatrician and at the cutting

edge of neonatal research within the NHS. He is a Senior Researcher at the Faraday Institute for Science and Religion, as well as a sought-after speaker and writer on medical ethics and related topics. He has authored several books including *Matters of Life and Death*.

“Lovely and refreshing chance to re-focus on God and meet other Christian doctors.”

“Fantastic weekend all round, I learnt so much and had a great time. I thought the conference had a very good pace and I came away feeling both encouraged and spiritually refreshed.”

“It was so restful - I hadn't anticipated that and was so grateful for coming back feeling restored and rested.”

“I had a wonderful time, meeting new people, thinking about how to live for Jesus at work, and worshipping him. There were some things that were quite challenging, as I realised that being a Christian doctor will not always be easy, but it was immensely comforting to be reminded that there are lots of other doctors who are willing to go against the crowd.”

Feedback from junior doctors about the conference

Walking the talk

COST

FY1

£150 Early bird rate
Booking made **UP UNTIL**
11 September 2019

£160 Standard rate
Booking made **AFTER**
11 September 2019

FY2 AND ABOVE

£180 Early bird rate
Booking made **UP UNTIL**
11 September 2019

£190 Standard rate
Booking made **AFTER**
11 September 2019

DAY VISITOR

£70 Standard rate
Booking made **UP UNTIL**
9 October 2019
PER DAY

Closing date: Wednesday 9 October 2019.

PLEASE BOOK AS SOON AS POSSIBLE
The conference is usually sold out before the closing date.

BOOKING

- **ONLINE:** cmf.org.uk/events
- **CALL:** 020 7234 9670
- **POST:** Fill in the attached form & return to:
CMF, 6 Marshalsea Road,
London SE1 1HL

For more details or enquiries, contact:

Graduate Ministries Coordinator

Tel: 020 7234 9670

Email: events@cmf.org.uk

PROGRAMME

FRIDAY 25 OCTOBER

17:30 onwards Registration
19:00 Dinner
20:30 **WELCOME & INTRODUCTION**
AMBITION: influence,
leadership and the NHS
John Wyatt

SATURDAY 26 OCTOBER

07:45 onwards Breakfast
08:00 Prayer meeting
09:15 **SEMINAR 1**
10:30 Coffee
11:00 **RESILIENCE:**
when the going gets tough
John Wyatt
12:30 **PRAYER & REFLECTION**
13:00 Lunch (followed by free time)
16:00 **CMF FRONTLINE**
17:15 **CMF TASTERS**
18:30 Dinner
19:45 **SEMINAR 2**
21:00 Evening activities

SUNDAY 27 OCTOBER

07:45 onwards Breakfast
08:00 Prayer meeting
09:15 **PRESENCE:**
closeness to Christ,
compassion to others
(followed by Communion)
John Wyatt
11:15 Coffee
11:45 **SEMINAR 3**
13:00 Lunch
14:00 Depart

SEMINARS

Please choose your **first three preferences** and one reserve choice when booking on this brochure or online at: cmf.org.uk/events

1	Topical ethics challenges: what should I know? what can I do?	SPEAKER
<p>The pace of ethical developments can be bewildering, be it in Parliament, the courts, the media or the Royal Colleges. We will gain a summary of some of the big current issues, particularly at the beginning and end of life, and look at how junior doctors can contribute positively, both now and as their careers develop.</p>		<p>Mark Pickering is Chief Executive of CMF and a prison GP. Originally from Yorkshire, he lives in London with his wife Rachael, who is also a prison GP both in the UK and overseas.</p>
2	Stepping out in following Jesus: wherever he may lead	SPEAKER
<p>This seminar will explore the challenge of being ready to step forward in our faith and in response to wherever God might be calling us to serve. Come and hear how other junior doctors have stepped up and how you too could be ready.</p>		<p>Fi McLachlan is Head of CMF Global. Fi has a background in social work, management in the social care and health sector, and has served in mission with Interserve.</p>
3	Male & female he created them: why? so what?	SPEAKERS
<p>God made us male and female. Why? What do our different bodies reveal of God's purposes for ourselves and the rest of creation? How does understanding the theology of our bodies help us navigate areas including sexuality, gender, marriage and identity?</p>		<p>Joe Watson is an FY2 doctor in Liverpool. He co-leads the CMF junior doctors group in Mersey with his wife, Grace. Grace Watson is also an FY2 doctor in Liverpool. She is part of the CMF Speakers Track and is interested in medical ethics.</p>
4	Pornography: walking in true freedom	SPEAKER
<p>We live in a porn-saturated age. Guilt, shame and secrecy surround this taboo topic. How does it affect us and others physically, psychologically and spiritually? Is masturbation a viable option for Christians? Whether it's a personal struggle or something a friend or partner struggles with, let's understand the appeal and the false promises of porn and discuss how we can walk in freedom and sexual purity.</p>		<p>John Greenall is CMF National Field Director and a paediatrician in Bedfordshire. He speaks widely on issues at the interface of faith, gender and sexuality.</p>
5	Singleness	SPEAKER
<p>Today's culture tempts us to define ourselves by our marital status or even sexual orientation, which can make us feel inadequate or unfulfilled if we do not conform to the expected 'married/or with partner and with two children' status. In this seminar, we will explore the challenges faced by single people and consider how our identity is in Christ and how to encourage one another to remain faithful to God.</p>		<p>Monica Hrabovsky is a consultant ophthalmologist specialising in neuro-ophthalmology, working in Newcastle, after spending some years working in different parts of the UK.</p>

6	Being a Christian leader in medicine	SPEAKER
	<p>Is medicine a place for Christian leadership? What, if anything, is unique about being a Christian leader? In this seminar, we will look at ways in which we can be leaders as Christian medics and how we can be an influence for Jesus in our workplaces.</p>	<p>James Tomlinson is a GP based in Birmingham. He previously served as Regional Secretary for the International Christian Medical & Dental Association in Europe & Eurasia.</p>
7	35,000 decisions a day and counting!	SPEAKERS
	<p>It is said the average adult makes about 35,000 remotely conscious decisions a day, with over 226 of them about food alone! Whilst we love to have choices in our life, an over-abundance of demands, needs, requests and life-changing decisions can lead to worry, stress, guilt and confusion. This seminar provides a chance to explore how to apply biblical wisdom (and some brain science) in practically managing life in all its multi-layered craziness.</p>	<p>Noel Aruparayil is an NIHR Clinical Research Fellow in Global Surgery at Leeds University. Laura Aruparayil is a paediatrician and PhD researcher in Child & Family Modern Slavery at Lancaster University. Together they lead a Catalyst Team.</p>
8	Godliness for ordinary Christians and why it is important	SPEAKER
	<p>Godliness is an old-fashioned word that evokes images of piety and holiness that seem way beyond the reach of ordinary folks. It might even be embarrassing to be called godly. In this seminar, we will be exploring why godliness is not a special option just for 'super-Christians', but is a fundamental component of walking with Jesus and massively impacts our behaviour.</p>	<p>Steve Sturman is CMF Associate Head of Graduate Ministries and a consultant neurologist specialising in neurorehabilitation in Birmingham. He is involved in teaching and pastoral ministry in his local church and health outreach in the Middle East.</p>
9	Biblical justice: being doctors after God's own heart for the vulnerable	SPEAKER
SEMINAR SLOTS 1 & 3 ONLY	<p>God calls us to 'defend the weak and the fatherless, to uphold the cause of the poor and the oppressed'. Who are the 'vulnerable' in our society? What does justice and righteousness look like for us in healthcare? How do we do it in such a way that proclaims the truth and hope of the gospel? In this seminar, we will explore what biblical justice means and look at how our privileged positions enable us to take action.</p>	<p>Felicia Wong is Head of CMF Graduate Ministries and a GP in London.</p>
10	Work and witness	SPEAKER
	<p>Would you like to talk more about Jesus to friends and patients? This will be a reflective seminar to share wisdom, encouragement and to pray into the situations we have been called.</p>	<p>Alex Bunn is Lead GP for Wandsworth Prison.</p>

GENERAL INFORMATION

VENUE: HOTHORPE HALL

Hothorpe Hall (www.hothorpe.co.uk) is a well-known and popular conference centre in central England, located in the serene and gentle Hothorpe Hills.

It is a ten minute drive from the M1/M6 motorways or the A14 and only five miles from Market Harborough main line railway station.

TRAVEL

BY ROAD:

M1: Exit Junction 20.

Take A4304 towards Market Harborough.

Turn right at Theddingworth.

M6: Exit beyond Junction 1. Take A14.

Turn off first junction. Take A5199 towards Leicester. Turn right at Husbands Bosworth on to A4304.

Turn right at Theddingworth.

A14: Exit Junction 1 taking the A5199 to Leicester.

Turn right at Husbands Bosworth onto A4304.

Turn right at Theddingworth.

BY RAIL:

From London St Pancras to Market Harborough.

From Birmingham to Market Harborough via Leicester.

AIRPORTS:

45 minutes from Birmingham Airport.

1 hour 15 minutes from East Midlands Airport.

BOOKSTORE

The CMF bookstore will be available and there will be plenty of relevant literature available for you to purchase.

PASTORAL CARE

House parents will be available for prayer and pastoral care throughout the weekend.

CANCELLATIONS

If you cancel your booking, payment will be returned with the deduction of a £20 administration fee. No refunds will be given for cancellations after 9 October 2019 except under special circumstances.

For more details or enquiries, contact:

Graduate Ministries Coordinator

Tel: 020 7234 9670

Email: events@cmf.org.uk

BOOKING FORM

Online booking is available at: cmf.org.uk/juniors/events

PERSONAL INFORMATION

Name(s) (including titles):

Address:

Postcode:

Tel / Mobile(s):

Email(s):

Year(s) of qualification:

Job title(s):

Workplace(s)

University:

SEMINAR CHOICES

PERSON 1

Three choices: Reserve:

PERSON 2

Three choices: Reserve:

MEALS (Day visitors please tick)

Saturday

Lunch Dinner

Sunday

Lunch

VENUE / ACCOMMODATION

All rooms are shared occupancy; please indicate if there is anyone you would like to share with:

DIETARY REQUIREMENTS

Any food requirements (including vegetarian):

MUSIC

If you are interested in being involved in the music or helping with the PA for the conference, please indicate below (including your instruments):

YOUR DATA

- If you are not a member of CMF, please tick the box if you would like CMF to contact you about membership and future events.
 Please tick here if you agree to having your name, job title, workplace and qualification year published on a delegates' list by CMF on this event for networking purposes.

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BOOKING FORM

Online booking is available at: cmf.org.uk/juniors/events

Alternatively, please complete this form, detach it and send it with a cheque to the address below.

PAYMENT

	EARLY BIRD (UP UNTIL 11/9/19)	STANDARD (AFTER 11/9/19)	NUMBER OF PEOPLE	FEE PAYABLE
FY1	£150	£160		
FY2 AND ABOVE	£180	£190		
DAY VISITOR (including meals)		£70 per day		
TOTAL £				

WAYS TO PAY

CARD

To pay by card, please either book through our secure online booking system at:

cmf.org.uk/juniors/events or call: 020 7234 9670

CHEQUE

I enclose a cheque made payable to: **Christian Medical Fellowship**

DONATIONS

We are very grateful for the generosity of those who are able to make additional donations over and above the conference fees. We rely on these to subsidise the conference fees for missionaries and families who may be unable to pay the full costs themselves. Donations also help us to be generous to our speakers. Even if you are unable to attend the conference, please consider making a donation.

donation to CMF

£

I wish to Gift Aid my donation (we will collect Gift Aid on donations where CMF hold a Gift Aid declaration). UK tax payers only.

The closing date for applications is: **Wednesday 9 October 2019.**

Please apply online, or detach this booking form and return with payments and/or donations to:
Graduate Ministries Coordinator, CMF, 6 Marshalsea Road, London SE1 1HL