

DAY



I WAS LOST
Refugee & Asylum Seeker
Health Course

Saturday 13 October 2018
Ararat Baptist Church, Plas Treoda, Cardiff CF14 1PT

Day Conference



God calls us to care for the stranger in our midst; to protect orphans and widows; to 'act justly and love mercy' (Micah 6:8). How does this translate to the way we care in 21st century Britain?

Over the past 20 years refugees numbering hundreds of thousands have come to the UK, with many seeking asylum. As ongoing threat of violence and political instability in the Middle East (and beyond) continues, how can Christian nurses, doctors and other agencies rise to the challenge of meeting their physical and spiritual needs?

This one-day course offers an introduction to the key health, system, and spiritual problems faced by refugees and asylum seekers. The aim of the day is to equip Christian healthcare practitioners and others to respond to:

- common presentations encountered in daily practice within a UK health setting
- broader support needs within the community

The programme is practical and interactive, led by doctors, nurses and others working in this field.

The afternoon sessions are particularly relevant to a wider audience than healthcare professionals.

For more details or enquiries, contact the Global Coordinator:

T: 020 7234 9669

E: cmfglobal@cmf.org.uk

SATURDAY 13 OCTOBER

- | | |
|-------|--|
| 10.00 | Introductions and perspectives
<i>Fi McLachlan</i> |
| 10.20 | Common physical and mental health presentations
<i>Andy Lephard</i> |
| 11.20 | Break |
| 11.45 | An Introduction to Trauma, Toxic Stress & the Health Impacts of Severe Adversity
<i>Laura Wood</i> |
| 12.45 | Feedback/questions
<i>Fi McLachlan</i> |
| 13.00 | Lunch (food provided). Agencies in this area of work will be exhibiting information |
| 14.00 | Seminar Session 1. Choose from either: |
| | 1. Transcultural psychiatry: the importance of the liminal phase in migration
<i>Bert Nanninga</i> |
| | 2. Accessing support: signposting to necessary services
<i>Reynette Roberts</i> |
| | 3. Journeying in faith
<i>Mohammed</i> |
| 14.45 | Seminar Session 2. Choose from either: |
| | 1. Destitution: denial of asylum – how to help
<i>Sr Ruth O'Neill</i> |
| | 2. Health encounters – learning from refugees |
| 15.30 | Break |
| 15.45 | Plenary session
<i>Panel/Questions</i> |
| 16.30 | Close |

CONTRIBUTORS

Andy Lephard

is a GP based in Bradford with a special interest in refugee and asylum seeker health.

Fi McLachlan

is head of CMF Global with a background of involvement in healthcare management and mission.

Bert Nanninga

is a Psychiatrist from the Netherlands with special interest in psychological trauma in refugees.

Sr Ruth O'Neill

belongs to an international group of Catholic Religious Sisters. Ruth has set up two projects in Cardiff giving priority to destitute asylum seekers. She is helping coordinate the Community Sponsorship of a family from Syria and is supporting a project in Calais.

Reynette Roberts

is the founder and director of Oasis Cardiff, a centre which works with both refugees and asylum seekers supporting them as they settle in Wales. The centre runs many activities including lunch, ESOL, an integration project, sports and women's sessions.

Laura Wood

is a paediatrician in Bradford specialising in the health needs of children in care and undertaking a PhD into the health needs of refugee, migrant & trafficked children in the care system.

LOCAL ORGANISER

Dr Eleanor Davies

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T: 07940 876053

BOOKING FORM

Refugee & Asylum Seeker Health Course

13 October 2018

Ararat Baptist Church, Plas Treoda, Cardiff CF14 1PT

PERSONAL INFORMATION

Online booking is available at cmf.org.uk/events.

Alternatively, please complete this form and send it with a cheque to the address overleaf.

Mr Mrs Miss Dr

Name: _____

Address: _____

Postcode: _____

Tel / Mobile: _____

Email: _____

Year of qualification: _____

Job title: _____

Workplace: _____

SMALL GROUP CHOICES

Session 1: Session 2: Reserve choice:

VENUE

Dietary requirements (including vegetarian): _____

BOOKING FORM

PAYMENT

RATE	NO.	FEE
Qualified doctor	£40	
FY and retired doctors	£25	
Nurses & midwives	£25	
Allied health professionals	£25	
Students & unwaged	£10	
Charity workers (from 14.00)*	£15	
Total		£

* This is a half day cost and does not include lunch
Included is a non-refundable registration fee of £5.

To pay by card, please either book through our secure online booking system at: cmf.org.uk/events or telephone CMF at 020 7234 9660

I enclose a cheque made payable to:
Christian Medical Fellowship

DONATIONS

We are very grateful for the generosity of those who are able to make additional donations over and above the conference fees. We rely on these to subsidise the conference fees for students, missionaries and those who may be unable to pay the full costs themselves. Donations also help us to be generous to our speakers. Even if you are unable to attend the conference, please consider making a donation.

Donation to CMF £

I wish to Gift Aid my donation (We will collect Gift Aid on donations where CMF hold a Gift Aid Declaration)

Please return this booking form, with payments and/or donations by **12 October** to:

CMF, 6 Marshalsea Road, London SE1 1HL

YOUR DATA

If you are not a member of CMF, please tick the box if you would like CMF to contact you about membership and future events. NB: your personal data will be stored on the CMF database, and will be used for CMF ministry and administrative purposes only. Data Protection Act Reg. No. Z1341734

VENUE & TRAVEL

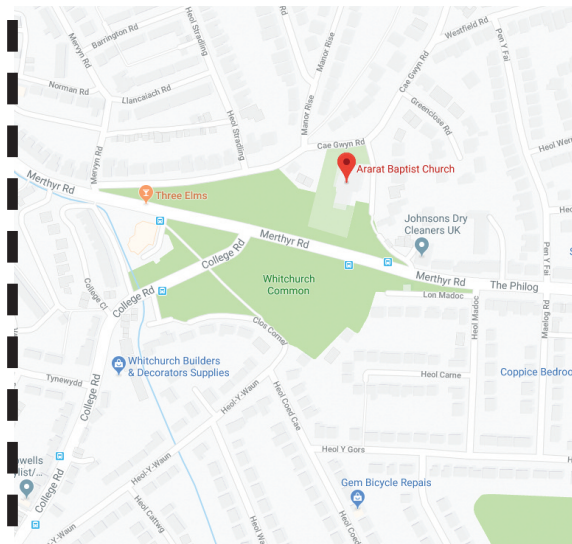
DIRECTIONS

**Ararat Baptist Church
Plas Treoda
Cardiff
CF14 1PT**

www.ararat.org.uk

Directions from Junction 32 of the M4

1. At Coryton Gyratory/Coryton Roundabout take the exit onto the A470 slip road to Cardiff/Caerdydd
2. Merge onto Northern Ave/A470
3. At the fourth set of traffic lights turn right onto Cae Gwyn Rd
4. Ararat will be on your left.



For more details or enquiries, contact the International Coordinator:

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E: cmfglobal@cmf.org.uk



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