

DAY

A photograph of two white ceramic coffee cups filled with latte, sitting on a dark, textured wooden table. The cup in the foreground has a heart-shaped latte art design. A person's hand is visible in the background holding the handle of the second cup.

CHRIST CENTRED PASTORAL CARE FOR HEALTHCARE STAFF

Saturday 7 December 2019
Johnson House, 6 Marshalsea Road, London SE1 1HL

pastoral conference



CHRIST CENTRED PASTORAL CARE FOR HEALTHCARE STAFF

PROGRAMME

SATURDAY 7 DECEMBER

Clinical pressures are huge and there is no time to think, pray or read. It feels like people outside of our clinical world cannot understand. How do we help one another to 'grow in grace' and recover the sense of God's rule in our lives? How do we see Christ formed in us? What might good Christian pastoral care and mentoring for clinicians look like?

This one-day conference explores the nature of pastoral care for clinicians and how we might be equipped to meet that need.

WHO IS THIS CONFERENCE FOR?

This event is for Christians who have a heart for pastoral care and are thinking about getting more involved in pastoral ministry and mentoring with healthcare staff. Nurses, doctors, and other healthcare professionals at any stage of their careers are welcome as are students and hospital chaplains or those involved in supporting clinicians. You don't need to be a member of CMF to attend.

The conference is organised by the Graduate Ministries Team of the Christian Medical Fellowship.

- 09:15 Arrival and registration
- 09:30 **Welcome: What do we know about the pastoral care needs of Christian clinicians?**
Monica Hrabovsky & Steve Sturman
- 10:00 **Bible address: identifying and developing pastoral gifts - am I ready to serve?**
John Wyatt
- 10:30 Break
- 11:00 **Setting boundaries: training, governance, safeguarding and risk management in pastoral care and mentoring**
Ashley Stewart
- 11:30 **The long view - how can we go the distance?**
Derek Munday
- 12:00 **CMF update and prayer**
- 12:15 Lunch
- 13:00 **Interactive workshops sessions:**
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- Using social media in pastoral care**
James Howitt
-
- Practical aspects of mentoring**
Monica Hrabovsky & Mark Attah
-
- Running peer-to-peer support groups**
Ross Bryson
-
- Self-care and beating burnout**
Dave Crick
-
- 14:30 Break
- 14:45 **What are the distinctives of truly Christian pastoral care and mentoring?**
Zena Schofield
- 15:15 **Panel discussion:
Praxis: turning theory into action
- what do next steps look like?**
- 15:45 **Reflection, summing up and prayer**
- 16:00 Finish

SPEAKERS

John Wyatt

John is CMF President and Emeritus Professor of Neonatology, University College London. He spent over 30 years working as a Paediatrician and in neonatal research.

Derek Munday

Derek is a retired General Practitioner who previously led 'Christians in caring professions'. He and his wife have run a centre where Christians can 'say the unsayable, think the unthinkable and find God again.'

James Howitt

James is a former CMF staff-worker and medical SHO. He now runs strategy and operations at Skylark Church in Chelmsford.

Ross Bryson

Ross is a GP in Birmingham and medical school tutor. He runs a scheme which supports junior doctors recognised by HEE and BMA as a model of good practice.

Dave Crick

Dave, a retired GP, has supported clergy providing pastoral care for over ten years. He has taught on 'stress and burnout in doctors' with PRIME.

Monica Hrabovsky

Monica is a Consultant Ophthalmologist based in Newcastle upon Tyne and is working on the development of mentoring in CMF

Mark Attah

Mark is a GP in Cambridgeshire and has wide experience in postgraduate education and is trained in coaching and mentoring.

Zena Schofield

Zena Schofield is a Consultant Perinatal Psychiatrist and is the biblical counselling co-ordinator at Beeston Free Church Nottingham.

Ashley Stewart

Ashley Stewart is the new Associate Head of Student Ministries at CMF. She left medicine after F2 to go to Bible college and completed a degree in Theology and Counselling.

Steve Sturman

Steve is CMF Associate Head of Graduate Ministries and also a Consultant Neurologist and Honorary Professor specialising in

BOOKING FORM

PASTORAL DAY CONFERENCE

Saturday 7 December 2019

Johnson House, 6 Marshalsea Road, London SE1 1HL

PERSONAL INFORMATION

Online booking is available at cmf.org.uk/events. Alternatively, please complete this form and send it with a cheque to the address overleaf.

Name(s) (including titles):

Address:

Tel / Mobile:

Email:

Year of qualification(s):

Job title(s):

Workplace(s):

VENUE/ACCOMMODATION

Dietary requirements (including vegetarian):

BOOKING FORM

PAYMENT

RATE	NO.	FEE
Doctor	£45	
Foundation year doctors	£30	
Nurses/midwives & AHPs	£25	
Non-clinical	£25	
Students & unwaged	£10	
Total	£	

To pay by card, please either book through our secure online booking system at: cmf.org.uk/events or telephone CMF at 020 7234 9670

I enclose a cheque made payable to:
Christian Medical Fellowship

No refund will be made for cancellation after Thursday 5 December 2019.

DONATIONS

We are very grateful for the generosity of those who are able to make additional donations over and above the conference fee. We are then able to subsidise conference fees for those who need help. Even if you are unable to attend the conference, please consider making a donation.

Donation to CMF £

I wish to Gift Aid my donation (We will collect Gift Aid on donations where CMF hold a Gift Aid Declaration)

Please return this booking form, with payments and/or donations by **Thursday 5 December 2019** to:

Rindai Sithole
Christian Medical Fellowship
6 Marshalsea Road
London SE1 1HL

If you are not a member of CMF, tick here if you would like CMF to contact you about membership and future events

NB: your personal data will be stored on the CMF Database, and will be used for CMF ministry and administrative purposes only
 Data Protection Act Reg. No. Z1341734

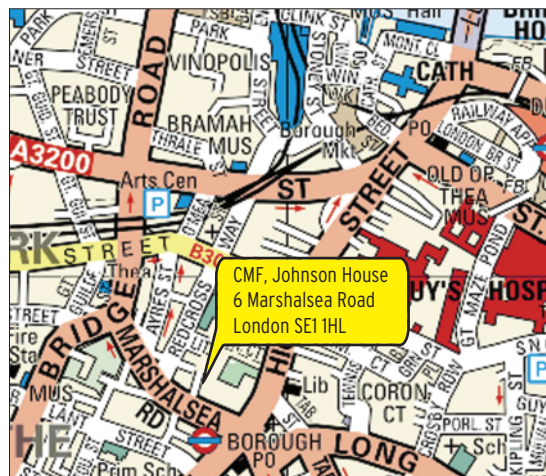
VENUE & TRAVEL

DIRECTIONS

CMF
Johnson House
6 Marshalsea Road
London
SE1 1HL

The event will be held in the **CMF conference room** on the ground floor.

There is very limited free parking on the street outside the CMF office and in adjacent streets. We recommend you use public transport if possible as Borough Tube station is just across the street; Southwark Tube station is a five-minute walk away and London Bridge and Waterloo East train stations a 10-15 minute walk away.



For more details or enquiries, contact:

Rindai Sithole
T: 020 7234 9670
E: events@cmf.org.uk



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