



DECEMBER 2019
- MARCH 2020

Prayer Diary



Produced by the **Christian Medical Fellowship**
A company limited by guarantee
Registered in England no. 6949436
Registered Charity no. 1131658
Registered office: 6 Marshalsea Road, London SE1 1HL

Tel 020 7234 9660
Email prayer@cmf.org.uk
Web cmf.org.uk

President John Wyatt MD FRCPCB
Chair Maggy Spence MB MRCCP
Treasurer Philip Taylor MA (Oxon)
Chief Executive Mark Pickering MBBS MRCCP

Subscriptions

CMF Prayer Diary is available to all members on request, as part of the benefits of membership. To receive the prayer diary regularly, email prayer@cmf.org.uk with the word 'subscribe' in the subject line, and with your membership details (name, membership number and preferred postal address).

Contributions

The editor welcomes prayer items from members that relate to issues, local CMF groups or workplaces. Content should be anonymised if it deals with specific places, people or groups of people, unless full permission has been given to disclose details.

The editor reserves the right to edit all copy received.
The editor also reserves the right not to publish items that do not fit within CMF's editorial policy.

Editor Steve Fouch
Editorial Assistant Oluwatosin Oyenyiji
Design S2 Design & Advertising Ltd 020 8771 9108

Copyright Christian Medical Fellowship, London.
All rights reserved. Except for a few copies for private study, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the Christian Medical Fellowship

Unless otherwise stated, Scripture quotations taken from The Holy Bible, New International Version Anglicised. Copyright © 1979, 1984, 2011 Biblica. Used by permission of Hodder & Stoughton Publishers, an Hachette UK company. All rights reserved. 'NIV' is a registered trademark of Biblica. UK trademark number 1448790.



17

Learn to do right; seek justice.
Defend the oppressed.
Take up the cause of the fatherless;
plead the case of the widow.

Isaiah 1:17

Have you ever seen something so wrong that you do not know how to pray? How often do we find ourselves as health professionals faced with injustices of different kinds – institutional, familial, economic and even political?

We see abuse, discrimination, individuals and families collapsing because they cannot access the help they need, or because they have consistently made choices that put them on a downward spiral.

We see all this wrong that we cannot resolve by our own efforts, and all we can do is pray. But so often we do not know what to pray. We do not have the words.

Paul understood this burden all too well. In Romans 8:26 he encourages us that *'the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.'*

Our hope is that the prayer diary is just the starting point for praying for the needs we see around us as health professionals. But we are only highlighting the needs – it is the Spirit within each of us that helps us to pray, even when we cannot find the words and all that is left to us are the inexpressible, wordless groans of the Holy Spirit within us.

Thank you once again for joining with us in this ministry and fellowship of prayer.

Steve Fouch, CMF Head of Communications



1-7 DECEMBER

2020 ACTIVE VISION

MEDICAL / NURSING SCHOOL OF THE WEEK

Edinburgh

SUNDAY 1 DECEMBER

The acronym **ACTIVE** sums up what CMF's 20/20 Vision is all about. **A is for Advocacy.** Please pray for those CMF members working to prevent moves by more Royal Colleges to go neutral on assisted dying. Thank God for our new Associate Head of Public Policy, Jennie Pollock.

MONDAY 2 DECEMBER

C is for Communications. Praise the Lord for the CMF Prayer Diary which you are using today. Please pray for Dr David Smithard, the newly appointed editor of *Triple Helix*, as he settles into his new volunteer role.

TUESDAY 3 DECEMBER

T is for Training. Please pray for all those involved with the Speakers, Global and Evangelism and Apologetics Tracks.

REGION OF THE MONTH (December)

Midlands

WEDNESDAY 4 DECEMBER

I is for International. Please pray for Fi McLachlan, who returned to work earlier this year after surgery, as she plans in detail the CMF Global programme for 2020.

THURSDAY 5 DECEMBER

V is for Volunteers. Thank the Lord for the steady growth and implementation of Catalyst Teams. We now have nine teams with at least 40 members involved. Pray for new teams to be established in 2020.

FRIDAY 6 DECEMBER

E is for Evangelism. Earlier this year CMF launched a new Evangelism and Apologetics Track. Please pray for the twelve members being trained and for those leading the training.

SATURDAY 7 DECEMBER

The **Christ-centred Pastoral Care for Healthcare Staff day conference** is taking place in London today. Please pray for all those involved; that this would be a day of teaching and sharing as CMF seeks to develop its ministry in both pastoral care and mentoring.



8-14 DECEMBER

ADDICTIONS

SUNDAY 8 DECEMBER

Pray for those struggling with addictions. May they be given grace to recognise their problem, to seek help and to find freedom in Christ. Pray especially for those who are held captive by others through addiction that they might be set free.

MONDAY 9 DECEMBER

Human Rights Day. Pray for those with addictions whose human rights, dignity and value are often overlooked by society, and for God to raise up those who will stand with them and for them.

TUESDAY 10 DECEMBER

Pray for the families of those affected by addictive behaviours, particularly children. May they be protected from abuse, neglect and betrayal. Pray for those struggling with addictions to have insight into the effects of their actions on those close to them and to seek help.

REGION OF THE
MONTH (December)
Midlands

MEDICAL / NURSING SCHOOL OF THE WEEK

Essex

WEDNESDAY 11 DECEMBER

Pray for those conducting research into addictions. May they have wisdom and understanding to develop treatments that are effective and are based on a correct recognition of the problem.

THURSDAY 12 DECEMBER

Universal Health Coverage Day. Pray for all those working throughout the world to bring accessible and affordable healthcare to all, especially the most marginalised and impoverished, including many with addictions.

FRIDAY 13 DECEMBER

Pray for those involved in Christian ministries to people with addictions. Pray for wisdom, strength and grace to share true freedom in Christ; may they be encouraged by seeing change in those they serve.

SATURDAY 14 DECEMBER

Pray for those whose lives have been laid waste and ruined by addictions. May they be given grace to understand the 'why and how' of what has happened and to discover the truth of God's forgiveness and restoration in Christ. Pray for those who are desperate that they may be delivered from thoughts of suicide and self-harm.



**MEDICAL / NURSING SCHOOL
OF THE WEEK**
Exeter

15-21 DECEMBER
VOLUNTEERS

WEDNESDAY 18 DECEMBER
The Nurses Department has two Associate Staff Workers (Esther in Southampton and Gemma in Glasgow) and will soon be joined by Rachel (developing ministry for the transition from student to newly qualified). Please pray for them to see gospel work go forward among nurses and midwives.

SUNDAY 15 DECEMBER
Praise God for those who come to the office and volunteer their time and talents doing less glamorous tasks in IT, finance and administration. Please pray that Anita, Rupert, John and Steve would know God's blessing as they give so much to enable CMF to run efficiently.

THURSDAY 19 DECEMBER
Our Speakers Track is an incubator to develop future thought leaders. This year we have two groups with a total of 16 participants. Please pray for them as they prepare and give talks on complex issues around conscience, political correctness, gender, abortion and other bioethical issues. Pray that God would raise a new generation of Christians serious about applying a Christian mind to these issues.

MONDAY 16 DECEMBER
CMF Associates give a day a week to help various CMF ministries. David (*Triple Helix* Editor), Stephanie (Workplace Evangelism), Richard (Evangelism), Monica (Mentoring) and Alex (Health and Justice Track). Please pray for them, for strong partnership with the CMF Doctors Department and for open doors for effective ministry.

FRIDAY 20 DECEMBER
We have six Deep:ER Fellows working with us this year, doing projects and research in evangelism, the link between faith and health, governance, communications, event planning (for SYD1 and SYD2 conferences) and pastoral care. Please pray for Caleb, Jacob, Anastasia, Rebekah, Leo and Ros and that the projects they are committed to would see much fruit.

TUESDAY 17 DECEMBER
Deep:ER Fellows and Associates gather at the CMF office on Wednesdays every other week for training on various topics related to faith and health. Please pray that this year would be a foundational year in their lives. Pray that God would speak through our session speakers and equip these current and future leaders for ministry both in CMF and in other contexts including the local church.

SATURDAY 21 DECEMBER
Pray for John Greenall as he oversees the volunteers' work. A key part is ensuring we 'do volunteering well' across the board. Pray for staff who line-manage volunteers, for John as he ensures consistency and quality of investment in our volunteers, and for volunteers as they learn from and work with staff in specific ministry areas.

**REGION OF THE
MONTH (December)**
Midlands



22-28 DECEMBER

CHURCH ENGAGEMENT

MEDICAL / NURSING SCHOOL OF THE WEEK

Galway

SUNDAY 22 DECEMBER

Many Christian doctors and nurses struggle with regular church involvement due to stressful working lives and shift patterns. Pray for understanding church families and that they would find time this Christmas to reflect on God's gift to us.

MONDAY 23 DECEMBER

CMF is keen to increase its engagement with UK church leaders with a new **Churches E-News**. Pray that CMF's resources would encourage and equip busy pastors who face many calls on their time.

TUESDAY 24 DECEMBER

Christmas Eve. Many church members face difficult medical situations such as mental health and dementia, chronic ill health and infertility. Pray that they would know the love of the Great Physician in their lives and that churches would be communities of mutual love and support for members who are struggling.

REGION OF THE
MONTH (December)

Midlands

WEDNESDAY 25 DECEMBER

Christmas Day. On the day we remember the birth of Jesus, give thanks to God for his indescribable gift of grace to us in sending his Son to save us from our sins. May God give us the strength to live each day by his Holy Spirit.

THURSDAY 26 DECEMBER

Boxing Day. Humanly speaking Jesus was an unplanned pregnancy, born into poverty, social turmoil and economic uncertainty. Pray that those mothers who face uncertainty in their pregnancies would take encouragement, find help and turn away from the deceptive option of abortion. Pray for health carers and church leaders to speak with compassion into this highly charged debate.

FRIDAY 27 DECEMBER

Pray for church leaders to speak out on ethical and pastoral issues with the appropriate balance of prophetic clarity and pastoral wisdom.

SATURDAY 28 DECEMBER

Many UK Christian doctors and nurses are not currently engaged with CMF. Pray that we will be able to reach out to them with support and encouragement and that our membership would grow as we do this.



**MEDICAL / NURSING SCHOOL
OF THE WEEK**
Glasgow

29 DECEMBER 2019 – 4 JANUARY 2020

EMERGENCY SERVICES

WEDNESDAY 1 JANUARY 2020

New Year's Day. Pray for the Christian Police Association and Firefighters for Christ in Northern Ireland. May God unite those who know and love him in the police and fire services, and may he enable them to stir one another up to love and good works, doing their job as for him and speaking for him boldly as he gives opportunity.

SUNDAY 29 DECEMBER

Pray for all emergency services staff as they work with the same kind of people with whom Jesus Christ himself spent time: the least, the last and the lost. Ask God to show his extraordinary love and compassion for all the people he entrusts to their care.

THURSDAY 2 JANUARY

Let's pray a big prayer today: for our government to make wise decisions about emergency services funding. Pray that they would steward generously, so the police, fire and ambulance services would be well resourced with enough staff to respond effectively to emergencies in good time.

MONDAY 30 DECEMBER

Government statistics show 26,000 assaults on police officers in the last year and 17,000 on NHS staff. There has been an increase of 18% in assaults on firefighters in the previous two years. Pray for courage for frontline emergency services staff and for God's supernatural protection over them.

FRIDAY 3 JANUARY

Pray for the dedicated team members of Mountain Rescue, Coastguard and RNLI as they respond to perilous situations. May God continue to give them courage and excellence in what they do.

TUESDAY 31 DECEMBER

Ask God to richly bless the work of the Christian Ambulance Association (CAA), as they seek to provide a network of sharing, support and encouragement, enabling one another to be salt and light in the ambulance service. Pray especially for any Christians in the ambulance service who don't yet know about the CAA to discover the network of support and encouragement they've been longing for.

SATURDAY 4 JANUARY

Pray for those in management positions in the emergency services. Although they are under tremendous pressure, pray that they would prioritise making their staff feel supported and valued. Pray also for chaplains working with the emergency services. May they be an invaluable source of support and pastoral care for staff, and may God give them precious opportunities to point weary staff to the 'lifter of burdens', our Lord Jesus.

**REGION OF THE
MONTH (December)**
Midlands



5-11 JANUARY

RETIREES

SUNDAY 5 JANUARY

Pray for our retiree and senior members to know the encouragement of Christ, to continue to serve him and for them to live free of regret. Pray too that they will be restored from difficulties they have met in their professional life to use their gifts to the full.

MONDAY 6 JANUARY

Ask God that retired and senior members may have vision from the Lord to know how to use their time, experience and resources to serve him and that they might find open doors for ministry.

TUESDAY 7 JANUARY

Lift to the Lord those who are transitioning from work to retirement. Pray particularly for those who are relocating and building new friendships; may they find true fellowship in the body of Christ.

REGION OF THE
MONTH (January)
North East

MEDICAL / NURSING SCHOOL OF THE WEEK

Hull / York

WEDNESDAY 8 JANUARY

Pray for retired members to have readiness and courage to take risks in order to serve God in new ways. Pray for opportunities to serve in church, charitable work, training and mission.

THURSDAY 9 JANUARY

Please intercede for retirees facing health issues. Pray that they will receive grace to cope and assurance of the Lord's protection and mercy, as they deal with the effects of aging in themselves and their loved ones. May they find their security in Christ alone.

FRIDAY 10 JANUARY

Remember those returning home after a life of mission overseas. Pray they will be given grace to cope with cultural and personal changes, so that they can integrate into church and family life and be truly cared for. May they be encouraged to look forward to what God has planned for them next.

SATURDAY 11 JANUARY

Pray that our senior members would know the assurance of God's provision for them, be free from the fear of loss and keep rejoicing in all that God has done for them and through them.



**MEDICAL / NURSING SCHOOL
OF THE WEEK**
Imperial

12-18 JANUARY

COMMUNICATIONS

SUNDAY 12 JANUARY

Give thanks to God for all who write, speak, teach and mentor in CMF and for the articles, blogs, video and audio talks, podcasts and other resources they have produced to strengthen and grow Christians in medicine and nursing.

MONDAY 13 JANUARY

Next week, on Tuesday 21 January, the *Triple Helix* Committee will meet to discuss the next edition, review articles sent in and commission new content. Please pray for David Smithard who chairs the committee and is the editor of *Triple Helix*, and for the team involved in the magazine's production.

TUESDAY 14 JANUARY

The Medical Study Group meets tonight to look at ethical, professional and technological issues at the forefront of medicine and nursing. The group explores how we can develop an informed and biblical Christian response in our writing, podcasting, teaching and training. Pray for wisdom for all involved and in particular for David Randall, the new Chair.

**REGION OF THE
MONTH (January)**
North East

WEDNESDAY 15 JANUARY

Writing for the CMF blog requires time, an insight into the issues in the medical and nursing public square and a good grasp of biblical wisdom and understanding. Finding those who can and have the time to write and the availability to respond to news and ongoing issues in a timely manner is a considerable challenge. Pray that more writers would come forward to help CMF engage in the issues of the day.

THURSDAY 16 JANUARY

Developing good training resources for all our members is a key priority for CMF. Whether it be in evangelism, ethics, writing, speaking or leadership; pray that we can develop resources that train and equip our members to live and speak for Jesus Christ.

FRIDAY 17 JANUARY

CMF's website is a vital part of our communication with members and the wider world. We are going through the process of both updating the existing site and looking to the future to see how it needs to change. Pray for wisdom and resources for the team to take this forward.

SATURDAY 18 JANUARY

Praise God for the international networks we have through ICMDA and NCFI, and in particular for the opportunities to have CMF resources translated into Chinese, Russian and many other languages. Pray that more opportunities would open for us to share our resources more widely with Christians for whom English is not their first language.



19-25 JANUARY

CMF STAFF

MEDICAL / NURSING SCHOOL OF THE WEEK

Keele

SUNDAY 19 JANUARY

The last six months have seen a number of new staff joining the CMF team. Please pray for them by name today – Jennie Pollock, Liz Flores Silva, Rindai Sithole and Ashley Stewart.

MONDAY 20 JANUARY

The last six months have seen several departures from the CMF staff team. Please pray for them by name today – Alex Bunn, Graham Crosbie, Natalie Lee and Philippa Taylor.

TUESDAY 21 JANUARY

Interviews for the new Operations Director should be taking place this month. Please pray for God's choice to come forward for this crucial role.

REGION OF THE MONTH (January)

North East

WEDNESDAY 22 JANUARY

Cervical Cancer Prevention Week. Please pray for all medical and non-medical researchers working to prevent this disease.

THURSDAY 23 JANUARY


Mark Pickering has been CMF Chief Executive for almost a year. Please continue to uphold him in prayer that his daily walk with the Lord will be protected and for him to continue to have the physical and mental stamina for this very challenging role.

FRIDAY 24 JANUARY

Many CMF staff suffer from frequent, severe public transport delays whilst travelling to and from work. Please pray for resilience for them in the face of difficulties.

SATURDAY 25 JANUARY

Some staff regularly travel by car, train and plane on CMF work within the UK and further afield. Please pray for their safety.



26 JANUARY – 1 FEBRUARY

SYD1 & NATIONAL STUDENT CONFERENCE

SUNDAY 26 JANUARY

Please pray for the SYD1 delegates arriving in London today from across the globe for a week of leadership training. Pray that they would be united, equipped and encouraged to live and speak for Jesus Christ and to help others do so.

MONDAY 27 JANUARY

This week at SYD1, we have a range of speakers from across the CMF membership, teaching and discipling our delegates. Please pray that they would speak clearly, winsomely and with wisdom from God.

TUESDAY 28 JANUARY

Pray for CMF students as they study, complete coursework and placements. May they do all their work in God's strength and for his glory and kingdom.

REGION OF THE
MONTH (January)
North East

MEDICAL / NURSING SCHOOL OF THE WEEK

King's College London

WEDNESDAY 29 JANUARY

Please pray for the CMF Student Team (Ashley, Marolin, Laurence and Rachel) as they organise the final aspects of Student Conference 2020. Pray for strength, wisdom and creativity in all of their preparations.

THURSDAY 30 JANUARY

Please pray for Peter Saunders as he prepares to give our main Bible talks at the Student Conference from the Book of Philippians. Pray that those attending may grow in their knowledge and love of God as a result of the weekend.

FRIDAY 31 JANUARY

With 400 students coming to Student Conference from across the UK and Ireland, please pray for safe journeys and for God to be preparing hearts and minds to hear from him.

SATURDAY 1 FEBRUARY

Pray for the 18 seminars taking place at Student Conference this weekend and for those who are leading them. May the teaching, discussions and conversations around the seminars be God-glorifying and equip CMF students as they serve God in medicine, midwifery and nursing.



2-8 FEBRUARY

MEDICAL RESEARCH

MEDICAL / NURSING SCHOOL
OF THE WEEK

Essex

SUNDAY 2 FEBRUARY

Lift to the Father all the students returning from conference today; may what God has imparted to them at the conference challenge, empower and equip them to live and speak for him with fellow students in their places of study, and with colleagues and superiors while on clinical placements.

MONDAY 3 FEBRUARY

Pray for all those Christians engaged in medical research, writing and publishing. May they reveal the truth of the Creator behind the mysteries of the human body and mind. Pray that they will be witnesses to the gospel in their places of work.

TUESDAY 4 FEBRUARY

Pray for wisdom for all those working in cutting edge areas such as genetics, fetal surgery, robotics and artificial intelligence. May due weight be given to the unintended consequences of such technologies, as well as to their benefits, and that a wise balance would be struck between innovations and ethics.

REGION OF THE
MONTH (February)

Lancaster

WEDNESDAY 5 FEBRUARY

Pray that more resources and research focus would be given to neglected tropical diseases and the diseases of the poor and marginalised throughout the world.

THURSDAY 6 FEBRUARY

International Day of Zero Tolerance for Female Genital Mutilation, #EndFGM. This practice, which leaves 200 million women and young girls in lifelong pain and increases the risks in childbirth, is largely confined to Africa and the Middle East. However, its impact is felt worldwide. Pray for efforts to educate and change traditional behaviours, and for those in the UK seeking to keep younger girls safe from being cut.

FRIDAY 7 FEBRUARY

Pray for academic departments in teaching hospitals: for scientific and ethical integrity in the face of all the inducements to compromise that are placed upon academics and institutions.

SATURDAY 8 FEBRUARY

Father God, grant wisdom, courage and integrity to all who publish and edit medical and nursing research journals. May they not be afraid to publish papers that challenge the consensus, not to give in to commercial pressures, but always to be rigorous in the peer review process.



9-15 FEBRUARY

CMF GLOBAL

MEDICAL / NURSING SCHOOL OF THE WEEK

Central Lancashire

SUNDAY 9 FEBRUARY

Thank God for the tradition of healthcare professionals going from the UK to serve in other countries. Pray for our members who teach in hygiene and tropical medicine courses, as they prepare healthcare professionals to go overseas. Pray also for their witness to the many who come to the UK to study.

MONDAY 10 FEBRUARY

International Epilepsy Day aims to raise awareness of the problems faced by people suffering from epilepsy, their families and carers. Please pray for those involved in neurological work, especially those in countries where this specialty is not advanced and care is limited.

TUESDAY 11 FEBRUARY

Pray for the CMF Global Department to prioritise opportunities and needs and starting from students upwards, to inspire members to consider where God might use them in the future. Please pray particularly for the 25 delegates on our Global Track course.

REGION OF THE MONTH (February)

North West

WEDNESDAY 12 FEBRUARY

Many of our members work in hospitals and clinics abroad which are understaffed. They need people for short-term cover and for long-term work. Pray for God's sustaining power and joy in their efforts and for God to raise up others who will go.

THURSDAY 13 FEBRUARY

Pray for international bodies such as the United Nations and the World Health Organization and for Christians working in these organisations. Pray also for wisdom in setting agendas for good healthcare provision, especially where the need is greatest.

FRIDAY 14 FEBRUARY

Pray for our Developing Health Course – for the leadership team, the tutors, our relationship with the London School of Theology, for all delegates including bursary students coming from overseas, and for all the necessary preparations. May the course be used for God's glory.

SATURDAY 15 FEBRUARY

Thank God for and pray for the Global Committee (volunteers) as they oversee CMF's global work. Pray for Fi McLachlan and Liz Flores Silva who work in the office coordinating our work – for wisdom, energy and vision.



16-22 FEBRUARY

DISABILITIES

MEDICAL / NURSING SCHOOL OF THE WEEK

Leeds (medics and nurses)

SUNDAY 16 FEBRUARY

Pray for those whose physical or mental differences leave them pushed to the margins of our society. May they find welcome and acceptance in our schools, hospitals, workplaces and especially in our churches.

MONDAY 17 FEBRUARY

Pray for those working in the health services who live with disabilities. May they find the support and strength to overcome obstacles put in their way, and may they strengthen and encourage others by their example.

TUESDAY 18 FEBRUARY

Pray that churches in this country would become more aware of disability of all kinds and learn to be truly inclusive.

REGION OF THE MONTH (February)
North West

WEDNESDAY 19 FEBRUARY

Pray that God would strengthen those who campaign for disabled rights to not give up in the face of indifference and misunderstanding.

THURSDAY 20 FEBRUARY

May God give wisdom, understanding and insight to government ministers and civil servants charged with addressing the needs of those with disabilities in our society. May they be willing champions of those with disabilities and be willing to shape and change government policy.

FRIDAY 21 FEBRUARY

Ask the Father to challenge the attitudes and values that cause many to think that abortion and euthanasia of people with disabilities is compassionate and appropriate. Help us as a society to learn how to value every person, to uphold their dignity and worth, and champion their rights.

SATURDAY 22 FEBRUARY

Pray for an ever-stronger Christian voice in the disability rights movement – to speak Christ’s love and truth into the debates about disabled rights.



**MEDICAL / NURSING SCHOOL
OF THE WEEK**

Leicester

23–29 FEBRUARY

EVANGELISM

SUNDAY 23 FEBRUARY

Twelve CMF members are on our new **Evangelism and Apologetics Track (EAT)** this year. Three of the team will have just returned from a trip to Sierra Leone. Please pray for their remaining sessions, including a mission week in Thanet, Kent which rounds the course off. Pray that God would inspire a new generation of evangelists and apologists through this track

MONDAY 24 FEBRUARY

Pray for Stephanie Moss, our Workplace Evangelism Associate who heads up Saline training and Richard Scott, our Evangelism Associate who heads up the Evangelism and Apologetics Track. Please pray for them, that God would protect and encourage them as they step out with boldness and courage to share the gospel and equip others to do so.

TUESDAY 25 FEBRUARY

Today marks the start of **Eating Disorders Awareness Week**. Please pray for those who suffer from an eating disorder and distorted body image. Please pray for members who seek to treat and counsel those affected, encouraging them to see themselves as precious and made in the image of God.

**REGION OF THE
MONTH (February)**
North West

WEDNESDAY 26 FEBRUARY

The Saline Solution course is offered internationally to equip Christian health professionals to be effective witnesses for Christ. Praise God for our links training trainers in places such as Rwanda and Singapore last year. Pray for more fruitful partnerships to be built as we see this training embedded in CMF movements across the world.

THURSDAY 27 FEBRUARY

Praise God for the 28 Saline trainers we have at CMF. Pray that we would see the vision realised of there being a trainer willing and ready to teach Saline to each Christian medical and nursing student at least once during their studies.

FRIDAY 28 FEBRUARY

Medics and nurses are constantly in contact with colleagues and patients who don't know Jesus. Please pray for our more than 5,000 members, for open ears and eyes to see opportunities to share the love of Jesus in deed and word. Why not pray for such opportunities for yourself today?

SATURDAY 29 FEBRUARY

Confident Christianity is one of CMF's flagship evangelism training courses. Please pray that this would be well used by CMF groups and others all over the world, as we package it up for a wider international audience. Pray that CMF members in the UK and beyond will be equipped to engage in worldview identification, persuasion and invitation with the gospel of our Lord Jesus Christ.



1-7 MARCH

DOCTORS

MEDICAL / NURSING SCHOOL OF THE WEEK

Limerick

SUNDAY 1 MARCH

Pray for the ministry of the **National Conference** this spring; that it may be a time of great encouragement for all involved and that the practical arrangements will go well. Pray too for preparation for autumn conferences.

MONDAY 2 MARCH

Pray for the Doctors Ministries Team to be given wisdom and vision and that they may be enabled to serve effectively together. Pray for strength and encouragement to serve so they can bless others and lift up Christ in all that is done.

TUESDAY 3 MARCH

Pray for the Health & Justice Track. Pray God would show CMF how we can serve him through medicine to bring about justice for the oppressed. Pray for the team as they consider how this should be developed and what resources to use.

REGION OF THE
MONTH (March)

Scotland

WEDNESDAY 4 MARCH

Pray for the Pastoral Care Programme being developed by the Doctors Ministries Team. Pray that there will be wisdom given to provide Christ-centred pastoral care and people with a heart to love and serve will come forward to support others. Pray too that the team can facilitate the process so doctors can 'grow in Christ'.

THURSDAY 5 MARCH

Pray that the Doctors Ministries Team would be given real discernment to understand how to encourage doctors at every stage of their careers and into retirement. Pray for the team to build faith and understanding about God's love in doctors' everyday lives.

FRIDAY 6 MARCH

Pray for wisdom as we explore alliances with other organisations to support and encourage doctors. May we be led to partnerships that will be fruitful and mutually strengthen the work of the gospel in doctors' lives.

SATURDAY 7 MARCH

Pray for doctors on call and offering care at anti-social times and who are separated from family and church because of their work. Pray they may know the grace and comfort of God and his help and blessing as they minister to patients. May their loved ones be kept safe while they are away.



MEDICAL / NURSING SCHOOL OF THE WEEK

Liverpool

8-14 MARCH

WOMEN'S HEALTH

SUNDAY 8 MARCH

International Women's Day, with the theme of *#EachforEqual*. In many parts of the world, women's access to healthcare is not equal to men's and their health needs are given secondary status. Pray for all those who work to give women and girls equal access to good healthcare.

MONDAY 9 MARCH

Heart disease is a bigger issue for women than many realise, and women tend to have a poorer survival rate from major heart disease because they and those around them often do not recognise the signs. Pray for a greater awareness of the coronary health needs of women in the wider population and in the health professions.

TUESDAY 10 MARCH

Autoimmune diseases disproportionately affect women, but the reasons are poorly understood. Pray that research and resources are put towards understanding the causes, so that new preventative measures and treatments can be developed to ensure fewer women are affected by these disabling and sometimes life-threatening conditions.

REGION OF THE
MONTH (March)

Scotland

WEDNESDAY 11 MARCH

Breast cancer is the most aggressive form of cancer to affect women worldwide, and especially in developed nations. Pray that raising awareness, screening and research into new treatments can save lives and ensure fewer women face advanced breast cancer each year.

THURSDAY 12 MARCH

Access to good **pre and antenatal care** saves the lives of hundreds of thousands of women each year. But in many nations, services are poor, and access limited despite recent advances. Pray that around the world, governments and health professionals would take seriously the need to provide access to the best possible care to support pregnant women, new mothers and their children.

FRIDAY 13 MARCH

Ovarian and cervical cancer are major killers of women throughout the world, especially in the West. Pray that there is greater awareness of these and other cancers that primarily or exclusively affect women, and that more priority is given to research, screening, awareness and treatment.

SATURDAY 14 MARCH

The **mental health** needs of women are often trivialised, neglected or misunderstood. Social and cultural attitudes, neglected physical health needs and the impact of major life changes such as childbirth and the menopause, mean that women can face very specific pressures on their mental health. Pray professions and authorities across the world would take these pressures seriously and extend the help and support women need.



15-21 MARCH

ADVOCACY

SUNDAY 15 MARCH

Jennie Pollock is the new Associate Head of Public Policy at CMF. Please pray for her as she settles into the role and develops her ministry.

MONDAY 16 MARCH

The *CMF Blog* is a key way in which ideas and issues at the interface of Christianity, healthcare and bioethics are explored in a public forum. Pray that God would raise up writers, thinkers and contributors to widen and deepen the scope of our blogs.

TUESDAY 17 MARCH

Lift up CMF members working in paediatric medicine and general practice who face the growing challenge of caring and prescribing for transgender children and adolescents. For wisdom, compassion, integrity and courage as they seek to do the best for these young people in an increasingly controversial area of medicine.

REGION OF THE
MONTH (March)
Scotland

MEDICAL / NURSING SCHOOL OF THE WEEK

Manchester (medics and nurses)

WEDNESDAY 18 MARCH

Pray for CMF members serving in the ethics committees and other subcommittees of the BMA, Royal Colleges and other professional bodies. May they be salt and light in these institutions.

THURSDAY 19 MARCH

Pray for those CMF members facing discrimination, disciplinaries and other hostility in the workplace, for speaking out or taking a stand on issues of faith and ethics. May they know encouragement and peace and give wise and gracious responses to those who accuse them.

FRIDAY 20 MARCH

Pray for all health professionals who find themselves having to whistle-blow on bad practice and leadership in their workplaces. Pray especially for those who must choose between keeping their job (and even their career) or standing up for the truth.

SATURDAY 21 MARCH

Pray that God would raise up Christians in our nation, to speak the truth of the gospel in all spheres of life, especially in the medical and nursing worlds.



22-28 MARCH

STUDENTS

MEDICAL / NURSING SCHOOL OF THE WEEK

Newcastle

SUNDAY 22 MARCH

Student Links are a network of student leaders from across the UK and Ireland who lead local groups. Please pray for them as they arrange talks, meetings and socials to unite and equip fellow students to live and speak for Jesus Christ.

MONDAY 23 MARCH

We are so grateful for the amazing network of Medical School Links, and other graduates who support, host and disciple students in their local universities. Please pray for this ongoing partnership in the gospel. May the Lord continue to sustain them as they serve CMF students.

TUESDAY 24 MARCH

World TB Day. 10 million people fall ill and there are 1.3 million deaths annually from this preventable and curable disease. Please pray for the health professionals involved in treating and preventing TB and for those in public health who are working to end the global TB epidemic.

REGION OF THE MONTH (March)

Scotland

WEDNESDAY 25 MARCH

The National Student Council is made up of regional representatives from across the UK and Ireland. Chaired by Silas Anderson, they meet next in May. Please pray for them as they serve the student membership and grow and develop their skills and gifts. May they keep Christ central in all things.

THURSDAY 26 MARCH

Please pray that God would raise up new, volunteer Associate Staff Workers to work alongside our Student Staff Team, especially in pioneering areas where there are newly formed medical schools without a CMF group at present.

FRIDAY 27 MARCH

Please pray for Christian medical, midwifery and nursing students from across the UK and Ireland who are in their final year. As they prepare for working life may they trust in *'the pioneer and perfecter of faith'* (Hebrews 12:2) to guide them along the right path for his name and glory's sake.

SATURDAY 28 MARCH

Please pray for the Student Team: Marolin Watson, Ashley Stewart, Laurence Crutchlow and Rachel Owusu-Ankomah. As they unite and equip CMF students to live and speak for Jesus Christ, may they keep him central in all that they do.



**MEDICAL / NURSING SCHOOL
OF THE WEEK**

Nottingham (medics and nurses)

29 MARCH-4 APRIL

LOCAL GROUPS & CATALYST TEAMS

SUNDAY 29 MARCH

CMF has numerous local groups up and down the country. Pray for group hosts and leaders that they would see those who attend encouraged and equipped. Pray for those who need 'spiritual resuscitation', for mentoring relationships to form and for a real movement of God's Spirit drawing us to pray for each other and our workplaces.

MONDAY 30 MARCH

Angela Wilkinson leads the Mersey CMF Catalyst Team. As they use a new locally filmed video, pray that medics and nurses would be encouraged to join CMF. Pray that churches would be inspired by the Catalyst Team and would use CMF resources to inform and equip their members to stand for Jesus.

TUESDAY 31 MARCH

Pray for the ten Catalyst Team leaders as they lead fledgling teams. Please pray that they would be dependent on the Lord to grow their teams up in every way in Christ and that discipleship would be at the heart of all they do, as they equip and lead team members in their regions.

**REGION OF THE
MONTH (March)**

Scotland

WEDNESDAY 1 APRIL

The **Catalyst Teams pre-conference** is held from 23-24 April. Please pray as we prepare for this key time of envisioning and training for over 60 team members. Pray we will be inspired with a vision for our local areas. Pray that team members who have similar roles across the country would share ideas and that God would change lives through their service.

THURSDAY 2 APRIL

Autism Awareness Day. Pray for the many Christians in healthcare who work directly with those with autism. Pray specifically for those in the Gender Identity and Development Service who are seeing high numbers of young people referred who have co-existent autism. Pray for wisdom in how to counsel and for protection for those choosing to go down a medical transitioning route.

FRIDAY 3 APRIL

The Morecambe Bay Catalyst Team were recently able to share about CMF and had many gospel conversations as part of a health festival. Pray for fruit from this event and for many other opportunities for Catalyst Teams. Pray for creativity, energy and a love for one another and people to characterise our CMF Catalyst Teams.

SATURDAY 4 APRIL

Through local groups and prayer gatherings, we have the opportunity to be a godly presence in our workplaces. Pray that through local expressions of CMF, members would first and foremost be people transformed by the gospel, who seek transformation of people in our workplaces for Christ.

Upcoming Events

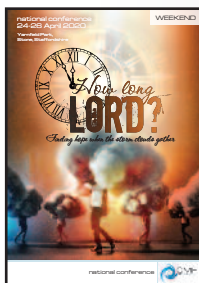
at CMF



National Student Conference

31 January - 2 February

A weekend conference for students of medicine, nursing and midwifery. Come together for fellowship, teaching and fun.



National Conference

24-26 April

CMF's flagship weekend conference for everyone in the medical and nursing worlds.



Developing Health Course

12-24 July

CMF's two week residential training course for those wanting to explore global health and mission.

News, events, resources and more can be found on the CMF website - www.cmf.org.uk

5 Ways to Access

the CMF Prayer Diary



@CMF_UK



facebook.com/groups/cmf.watchers



cmfstudents



praynow4.org/christianmedicalfellowship



prayer@cmf.org.uk

national conference
24-26 April 2020

WEEKEND

Yarnfield Park,
Stone, Staffordshire



How long
LORD?

Finding hope when the storm clouds gather



book online now at
cmf.org.uk/national-conference

