

CMF JUNIOR DOCTORS' CONFERENCE 2021 PROGRAMME
The Hayes Conference Centre
Swanwick, Derbyshire

*Join us for a fantastic residential weekend conference for all junior doctors
(FY1 to senior registrar,
and doctors taking time out of training)
for wonderful fellowship, excellent teaching and great food!*

*This is the first time that the CMF Junior Doctors' Conference is at The Hayes
– a beautiful Christian conference centre with sports hall, gym, relaxing lounge areas,
camp fire marshmallows, and much more*

Darkness and destiny – God's providence in a broken world

Isaiah looks on as the lights go out. Rejection of God. Social injustice. Imperial aggression. Defeat and despair. How do we understand God's sovereignty in such a broken world?

We grapple with the same problems in our broken world today and especially so given the darkness and hopelessness of the pandemic. Where is God? Is he still in control of the world and all that is happening? How is he working out his purposes? How do we make sense of it all?

Yet even as Isaiah's warnings go unheeded, promises of an extraordinary destiny keep coming – not just for his people, but for the whole world. Promises of restoration and forgiveness, of an international people of God and a new earth for them to inhabit. A vision of God's servant, somebody who somehow, at great cost, would bring it all about.

We live and work in a world which sometimes feels increasingly dark, and rarely has Isaiah's proclamation seemed more relevant. Come and be reminded of the providence of God, and of our destiny in his plans.

Speaker:

Dr. David Randall is a specialty registrar in renal medicine working in London and is most of the way through a COVID-disrupted PhD in basic lab science. He is chair of the CMF's Medical Study Group (which produces the CMF Files which go out with Triple Helix magazine) and has been actively involved in campaigning against the legalisation of assisted suicide and euthanasia over the years. He is married to Abigail (a GP) and they have three children.



Over the years they have been involved in local CMF activity with the Barts and the London students and east London doctors' groups.

David would love to see himself and other Christian doctors getting better at integrating Christian faith with all aspects of life and medical practice - at home, on the wards and out there in society

Highlights from previous attendees:

"Lovely and refreshing chance to re-focus on God and meet other Christian doctors."

"Fantastic weekend all round, I learnt so much and had a great time. I thought the conference had a very good pace and I came away feeling both encouraged and spiritually refreshed."

"It was so restful - I hadn't anticipated that and was so grateful for coming back feeling restored and rested."

"I had a wonderful time, meeting new people, thinking about how to live for Jesus at work, and worshiping Him. There were some things that were quite challenging, as I realized that being a Christian doctor will not always be easy, but it was immensely comforting to be reminded that there are lots of other doctors who are willing to go against the crowd."

"Enjoyed meeting people from across the country and in some cases the world."

FRIDAY 19 NOVEMBER

From 17:30 Registration

18:30-19:30 Dinner

20:30 **Lift your eyes'**

Isaiah 40: The sovereign God – we need not despair

SATURDAY 20 NOVEMBER

From 07:45 Breakfast

08:00 Prayer meeting

09:30 **'Listen, you islands'**

Isaiah 49: God's servant – blessing for the whole world

11:00 Coffee

11:30 **Seminar 1**

13:00 Lunch (followed by free time)

16:00 Coffee

16:30 **CMF Frontline, Prayer & Fellowship**

18:30 –19:30 Dinner

19:45 **Seminar 2**

21:00 Evening activities

SUNDAY 21 NOVEMBER

From 07:45 Breakfast

08:00 Prayer meeting

09:15 **Seminar 3**

10:30 Coffee

11:00 **'See, my servant'**

Isaiah 53: The cross – Jesus takes on death

Q&A; Communion

13:00 Lunch

14:00 Depart

COST

The cost for the whole weekend is for the conference, your own ensuite room, and all meals and refreshments from Friday evening till Sunday afternoon.

FYI/2

£160 early bird rate – up until 8th October

£170 standard rate

All others

£185 early bird rate – up until 8th October

£195 standard rate

Saturday day visitor (including lunch & dinner)

£80

Bookings close on 5th November

** There will be no requirement for face coverings or social distancing (subject to changes in government guidelines) **

We are living in uncertain times. Please be assured, that, if the event is cancelled because of a change of circumstances, we will ensure that all registrants get a full refund

PASTORAL CARE

The CMF Pastoral Care & Wellbeing Team will be available in person and online at the conference.

If you would like to pre-book a wellbeing & prayer session with a CMF pastoral partner, please indicate on the booking form and the team will be in touch.

SEMINARS

Please choose your **first three preferences** and one reserve choice when booking

1. **Don't waste your life – the whole of life for Christ as a doctor**

Is your life made up of compartments, with church and Christian work as the 'spiritual' part? God's Word tells us that spiritual worship is presenting our whole lives to him, giving thanks in all things. How can we as doctors use our time and unique calling to live the whole of our lives for Jesus, making the most of the gifts and situations that God has put us in? Join us to grasp more deeply the majestic scope of the gospel so that you can blossom in your work and the whole of life for Jesus

Silas Anderson is currently an FY2 in Oxford, having studied in Bristol. He dabbles in lots of things and claims he's not particularly good at any of them! He enjoys eating, laughing, running, and sleeping; and is grateful to God that he gets to do almost all these things on most days

Felicia Wong is a GP in London and Head of Doctors' Ministries at CMF. The biblical concept of 'whole life faith' has changed her worldview from black-and-white to colour; and brought joy and freedom in her life

2. **Culture wars - soldier, pacifist, other? How do we engage and respond as Christian doctors?**

Every other day it seems as though there is a Twitter spat or someone is getting cancelled over a big issue of our day. From gender and sexuality to critical race theory and much more; how do we keep up, let alone respond? Join us as we outline a biblical framework to help us engage – whatever the issue – and have a chance to discuss your questions and experiences

John Greenall is Associate CEO at CMF and a paediatrician in Bedfordshire

Rachel Owusu-Ankomah is Head of Student Ministries at CMF and a junior doctor in surgery

3. **The Doctor's Conscience**

Conscientious objection in medicine is increasingly coming under attack. This seminar will explore: What is conscience – what does the Bible say about moral integrity? Conscientious objection – historical perspectives, failures, and heroes. Real-life ethical dilemmas – current legal frameworks and what constitutes complicity? Future battlegrounds – defending healthcare professionals' freedom of conscience for the good of society

James Haslam is a Consultant in Anaesthesia & Intensive Care Medicine in Salisbury, where he lives with his wife and three children. His interest in medical ethics has led him to membership of CMF's Medical Study Group as well as authorship of a couple of CMF files and a briefing paper

Benjamin Chang is an A&E ST1 in central London and part of the CMF Speakers Track. He has a Masters in Bioethics and Medical Law, and speaks regularly at Christian Union events, churches and conferences on a range of topics

4. **Even though I walk through the valley of the shadow of death**

Being familiar with death and dying doesn't mean there is no personal impact on us. Yet we rarely talk about it and how it affects the care we give. This seminar will look at how we navigate the valley of the shadow of death in our professional lives but also when it touches us personally, in the reality and hope of the comfort that knowing Jesus brings

Alice Gray is a palliative medicine registrar based in the West Midlands. She is interested in palliative medicine in an international setting and has spent some time working and teaching in Uganda, Palestinian territories and Lebanon

Steve Sturman is Associate Head of Doctors Ministries at CMF and a neurologist in Birmingham specialising in neurorehabilitation

5. **Preventing burnout: what does Christ-like resilience look like?**

Burnout amongst junior doctors seems to be at an all-time high. Whilst the recent demands of COVID have greatly contributed, modern postgraduate training seems to cultivate an inherent vulnerability. The Christian calling to 'go the extra mile' can also be an additional driver. Resilience training usually comprises a brief theoretical module that sadly often further compounds a struggling trainee's misconceptions that they are 'failing'. In contrast, this seminar will explore what Christ-like whole-life resilience looks like. Whether you are burnt-out already, fast approaching burn-out, or think you are immune from burnout altogether, this empowering seminar is for you.

Paul Johnson is Professor of Paediatric Surgery at the University of Oxford; Clinical Lead for NHS Thames Valley and Wessex Surgery in Children ODN; and Academic Training Programme Director for OUCAGS. He is married to Hilary who is a Child Psychiatrist.

Evelyn "Evie" Thangaraj is a Core Trainee in Paediatric Surgery in Oxford. She is part of the Oxford Catalyst team, co-founded the CMF Surgical Trainees' group and has been involved in organising CMF's surgical and international conferences over her time as a medical student in London. She lives in Oxford and enjoys sewing, baking and rugby.

6. Choices, choices – the sovereignty of God in our lives

Believing in the sovereignty of God is all very well, but what happens when we have to make choices in life? The early years of medical careers are full of different options: where to live, who to date, what training programme to pursue. In this seminar we will try to put some of the theory from the main talks into practice and discuss how to make decisions in the light of God's big plan for the universe

David Randall is a specialty registrar in renal medicine working in London. He is married to Abigail (a GP) and they have three children. They worship at a local Baptist church in Tower Hamlets.

7. Global mission in a post-COVID world - does the world need us?

Does the world need 'white saviours' (or UK trained medics)? What's changed and what remains the same in global health and mission as a result of COVID? How can I make my best contribution to needs around the world? Come and bring your questions and explore ways forward together!

Fi McLachlan is head of CMF Global with a background of involvement in healthcare management and mission.

Vicki Ibbett headed to Bangladesh after eventually completing F2. She worked with Medair to improve the nutrition of Rohingya refugees, volunteered at a Christian Hospital and then completed a Master's in Public Health. God used COVID-19 to change her plans and bring her back Birmingham as a psychiatry core trainee.

8. Finding your voice: A beginner's guide to using your voice effectively as a Christian doctor

"...from the one who has been entrusted with much, much more will be asked" (Luke 12:48b). We have been given the publicly respected title of "Doctor", but as Christian doctors, how can we use our voices effectively for God's kingdom in our everyday lives, on our personal social media accounts, in the public square, within healthcare bodies, and in the wider media?

Melody Redman is a clinical genetics registrar in Yorkshire and has a background in clinical academic paediatrics. She is Director of Communications for The Healthcare Leadership Academy, has been involved in the BMA for 8 years, and has dabbled in bits of media work. She is married to Xander (a GP trainee) and between them they manage to care for a demanding tortoise called Squirtle.

Esther Followwill-Johnson lives in California. She was previously a writer and actor but now dedicates most of her time to raising her children and hosting a Christian podcast “It Matters”, which takes tough/controversial topics and considers what the Bible has to say about them! She loves researching, studying, and teaching the Bible, leading sung worship, and adventuring with her family. Most of all she loves getting to know Jesus and her heart burns for souls to be saved and to disciple people to grow in their faith.

9. Christian Relationships: friendships, marriage, and family

Work can be all encompassing as a junior doctor and our relationships and friendships can so easily fall by the wayside. How can we be intentional about building and maintaining healthy Christian relationships? How can we honour God in our friendships? What does the Bible have to say to guide us through singleness and marriage? Join us as we explore this together.

Phoebe Owen is a Registrar in Rehabilitation Medicine in the East Midlands and is also the Juniors Catalyst for the region. She is married to John, a building surveyor and they have 4-year old boy/girl twins, and a two year old son

Daniel Porter is an FY2 doctor in Luton and currently single. He graduated from UCL and currently co-leads a CMF book group with Professor John Wyatt.

10. Unity with other Christians – costly love in the face of disagreement

Most worthwhile projects that we might take on as Christian medics will involve commitment, negotiation and wisdom. Sometimes we will have profound disagreements about details or strategy with people who are ultimately seeking a similar goal to us. How should we approach these challenges? When is compromise right, and when is it wrong? What can we learn from Scripture, from church history and from contemporary theological and ethical challenges? Engaging in debate and conflict with integrity may be a loving act that helps us achieve a deeper unity than simply pretending we all agree for the sake of peace.

Alice Gerth is an anaesthetic registrar and on the board of trustees for CMF having previously chaired the junior doctors' committee. She has experience in representing minority views both in Christian and non-Christian environments and uses the written word to explore these ideas further. She believes in the importance of healthy discourse, diversity of ideas to reach a common goal and the importance of seeking to understand each other's narratives.

Mark Pickering is CMF Chief Executive and a prison GP. He has extensive experience of working with disparate groups to achieve common goals, particularly in bioethics and public policy, in forums such as the British Medical Association, with people of differing denominations, faiths and worldviews

11. Money matters for doctors – Investing money in uncertain times

As a junior doctor, how should you think about investment? There is so much advice out there and yet most of it sounds like jargon. How does being a Christian make a difference to your priorities? This seminar aims to help you understand money, what it means, how your faith affects your decisions and whether investing is something one should do. I will also help you understand how to invest for the long term. There will be opportunities to discuss your questions and concerns on the subject.

John Wong is a Chartered Accountant and a Chartered Financial Analyst. He is currently a Fund Manager and is married to a doctor. He has spent a considerable amount of time on money matters, in particular in the area of investment.