talking books - why read? John Greenall highlights the importance of our reading

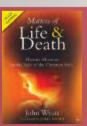


n the summer of AD 386, a young man lay weeping under a fig tree in a Milanese garden. Tormented by his failure to overcome his sinfulness, he cried out to God: 'Will you be angry forever?' Suddenly he heard a child's voice, chanting. 'Take and read; take and read.' 1

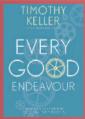
He'd brought to the garden Paul's letter to the Romans. He picked it up, opened it, and read the passage his eyes first fell on. 'Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy.



Available from CMF: cmf.org.uk/bookstore



Matters of Life & Death (fully revised) John Wyatt IVP/CMF. 2009



Every Good Endeavour Hodder & Stoughton, 2012



Dying Well IVP. 2018



Hard Questions about Health and Healing CMF. 2005



Foundations - a survival guide for iunior doctors CMF. 2018 Price: £15.00



John Greenall is CMF National Field Director and a paediatrician in Bedfordshire

Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.' (Romans 13:13-14)

Immediately he felt as though the darkness of his doubt had fled. This was the moment of his conversion; the beginning of a life for Christ that has perhaps had more impact than any other since. This young man was Augustine, perhaps the greatest of the early church fathers.

We're not Augustine. We're unlikely to have the influence he did. And I don't want to encourage randomly opening the Bible and reading whatever we see first. The point is to take and read God's Word. It's God's Word that will convict us and change us as we study and wrestle with it.

Ask God to make it clear to you by his Spirit.

where do I start?

There are so many books and articles out there to help us do this. But where do you start? What are the key books to read that will give you a foundation?

'15-minute book club' is coming to CMF soon. The aim is to read three books a term covering a breadth of topics relevant to medics, nurses and midwives, from ethics to apologetics, mission to mental health.

Why not consider joining or even starting a book

club? It's a way to help you carve out time to read, digest and understand the content as you discuss it with others. Reading 15 minutes a day means you will get through about twelve titles per year.

but I'm too busy!

However good the books and the bargains, many of you may still be reluctant to buy and read them. Perhaps you're too busy, or perhaps you've got too many books already?

The apostle Paul wasn't too busy to read. In fact, getting hold of his books and parchments was one of his priorities. Busyness is about priorities: do we want to understand God's Word more and better apply it to our lives? Spending ten minutes a day reading on the bus or listening to an audiobook can make a huge difference, time you might otherwise spend on Facebook or watching a Netflix box set!

So, take books and read them. Ask that God will use them to help you understand his Word and his will, to help you grow in your love of him and his people and to equip you better to live out your discipleship as a student.

REFERENCE

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 confessions of Saint Augustine.
 London: Hodder & Stoughton,
 1983. VII xii 29

This article was adapted from an article in Nucleus Spring 2014 by Giles Cattermol



The Human Journey Peter Saunders CMF, 2014 9780906747582 Price: \$6.99



A Better Story Glynn Harrison IVP, 2016 9781845501891 Price: £8 00



Cure for Life Bernard Palmer CMF, 2017 9780906747711 Price: £6.00



Serving in Babylon: Daniel's Story Peter Saunders CMF, 2017 9780906747742 Price: £2.00



The Electives Handbook Rachel Perry, Emma Pedlar & Vicky Lavy CMF, 2014 9780906747506 Price: £3.00



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