



liturgy  
toolbelt

liturgy for the  
**end of a  
shocker**

**Bex Lawton** shares prayers  
for us to use at the end of  
a tough shift

# LITURGY FOR THE end of a shocker

Today, as been one of the busiest shifts in my memory. It has been chaotic and unsafe. Yet, this I call to mind. This I put on my lips...

'I believe that you are  
**Sovereign**'  
I put my trust in you.

Today, I have prayed for healing but then watched my patient deteriorate. Yet, this I call to mind. This I put on my lips...

'I believe that you are  
**faithful**'  
I put my trust in you.

Today, stories of trauma were disclosed to me that have been disturbing and deeply distressing. Yet this I call to mind. This I put on my lips...

'I believe that you are  
**good**'  
I put my trust in you.

Today, I have heard your name slandered and misused. I've heard your people mocked. Yet this I call to mind. This I put on my lips...

'I believe that you are  
**holy**'  
I put my trust in you.

Today, I have been shouted and sworn at. Disappointed and grieving relatives throw hate at me. Yet this I call to mind. This I put on my lips...

'I believe that you are  
**love**'  
I put my trust in you.

Today, I have doubted my ability to nurse anymore. At times I have doubted who you say you are too. Yet this I call to mind. This I put on my lips...

'I believe that you are the  
**one true God**'  
I put my trust in you.