

national conference
3-5 May 2019

Yarnfield Park,
Stone, Staffordshire

WEEKEND



being a
christian

LIVING THE ABUNDANT LIFE

national conference



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LIVING THE ABUNDANT LIFE



Christians in the past often used the expression 'living below their privileges' to describe the gap between what they knew and what they actually experienced and enjoyed. This remains a challenge for us today. In the face of much that could discourage us, we need to focus on the abundant encouragements found in the gospel.

This year the Bible expositions will trace some of the central privileges of the Christian set out in Romans 5 and 8, namely the blessings of justification, the wonder of God's adoption, and the assurance of God's irrevocable love. When these truths illumine our minds, touch our affections and evoke our thankful responses, we are beginning to realise that to be a Christian is to have an abundant life indeed.

RENDELE SHORT LECTURE

Artificial intelligence and robotics technology is changing the nature of our world, our society and the way we interact as humans, no doubt leading to profound changes in the nature of healthcare over the coming decades. How will this alter our understanding of what it means to be human and our human role as carers? The challenge we face is to maintain openness to the opportunities of advanced AI and robotics whilst resisting the dehumanising and manipulative forces that may be unleashed.

MAIN SPEAKERS



Sinclair B Ferguson is Chancellor's Professor of Systematic Theology at Reformed Theological Seminary and a Ligonier Teaching Fellow. Formerly on the faculties of Westminster Seminary, Philadelphia, and

Redeemer Seminary, Dallas, he has also pastored three churches, on the island of Unst, in Glasgow, and in Columbia, South Carolina. Currently he serves as an elder in St Peter's Free Church of Scotland, Dundee. Sinclair and his wife Dorothy have four children and eleven grandchildren.



John Wyatt will give the Rendle Short Lecture. He is Emeritus Professor of Neonatal Paediatrics, Ethics and Perinatology at University College London and a Senior Researcher at the Faraday Institute, Cambridge.

He has a long-standing interest in ethical dilemmas raised by advances in biomedical technology and has engaged frequently in public and professional consultations and debates about medical ethics. His most recent book *Dying Well*, deals with the opportunities and challenges which dying brings.

The national conference brings together members at all stages of their career. There are separate seminar tracks for all healthcare professionals, nurses and student leaders (by invitation only).

PROGRAMME

FRIDAY 3 MAY

17:00 onwards	Registration
18:30	Dinner
20:00	Welcome The Joys of Justification Romans 5:1-11 <i>Sinclair Ferguson</i>
21:30	Free time - refreshments available

SATURDAY 4 MAY

07:00 onwards	Breakfast
08:00	Prayer meeting
09:30	The Blessings of Adoption Romans 8:12-30 <i>Sinclair Ferguson</i>
11:00	Coffee
11:30	SEMINAR SESSION 1
13:00	Lunch
14:00	Free time
15:30	Tea
16:00	RENDLE SHORT LECTURE: The Impact of Artificial Intelligence in Healthcare <i>John Wyatt</i>
17:15	SEMINAR SESSION 2
18:30	Dinner
19:45	CMF FRONTLINE An opportunity to share your stories
21:00	Free time / Q&A with main speakers

SUNDAY 5 MAY

07:00 onwards	Breakfast
08:00	Prayer meeting
09:30	SEMINAR SESSION 3
10:45	Coffee
11:15	The Assurance of Salvation Romans 8:31-39 <i>Sinclair Ferguson</i> Communion
13:00	Lunch
14:00	Depart

GENERAL INFORMATION

VENUE

The main conference centre forms the hub of Yarnfield Park with over 25 meeting and event spaces, a restaurant, Costa coffee, bar and atrium. There are leisure facilities including a gym, squash courts, sports hall and tennis courts.

TRAVEL

See www.yarnfieldpark.com for full details. Yarnfield Park is 15 minutes away from the M6 Junction 14/15 and has good rail links. The nearest airport is Birmingham.

YOUTH & CHILDREN

There will be a youth and children's programme for 3-18 year-olds. In addition, a crèche will be provided for under three-year-olds. Please indicate names and ages of your teenagers and children on the booking form and any special needs/additional information the team should be aware of.

BOOKSTALL

A bookstall is available and there will be plenty of relevant literature available for you to purchase. Cash and credit card accepted.

PASTORAL CARE TEAM

There will be opportunity for prayer and counselling throughout the weekend.

CANCELLATIONS

If you cancel your booking, your payment will be returned with the deduction of a £40 administration fee per adult. No refunds will be paid for cancellation after **Wednesday 17 April 2019**.

For more details or enquiries, contact:

Natalie Lee,
Events Coordinator
Tel: **020 7234 9670**
Email: events@cmf.org.uk

SEMINARS

You will need to choose your **first three preferences** and **one reserve choice** on the application form in this brochure or online cmf.org.uk/nationalconference

1	Effective prayer How can we pray through a busy day? And if prayer is communicating with the Creator, these should be the most meaningful moments. In this seminar, with interaction – and prayer – we'll study the methods of the Master.	SPEAKER Having been a GP in Sheffield, Mark Houghton's passion now is the interaction between faith and medicine.
2	Resilience - looking after yourself as a doctor and human being How do you give your best to your patients and at the same time appropriately balance your personal life and put God first in every area? What does it mean to not just survive, but live with good stewardship of all that God has entrusted you with? In this workshop we will explore what it means to live and work with resilience in an ever-changing and increasingly pressurised NHS.	SPEAKER Sunil Raheja has been a consultant psychiatrist in learning disabilities since 2001.
3	Cultivating a biblical world-view in our children Gender fluidity, sexual norms and human augmentation seem 'up for grabs' as society grapples with what it means to be human. As we bring up children as parents, grandparents, extended family, friends and teachers in church, how do we teach and model a biblical world-view of what it means to be human? We'll share challenges, encouragements and biblical principles.	SPEAKER John Greenall is CMF National Field Director and a paediatrician in Bedfordshire.
SEMINAR SLOTS 2 & 3 ONLY		
4	Being a change agent for the NHS – having a new mind and heart How can we deliver high quality care with limited resources, poor staff morale and rising patient expectations? How can we engage positively with our healthcare structures and institutions? In this seminar, we will explore how, with new minds and hearts, we can be agents of Christlike change in the NHS.	SPEAKER Richard Vincent is an Emeritus Professor at Brighton and Sussex Medical School and is active in the Christian charity, Partnerships in International Medical Education (PRIME).
SEMINAR SLOTS 1 & 2 ONLY		
5	Managing conflict at work Resolving conflict is a ubiquitous theme in the increasingly fraught and resource stripped NHS. This seminar is about exploring resources we have and developing tools and approaches that can be used in facing tricky situations at work.	SPEAKER Stefan Gleeson is a consultant psychiatrist and Director of Education of a community NHS Trust. His interest is in organisational and people development, and in integrating psychological-mindedness, discipleship and practice.

6	Traversing the medico-political terrain	SPEAKERS
	<p>What opportunities are available for influencing the direction, values and structure of the medical profession? What might it look like to be a Daniel or an Esther in these places? This seminar will explore some of the opportunities for Christian medics in the various organisations that represent, or make decisions on behalf of doctors and medical students.</p>	<p>Yorkshire born & bred, academic paediatrics trainee Melody Redman and Prison GPs Mark and Rachael Pickering have a wealth of experience of BMA and Royal College engagement.</p>
7	Witness outside the workplace	SPEAKERS
	<p>Why bother? Isn't it someone else's job? After all, I lack the right skills and am exhausted. Does witness away from work necessarily imply abroad? What about UK opportunities? And what's in it for me? Richard tells stories from 20 years of evangelism inside and outside practice walls, encouraging you to share your faith in the UK and abroad.</p>	<p>Richard Scott is a GP-evangelist in Margate - a survivor of many missions, bowel cancer and a few months working with CMF as Associate in Evangelism.</p>
8	Advocacy in uncertain times: navigating a way through current medical ethical challenges	SPEAKERS
	<p>We live in uncertain times and in an increasingly liberal culture where Christian ethics often contrasts with contemporary values. This seminar looks at how Christians in healthcare are well placed to stand up in the public square for medical issues.</p>	<p>Philippa Taylor is CMF Head of Public Policy.</p>
9	Catalyst training track	SPEAKER
SEMINAR SLOT 1 ONLY	<p>Want to be trained in your role in CMF? This session aims to equip Catalyst Team members as well as those who aren't but who want to grow in their CMF role/interest area and network with like-minded others. We'll split into areas including Team Leaders, Prayer, Global, Juniors and more.</p>	<p>John Greenall is CMF National Field Director and a paediatrician in Bedfordshire.</p>
10	Caring for the poor and those on the margins in healthcare today	SPEAKER
	<p>How does 21st century healthcare align with and facilitate our call to serve the marginalised and the poor? We will be exploring these questions, with reference to the 30 years' experience of one general practice. We welcome those interested and those with experiences to share.</p>	<p>Ross Bryson works as a GP and medical school tutor. He leads an organisation which facilitates spiritual care for patients and connects churches to healthcare.</p>

SEMINARS

11

Fruitfulness in retirement

The seminar will address the following questions:

- 1) How do we define 'fruitfulness' in our own lives? Is it different from 'success', 'usefulness' or 'contribution to the community'? Does the evaluation of fruitfulness change in retirement?
- 2) How do we achieve fruitfulness in our own lives? (John 15: 1-8)

SPEAKER

Sam Leinster was the Inaugural Dean of Norwich Medical School until 2011. As Emeritus Professor of Medical Education he still dabbles in online training programmes in Surgery.

12

Walking with God amidst the difficulties, dullness and distractions of life

SEMINAR
SLOTS
1 & 3
ONLY

While the psalmists sing of being satisfied every morning with God's steadfast love, why do we find it so difficult to walk with the Lord every day? Life can be busy, at times difficult or even dull, and we are easily distracted. In this session, we explore how we can keep him at the centre of our affections and thrive in our daily walk with God through the different seasons of life.

SPEAKER

Felicia Wong is CMF Head of Graduate Ministries and a GP in London.

13

Witness in the workplace

How do we talk about faith when we are the only Christian on our team? How do we live out our faith in ways which are both acceptable and helpful to patients and colleagues? How do we engage with colleagues who are tired and cynical? This is a seminar to encourage and equip people to consider what it means to be salt and light in the places we spend much of our time.

SPEAKER

Janet Lefroy is a part-time GP in Stoke-on-Trent and part-time Senior Lecturer in Medical Education at Keele University School of Medicine, where she is the CMF link for medical students

NURSES' TRACK

This will run concurrently with other seminars and all are welcome to attend.

14

Keeping compassion and avoiding burnout as a nurse or midwife

SEMINAR
SLOT
3
ONLY

Is the cost of caring too high? Nurses and midwives are often so busy caring for others that they tend to neglect their own emotional, physical, and spiritual health. Compassion fatigue is very real and can lead to burnout. How as Christian nurses and midwives can we sustain our compassionate care in the demanding climate of healthcare today?

SPEAKER

Pippa Peppiatt is CMF Head of Nursing; **Georgie Lawton** is CMF's new Associate Head of Nursing and a staff nurse in Stoke; **Esther Chevassut** is a CMF Associate Staff Worker and a staff nurse in Southampton.

STUDENT LEADERS' TRACK

This will run concurrently with other seminars, but is only available for student leaders.

PERSONAL INFORMATION

Student leaders need to register separately with the Student Department. Email: students@cmf.org.uk

Name(s) (including titles):

Address:

Postcode:

Tel / Mobile(s):

Email(s):

Year(s) of qualification:

Job title(s):

Workplace(s)/University:

SEMINAR CHOICES

PERSON 1

Three choices: Reserve:

PERSON 2

Three choices: Reserve:

MEALS (Day visitors please tick)

Saturday

Lunch

Dinner

Sunday

Lunch

DIETARY REQUIREMENTS

Any food requirements (including vegetarian):

VENUE / ACCOMMODATION

We require a family room for people in our family.

Children's names

Age

Any special needs/additional information the children's team should be aware of:

If you are not a member of CMF, tick here if you would like CMF to contact you about membership and future events

NB: your personal data will be stored on the CMF database, and will be used for CMF ministry and administrative purposes only.

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BOOKING FORM Online booking is available at: cmf.org.uk/nationalconference

Alternatively, please complete this form, detach it and send it with a cheque to the address below.

PAYMENT

	EARLY BIRD (BEFORE 13/3/19)	STANDARD (AFTER 13/3/19)	NUMBER OF PEOPLE	FEE PAYABLE
STANDARD	£190	£200		
F1s	£140	£150		
F2+ JUNIORS ⁺ / REDUCED RATE *	£160	£170		
NURSES	£140	£150		
STUDENTS	£90	£105		
DAY VISITOR (including meals)	£60 per day	£65 per day		
CHILD DAY VISITOR (including meals)	£25 per day	£30 per day		
AGE 12-18	£75	£80		
AGE 4-11	£55	£60		
AGE 0-3	FREE	FREE		
			TOTAL £	

⁺ Junior Doctors' rate for doctors in second, third and fourth years after qualification.

Included is a non-refundable administration fee of £40.

CARD
 To pay by card, please either book through our secure online booking system at: cmf.org.uk/nationalconference or call: 020 7234 9670
CHEQUE
 I enclose a cheque made payable to: **Christian Medical Fellowship**
*** Reasons for reduction:**

-
- Unsalariated
-
-
- Missionary
-
-
- Retired on substantially less than NHS pension

DONATIONS

We are very grateful for the generosity of those who are able to make additional donations over and above the conference fees. We rely on these to subsidise the conference fees for missionaries and families who may be unable to pay the full costs themselves. Donations also help us to be generous to our speakers. Even if you are unable to attend the conference, please consider making a donation.

Donation to CMF£
 I wish to Gift Aid my donation (we will collect Gift Aid on donations where CMF hold a Gift Aid Declaration). UK tax payers only.
The closing date for applications is: **Wednesday 17 April 2019.**

Please apply online, or detach this booking form and return with payments and/or donations to:

Natalie Lee, CMF, 6 Marshalsea Road, London SE1 1HL