

CMF Pastoral Care and Wellbeing

Welcome

The CMF Pastoral Care and Wellbeing (PCW) Service is here to offer Members prayerful listening to enable them to flourish and grow in their Christian lives. Our approach to Pastoral Care and Wellbeing is framed by our Christian faith in Jesus Christ as our Lord and Saviour as revealed in the Bible.

Purpose

The Wellbeing Team members aim to listen well, pray faithfully and, when needed, to signpost those who engage with us to enable personal growth. It may be that you are experiencing a time of transition and need to talk through the process you are going through and think about your options. Or maybe you have identified areas that you want to grow in and would like to talk with someone about how that could come about. It may be that you are going through a time of adversity and want to pray with someone outside the situation. Whatever the call we aim to help and encourage.



People

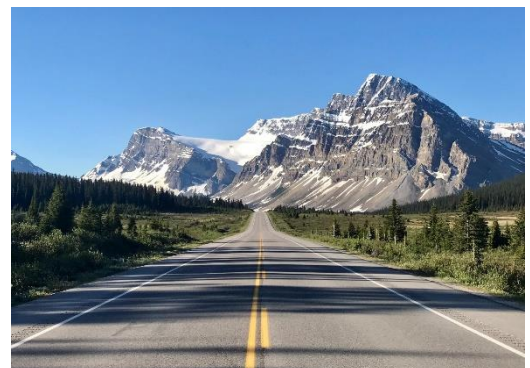


The Wellbeing Team is made up of Pastoral Partners who are volunteers who are personally committed to serving in a pastoral role. All our Partners have been through our recognition process. They have a clear testimony of their faith in Jesus and have been recommended by their church family. All the Team members are DBS checked and are aware of the need for a high level of confidentiality. The Team members receive supervision from the Pastoral Care Advisory Group who are pleased to receive feedback about your contacts with us. Our team members are gifted and experienced. We will try to put you in touch with the most appropriate person in the team

and welcome your input to help us do that.

Pathway

Get in touch with us through the CMF contact form on our website: www.cmf.org.uk/doctors/cmf-local-contacts/ . We aren't a crisis intervention service, but we will try to get back to you as soon as we can. Your contact with us may be a one off or we will journey with you as needed by mutual agreement. In some cases, we may signpost people to formal counselling, coaching or mentoring, as these are disciplines we don't provide, but we recognise they can be very valuable.



Further Information

You can see more detail about how we operate by consulting the Pastoral Care and Wellbeing pages on the CMF website. Our Pastoral Care Code of Practice and Safeguarding Policy including details about how to raise any concerns, should you feel this to be necessary, are available by request.

We look forward to hearing from you...