Elective Lite 'Code of Conduct'

This virtual elective is designed as a first exposure to cross-cultural medical mission work. The following 'code of conduct' has been designed to show respect to hosts and to allow participants to get the most out of the sessions. You would be expected to do the same if you were there in person.

Confidentiality
1. No screenshots / photos / video recordings of the sessions
2. Don't add/invite non-registered participants to the meeting or any associated closed social media groups.
3. Please do not share any case examples given in confidence outside of the group.

Cultural humility
4. Consider how you dress - We would recommend semi-smart i.e. no pyjamas or 'revealing' clothing. This is a vital aspect of any cross-cultural and healthcare activity. It will also put yourself in the right headspace to be productive.
5. Avoid eating food on camera as it can be seen as disrespectful. Plan to eat and prepare drinks during the refreshment break.
6. It is really important that you stay seated and stay present as much as possible. Walking away or being visibly distracted, can appear disrespectful and you might miss out on key information or an opportunity to give input.
7. Be aware of your surroundings. Please ensure good lighting and minimise any background noise. Clear away any potentially distracting background items.
8. Do not berate speakers or other participants during sessions. Please raise any concerns with the CMF session organiser.
9. Mute your microphone when you are not talking.

Being present
10. Please keep your camera on where possible, however we do appreciate that there might be certain instances when you might need to have your camera off.
11. Please remain engaged and respond to the host/session leader when appropriate.
12. Please remove any distractions prior to the sessions e.g. turn your phone off/silent mode, close any other browser windows / programs that are running.
13. Please avoid using the keyboard for activities unrelated to the session - the noise of typing can often disrupt the sound quality of the session and be quite distracting. We recommend using pen and paper to make notes where possible.