

# editorial: prayer

We don't need to look further than Jesus himself to realise that prayer is all about **relationship** with our Heavenly Dad. It's

us turning to him in our need, with all our hopes, for direction and strength. This is not a technique, a duty, or a religious exercise. Rather what God wants is for us to connect with him in whichever way works for us. You are uniquely made, and you will have a unique style and way to pray that suits you best. You might connect well with God through structured prayer times, reading psalms, or communally at prayer meetings. Or you might best connect quietly over a cup of tea, sitting in your favourite chair, or out strolling along the beach.

We've tried to include a broad range of prayer experiences in this edition of *Spotlight*. We look at the joys of answered prayer and the challenge of unanswered ones.



**Pippa Peppiatt, CMF Head of Nurses & Midwives**

Pippa trained as a nurse. She has planted a church for students with her husband, set up a charity for street kids in Uganda, and has been a Friends International Student Worker.

Different healthcareers have shared their precious experiences with us. Our desire is to explore together how to bring prayer into our daily care at work.

We hope that somewhere in this *Spotlight* you'll find an article that will inspire you, a way to pray that may motivate you, a written prayer or liturgy that you can use. We hope that your heart and spirit will be drawn to commune with Abba father.

Be blessed and be praying!

*Pippa Peppiatt*

Pippa 

## keep updated

Keep up to date with on our events like National Student Conference or NAMfest at [cmf.org.uk/nurses/events](http://cmf.org.uk/nurses/events).

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