

student conference
8-10 February 2019
Yarnfield Park, Stone, Staffordshire

WEEKEND



WORK
REST +
PRAY

LIFE
IN GOD'S
PERFECT
MOTION

cmf.org.uk/students/events



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WORK REST + LIFE IN GOD'S PERFECT MOTION PRAY

'Work hard, play hard' is a common saying amongst healthcare students that aims to bring success and happiness.

The NHS is consistently in the headlines and staff are at breaking point under the weight of increasing patient demands and thinly spread resources. All too often, our studies can leave us worn out, weary and wobbly in our faith. A far cry from any glamorous vision of university life we may have had.

As Christians studying medicine, midwifery and nursing, how is God involved in the work we have been called to? How do we express that we are God's handiwork and carry out the good works he has prepared in advance for us? Amid the stress and burnout from exams and clinical placements, how can we come to Jesus and experience true rest?

John Wyatt, CMF President and Emeritus Professor of Neonatology, University College London, will be exploring these themes in his Bible talks. Prof Wyatt spent over 30 years working as a paediatrician and at the cutting edge of neonatal research within the NHS. He is a senior researcher at the Faraday Institute for Science and Religion, as well as a sought-after speaker and writer on medical ethics and related topics. He has authored several books including *Matters of Life and Death*.

There will be the opportunity to choose from 19 seminars covering a breadth of topics related to Christian faith and healthcare. There will be time during the weekend for prayer and reflection as well as to meet others from your region. There will also be plenty of good food, worship, a quiz and a ceilidh.

COST Closing date Monday 28 January 2019

NON-MEMBER

£100 Early bird rate
Booking made **ON** or **BEFORE**
14 December 2018

£115 Standard rate
Booking made **ON** or **AFTER**
15 December 2018

CMF MEMBER (including £15 discount)*

£85 Early bird rate
Booking made **ON** or **BEFORE**
14 December 2018

£100 Standard rate
Booking made **ON** or **AFTER**
15 December 2018

PLEASE BOOK AS SOON AS POSSIBLE - the conference is usually sold out before the closing date

BOOK ONLINE AT: cmf.org.uk/students/events OR CALL: 020 7234 9660

For any enquiries, please contact CMF on: 020 7234 9669 or email: students@cmf.org.uk
Christian Medical Fellowship, 6 Marshalsea Road, London SE11HL www.cmf.org.uk

PROGRAMME

FRIDAY
8 FEBRUARY

18.00 Registration opens
19.30 Dinner
20.30 **WELCOME, PRAISE
AND INTRODUCTION**
22.00 **ICE BREAKER QUIZ**

SATURDAY
9 FEBRUARY

08.00 Prayer
08.30 Breakfast
09.30 **BIBLE ADDRESS 1:**
John Wyatt
10.45 Coffee
11.15 **SEMINAR 1**
12.45 Lunch
13.45 Free time
16.00 **BIBLE ADDRESS 2:**
John Wyatt
17.30 **PRAYER AND
REFLECTION**
18.45 Dinner
20.00 **SEMINAR 2**
21.30 **EVENING ACTIVITIES**

SUNDAY
10 FEBRUARY

08.00 Prayer
08.30 Breakfast
09.30 **SEMINAR 3**
11.00 Coffee
11.30 **SEMINAR 4**
13.00 Lunch
14.00 **BIBLE ADDRESS 3:**
John Wyatt
**WORSHIP AND
COMMUNION SERVICE**
16.00 Depart

* £15 discount is only available to CMF members who book online. Non members will be expected to pay full price if booking online. If you are not a member of CMF you can join at www.cmf.org.uk/join. If you are not yet a member of CMF but join when you book you can still take advantage of the member rate. In the event of cancellation the conference fee will be returned minus £10 booking fee. No refunds will be paid for cancellation less than one week before the conference except in exceptional circumstances.

SEMINARS

You will need to choose your **first four preferences** and **two reserve choices** on the application form online cmf.org.uk/students/events

1	Keeping compassion and avoiding burnout as a nurse or midwife	SPEAKERS
	<p>Is the cost of caring too high? Nurses and midwives are often so busy caring for others that they tend to neglect their own emotional, physical, and spiritual health. Compassion fatigue is very real and can lead to burnout. How as Christian nurses and midwives can we sustain our compassionate care in the demanding climate of healthcare today?</p>	<p>Pippa Peppiatt is CMF Head of Nursing Georgie Lawton is CMF's new Associate Head of Nursing and a staff nurse in Stoke Esther Chevassut is a Nurse Associate Staff Worker at CMF and staff nurse in Southampton.</p>
2	Beginning of life ethics – from basics to bedside	SPEAKERS
	<p>When does life begin? What should our approach be towards contraception, abortion, and non-invasive pre-natal testing? How does this influence our practice, career decisions and patient interactions? Melody Redman and Grace Watson use a biblical framework to explore these clinical questions further, so that we can begin to face some of these challenges as Christian medics.</p>	<p>Melody Redman is an academic clinical paediatrics trainee in Yorkshire with interests in advocacy and medical politics. Grace Watson is an FY1 at the Royal Liverpool, intending to pursue O&G as a career.</p>
3	A call to care: the untold Christian story of the origins of nursing and medicine	SPEAKER
	<p>While many religions and cultures have developed medical and caring services over the millennia, Christianity has had a uniquely strong influence in the development of modern medicine and nursing. It's a story that is no longer being told, but telling it is a great source of encouragement and challenge to how we practice today.</p>	<p>Steve Fouch is the Head of Communications at CMF. He trained as a nurse, and worked for many years in community nursing, palliative care and the support of people living with HIV and AIDS.</p>
4	Who is God?	SPEAKER
	<p>What can we understand about the incomprehensible? What can we fathom of the unfathomable? Our Creator underpins and defines our existence, his nature is the most fundamental question we can ask. So what does the Bible actually teach us about God's nature, character and attributes? He's a pretty big topic to cover but we'll be asking what God reveals of himself, how he communicates that to us, and what difference that makes to us as creatures of this Creator.</p>	<p>Matt Lillicrap is a former medical (COTE) registrar and CMF staff worker. He now works as Assistant Pastor at Eden Baptist Church in Cambridge.</p>
5	Psychiatry within a Christian world view	SPEAKER
	<p>Mental health problems are very common. Churches often turn to the doctors in their congregations for help in this area, yet Christian doctors and medical students often struggle with psychiatry. They wonder which treatments are appropriate for Christians to use and ask whether the cause of mental health difficulties are primarily spiritual rather than medical. We will look at the diverse health models for depression and consider how these models can be understood in a biblical world view.</p>	<p>Nick Land has been a psychiatrist for 30 years. Until last Easter he was medical director of one of England's largest mental health trusts (TEWV). He is taking a career break to study theology and to learn how to preach.</p>

6	<p>FYI: Surviving to thriving</p> <p>New situations can be daunting. Starting as a foundation trainee brings an element of novelty. We will identify common stressors that we must survive and hidden opportunities that call us to thrive when starting as a foundation trainee. By sharing past experiences, solutions and praying together, we hope to help participants not only survive these formative years but also thrive in the strength Christ gives us in the work of foundation training.</p>	<p>SPEAKERS</p> <p>Hannah Reynolds is a CT1 psychiatry trainee in Birmingham. She was a Deep:ER trainee as an F3. Chris Borges Da Silva is an FY2 in Nottingham. He was also a Deep:ER trainee before starting FY1.</p>
7	<p>Healthcare: a call to enable change in people and communities?</p> <p>How does the Bible portray personhood and health? How can 21st century healthcare align with this and facilitate our call to serve the marginalised and the poor? These questions will be explored, with reference to the 30 years' experience of one general practice to illustrate key principles.</p>	<p>SPEAKER</p> <p>Ross Bryson is a GP and medical school tutor. He has experience of healthcare in resource poor countries and healthcare commissioning in the UK. He leads an organisation which enables churches to connect with healthcare.</p>
8	<p>Answering difficult questions</p> <p>Why does God allow suffering? How can a good God send people to hell? Isn't the Bible full of errors? What about evolution? What about the slaughter of the Canaanites? Why is Christianity so homophobic? How can we decide between Jesus and Mohammed? This seminar will look at how to answer questions which non-Christians raise as objections to the Christian faith and which many Christians also struggle with. Bring your tough questions so that we can explore them together.</p>	<p>SPEAKER</p> <p>Peter Saunders trained as a general surgeon and then worked for CMF for 26 years in student ministry and as CEO. He has just been appointed as CEO of ICMDA.</p>
9	<p>Ethical conundrums and the cross</p> <p>What have ethics to do with Christian witness? How do we make decisions which honour God? In this seminar we will discuss a framework on how to make decisions on any ethical dilemma, and how to use those ethical questions to talk about Jesus.</p>	<p>SPEAKER</p> <p>Liz Popleton is a GP trainee in Preston, Lancashire. She is a former CMF intern and has an intercalated MA in Bioethics and Medical Law.</p>
10	<p>Facing failure</p> <p>Studying on a course that expects so much from us, failure is not an easy pill to swallow; whether it's fear of failing or failing outright. As Christians, how do we remain faithful and fruitful in the midst of failure? This will be a session exploring biblical truths, full of stories, honesty and ultimately hope.</p>	<p>SPEAKER</p> <p>Rachel Owusu-Ankomah is CMF Head of Student Ministries and a surgical doctor in London.</p>

<p>11</p>	<p>True for me, but true for you...? How do we talk about the Bible in a world of relativism?</p> <p>Our friends don't deny that the Bible is true – for us. But the claim that the Bible speaks truth to them as well, they find not just wrong – but offensive. How can we help those around us to see the Bible for what it is: the ultimate authority on understanding the big story of the universe and our place in it.</p>	<p>SPEAKER</p> <p>David Randall lives in east London with his family, where David is a registrar in renal medicine.</p>
<p>12</p>	<p>Love Hate Relationship: Porn</p> <p>Statistics suggest 2/3 males and 1/6 females at student conference may have viewed pornography in the last month. Guilt, shame and secrecy surround this. Many have a love/hate relationship with porn – trying to run away from it, but still loving it more than Jesus. We'll look at why we seem so wired to love porn and better understand its impact on us physically, psychologically and spiritually, whether freedom is possible, and how we can practically walk in healthy relationships.</p>	<p>SPEAKER</p> <p>John Greenall is CMF National Field Director and a paediatrician in Bedfordshire.</p>
<p>13</p>	<p>Hearing God's voice – guidance on medical careers</p> <p>What do you plan to do when you qualify? Five years later? 30 years? How do you know which career God wants you to pursue? With an overview of how the Bible speaks of God's will for us, we will focus on practical questions: Which FY1 post? Will it affect our career if we study further, or work overseas? We'll look at the UK career structure and share something of how God led us both to our current roles. Plenty of time for questions – please come with some prepared!</p>	<p>SPEAKERS</p> <p>Laurence Crutchlow is CMF Associate Head of Student Ministries and a GP in London.</p> <p>Christi Brasted is an ST2 O&G trainee in Manchester.</p>
<p>14</p>	<p>Is reality socially created?</p> <p>Contemporary sociologists argue that the way we see the world is socially created within cultures. 'Girls wear pink and boys wear blue,' for example, is not a universal law but something created within 20th century Western culture through discourse around what it means to be male and female. If reality is socially created, then it can be recreated. But is this true of all of reality? Can gender, religion, morality, and even our own humanness be shaped and reshaped as we choose?</p>	<p>SPEAKER</p> <p>Jim Paul is a former palliative care consultant and now Director of English L'Abri, a Christian community that provides space for people to explore their questions and doubts about the Christian faith.</p>
<p>15</p>	<p>Parents vs doctors: who should have the final say?</p> <p>Parents may make good or bad choices, but it is generally agreed that they are allowed to choose what happens to their children: their diet, their name, their schooling or their religion – and what medical treatment they receive. But what happens when doctors believe that parental decisions are not in the best interests of the child? How do the courts decide which course of action should be adopted? And how should we respond as Christians?</p>	<p>SPEAKER</p> <p>Jen McKelvin is Deputy Director of the Lawyers' Christian Fellowship, and a barrister specialising in criminal law.</p>

16	Addictions: closer to home than you think	SPEAKER
	<p>What comes to mind when you think of addiction? Junkies shooting up? But doctors prescribe more drugs linked to overdose deaths than dealers. Alcohol probably causes more harm than any other drug. Online highs may be the new crack for iGen. What does the Bible say? How do we discern a good gift, to be 'received with thanksgiving', from things that enslave? We will combine medical evidence and experience with time for personal reflection and prayer.</p>	<p>Alex Bunn is CMF Associate Head of Student Ministries and Lead GP at HMP Wandsworth.</p>
17	Serving God globally without ever stepping onto a plane	SPEAKER
	<p>Is mission just about taking the gospel to remote areas of the world? No matter what your country of birth or your destination country and mission, you can serve God right now in your lecture theatres or on clinical placements and make an international impact. Come to this seminar and be encouraged as a global citizen.</p>	<p>Fi McLachlan is Head of CMF Global and has worked in social care and healthcare management. She has a background in cross-cultural ministry in Asia and in Peckham!</p>
18	Nylon doctors - so we're meant to be resilient as well now?	SPEAKER
	<p>Resilience is a fairly new concept but is becoming very influential in high-stress professions such as medicine – we are all meant to become more resilient. But what is resilience? Where does the concept come from? How do we get more of it? Do we want it anyway? And where does it fit in a biblical world view? Can we, as Christians, receive this concept, reject it or redeem it? Lots of questions – to which this seminar will begin to give some answers.</p>	<p>Richard Day is a consultant in General Adult Psychiatry in rural Perthshire and also the Director of Studies for 4th & 5th year students in the medical school at Dundee.</p>
19	Sex, gender and God – Are Christians on the wrong side of history?	SPEAKER
	<p>'It's ok as long as it doesn't harm anyone.' 'There's no real difference between men and women anyway.' Sexual ethics in the Bible seems a world away from our current culture. Come for an interactive exploration of the roots of the sexual revolution. We'll then examine how we can respond to our friends in a way that is full of truth and grace and point to a way of living that brings real freedom and satisfaction.</p>	<p>Jason Roach is a former doctor and medical journalist. He is senior minister at The Bridge Community Church in Battersea, London.</p>

VENUE

The full address is:
Yarnfield Park Training & Conference Centre
Yarnfield Lane
Stone
Staffordshire
ST15 0NL
01785 762605

The main conference centre forms the hub of Yarnfield Park with over 25 meeting and event spaces, high-speed internet access, a restaurant, Costa coffee and atrium.

TRAVEL

www.yarnfieldpark.com for full travel details. It is 15 minutes away from the M6 Junction 14/15, with good rail links. The nearest airport is Birmingham. We will send travel details nearer the time. If a group is attending from your medical school, try to arrange joint transport. If reasonable transport costs are more than £40, CMF will provide a subsidy for costs above £40 on request and production of receipts, to a maximum payment of £35.

We are also providing a coach which will depart from CMF's Johnson House in central London to Yarnfield Park on Friday 8 February at 13.00, returning to Johnson House on 10 February. Tickets are £15 for a single journey and £30 for return. Places are limited and available on a first come, first served basis.

BOOKSTORE

There will be plenty of relevant literature available at reduced prices with some not-to-be-repeated special offers. Please come prepared to buy!